



# *Colchester Youth & Social Services*

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## **Youth Services Advisory Board/Youth FIRST COALITION**

**Wednesday, January 6, 2021 – 5:00 pm Virtual Zoom meeting**

**Meeting ID:** 942 9911 5087

<https://zoom.us/j/94299115087?pwd=OEK5Wk1ZQzIYcEQ1WlFwV1RqeWRwZz09>

### **MINUTES**

Members Present: Jacquelyn M. Rose, Carol Wikarska, Annmarie Maffuid, Pam Scheibelein

Members Absent: Russel Melmed, Lorraine Marvin

Others Present: Valerie Geato, Amy Domeika, Kylie Fontaine, Oliver Gregan, Denise Mizla, Rob Tarlov, Sue Hickey, Christine Miskell, Chris Bennett

1. Call Meeting: meeting called to order at 5:08pm.
2. Approval of December Minutes: Jacquelyn motioned to approve the December minutes; Carol seconded; all in favor; motion passed.
3. Public Comments: no public comments
4. Old Business
  - A. Program Updates
    - a. Continuing Learning Lounge for foreseeable future. Numbers decreased because most students back in school four days per week.
    - b. Continuing Youth Center Elite on Thursdays.
    - c. Started Resolution Solution Program – partnership between two youth with similar goals to promote accountability. Youth will meet regularly to discuss progress on goals.
    - d. Exploring bringing back table top jars. Historically distributed to restaurants and families at various events. Possible to transition to electronic format, i.e. text a question of the day, QR code that populates a

new question each day, email families a new question each day, share on social media outlets?

- e. Planning two community conversations about parenting. The first is designed for parents with elementary and intermediate school aged children; will be facilitated by Florence Stern, a certified parent educator. The second is designed for parents of children with depression and anxiety. This four session series will be facilitated by Erica Cuni, the Burnout Professor.
- f. Youth Uprise is starting a new project (TBD). Drafting poster for mental health awareness project.
- g. Meeting with GSA virtually tomorrow in collaboration with library.

B. Board Elections – did not discuss.

C. Resolution Run 2021 Recap – 17 people registered to participate. 14 people submitted time. Half of participants won medal. About half of participants were in Colchester; farthest participant was in California. Raised about \$200 to put towards scholarship.

D. Other

#### 5. New Business

A. Other – no new business.

#### 6. Local Prevention Council Initiatives

A. DFC Grant update: funded; full-time coordinator to be hired; discussed different channels to promote the position; will submit the job to the Board of Selectmen for approval; Chris, Christine, and Pam volunteered to be on hiring committee; will contract to SERAC to administer youth behavior survey; will do a press release to announce funding.

B. Vaping Campaign- Update on campaign materials: still need to follow-up with graphic designer; vaping initiate is local prevention council grant funds.

C. Other

7. Next agenda: review DFC grant update (press release, project coordinator, training); elections.

8. Adjourn: Jacquelyn motioned to adjourn the meeting at 6:01pm; Carol seconded; all in favor; motion approved.