

## Colchester Youth & Social Services

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# Youth First Coalition School Initiatives Sub Committee Meeting Minutes

Feb 14, 2022 | 10:30 – 11:30 AM | Zoom Meeting

MEMBERS PRESENT: Chris Bennett, Melissa Cyr, Charity Benedict

MEMBERS ABSENT:

OTHERS PRESENT: Jenika Jenkins

## 1. CALL TO ORDER

Charity Benedict called this meeting to order at 10:35 AM.

## 2. ADDITIONS/DELETIONS TO AGENDA

None.

## 3. CITIZENS' COMMENTS

None.

## 4. REVIEW AND APPROVAL OF PREVIOUS MINUTES

Approval of February 1, 2022 Minutes – not addressed.

## 5. SERAC YOUTH SURVEY ADMINISTRATION PLANNING

- Jennika stated a one-week passive consent period is sufficient. Jennika will provide a template parent letter to Charity. Charity will provide the customized parent letter to Chris and Melissa. Both schools will hold a copy of the survey in the office during the one-week period.
- Chris stated that WJJMS will use a one-day data collection period on March 18<sup>th</sup>. Melissa stated that Bacon will need two Advisory dates for survey administration. Freshman, Juniors and Seniors will take the survey on March 18<sup>th</sup> and Sophomores on April 1<sup>st</sup>. Jennika will let us know if we are low on response rates for any of the high school grades after the March 18 date.
- Charity will provide a description of the survey for teachers to Chris and Melissa one week prior to survey administration. Charity will email the survey link to Chris and Melissa.

## 6. FEEDBACK FROM MENTAL HEALTH WEEK

- WJJMS - Need better lunch strategy for the prize wheel, maybe it's offered during a workshop instead. It was crowded and hectic and interfered with lunch somewhat because so many students wanted to participate.
- Bacon- we should have more student volunteers from other clubs get involved earlier. We can try to build up the learning more so it aligns with what the health class is teaching about mental health during that timeframe next year.

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### **7. WJJMS STAFF MEETING MINDFULNESS PRESENTATION**

- Next staff meeting is 2:15 on the march 9<sup>th</sup> In Innovations Room. So far, 4 teachers requested mindfulness kits. Three of these teachers each have a total of 80 kids in their classes. (there is likely to be some overlap in students among the total numbers teachers report). The School Social Worker requested materials for 30 students. Presentation in staff meeting would be 30 minutes max.

### **8. BACON SOPHOMORE WELLNESS DAY**

- April 1<sup>st</sup>, sophomore wellness day – work with Lynette dimak on this initiative.

### **9. NEXT STEPS**

1. Jennika will email the passive consent form.
2. Charity will provide survey link, copy of survey, teacher info and parent consent letter to Chris and Melissa.
3. Holly and Charity will develop a plan for what is presented to teachers on 3/9/22 and what materials will be provided for students.

### **9. CITIZEN'S COMMENTS**

None.

### **10. ADJOURNMENT**

Meeting adjourned at 11:00 am.

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