

Commission on Aging
July 8, 2019 – Regular Meeting
Senior Center
95 Norwich Avenue

MEMBERS PRESENT: Chair Marjorie Mlodzinski, Treasurer Roberta Avery, Linda Grzeika, Linda Pasternak, Goldie Liverant. Jean Stawicki at 8:37 am.

MEMBERS ABSENT: Vice Chair Nan Wasniewski.

OTHERS PRESENT: Board of Selectmen Liaison Rosemary Coyle, Board of Education Liaison Mary Tomasi.

1. CALL TO ORDER

Chair Mlodzinski called this Regular Meeting to order at 8:30 am.

2. ADDITIONS TO THE AGENDA

No additions were requested.

3. REVIEW OF JUNE 10, 2019 MINUTES

Motion by: L. Grzeika

to approve the minutes of the June 10, 2019, meeting, with a correction that Jean Stawicki was elected Corresponding Secretary.

Second by: R. Avery.

Vote: Unanimous to approve with correction by those present.

4. FINANCIAL REPORT

R. Avery reported as of May 9, 2019, there was \$466.26 in the Commission on Aging budget and as of July 1, 2019 there is \$300 in the Town Printing and Publications line item.

Director Watts gave the following report:

Transportation Itemization for May 2019

Daily Transportation	6/28/2019	\$160,00
Trips	6/28/2019	159.00
Combined Total		\$319.00
Year to Date Total		\$2896.01

5. DIRECTOR OF SENIOR SERVICES REPORT

Director Watts reported that interviews for the Program Coordinator position have been completed. References are being checked and the position is expected to be filled by mid-late July.

J. Stawicki arrived during the report.

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POLICE SERVICES
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The deadline for the window replacement project has been moved forward to August/September per Public Works.

This month's *From the Director's Desk* article highlighted the Commission on Aging, the mission, the newly appointed cabinet and some projects that have been taken on in recent history. It also stated that there are some vacancies.

Building Committee member interviews are scheduled for July 10th at a Special Meeting. There are numerous people who have applied for what will be a seven to nine-member committee. Director Watts will be serving in an advisory position.

Mary Bylone is going to begin a new series of programs, featuring her dog, Stitch, who is a *Certified Therapy Pet*. On July 12th she will be leading a program called "Man's Best Friend: The Difference Pets Can Make in Our Lives." She will also begin a once per month Pet Therapy program, where those who love dogs can enjoy some time with Stitch.

Beginning July 24th, a Chronic Pain Self-Management Workshop series, led by Chatham Health District staff, Nancy and Vickie, will be held.

If you not already, please sign up in the office for the Regional CoA Roundtable Meeting. Diane Stone will be the guest speaker.

Senior Farmer's Market Vouchers will be distributed through Senior Resources on Tuesday, July 30 at 9:30 am.

Director Watts led a program at the monthly *In the Know* to provide feedback from the Activity Interest Survey that was well-attended. Once a new Program Coordinator is hired and trained, some of the wonderful suggestions will be implemented into the program calendar.

Missy Bauman and Director Watts attended a grant hearing at Senior Resources to secure funding for the Making Memories Program. Notice should be given by late July if awarded the grant. The meeting went very well and the panelists were very complimentary about the program.

Jane Moreno, Nutrition Site Server for over 20 years has announced her intention to retire, effective August 5th. On Friday, August 2nd, the Senior Center will have a cake and punch reception for her. We would like to thank her for her hard work and dedication throughout her many years of service. TCCA will be responsible for filling the position.

Attendance and Meals Served:

- Meals served in May: on site: 145 MOW: 323
- Monthly Transports in May: 748
- Monthly Attendance in May: 2176
- Total Membership: 1297

6. OLD BUSINESS

6.1 July 18, 2019 Commission on Aging Roundtable

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Reservations are coming in for the Roundtable to be held from 1:00 pm until 3:30 pm. CoA members will provide snacks. Speaker will be Donna Stone, Director of Senior and Disabled Services Center in Newington, CT.

7. NEW BUSINESS

7.1 Chair's Comments

Chair Mlodzinski presented Jean Stawicki with a gift in recognition of her three years as Chair. M. Mlodzinski also presented a gift to L. Grzeika for her time on the Commission. This is L. Grzeika's last meeting as she is moving out of state.

Chair Mlodzinski presented each of the members with a copy of the Mission Statement for the Commission members to review and think about how to move forward advocating for seniors. Discussion next month.

8. CoA PROJECT

8.1 Brochure

R. Avery presented a final draft of the brochure. Some minor changes were suggested and will be brought back to the next meeting and then it will be sent to the printer.

8.2 Senior Resource Guide

The revision of the resource guide will be held off until sometime in the Fall.

8.3. New Senior Center

Interviews with potential building committee candidates are beginning this week. R. Coyle reviewed the process stating it will take time to hire an architect, obtain cost estimates, have a referendum, go out to bid.

9. COMMISSION MEMBERSHIP

With L. Grzeika leaving, the commission now has one regular membership vacancy and two alternate positions vacant.

10. CITIZENS' COMMENTS

None received.

11. ADJOURNMENT

Motion by: J. Stawicki
to adjourn.

Second by: R. Avery.

Vote: Unanimous to adjourn.

Chair Mlodzinski adjourned this meeting at 9:04 am.

Respectfully submitted,

Mary Jane Slade
Clerk