

# Strong Families, Healthy Children

*An update on Colchester's  
Early Childhood Initiative*



A community partnership working to improve the lives of  
Colchester's youngest citizens and their families.



## Who Do We Serve?

Families with Children Birth to age 8  
(including pregnant women)

- Birth Rate of 127 projected for 2018  
(NESDEC 11/29/2016)
- Children 0-5 years ~ 640
- Children in grades K-3 (~600)
- **Total population  
~ 1,240 children**



## Outcomes We Seek:

- Pregnant women and young children are healthy.
- Our community, families, and schools will work together to ensure student success.
- All relationships within our community will be physically, intellectually, and emotionally safe for children and adults.



## Why Do the Work?

Children are more likely to  
thrive when their families  
have the support they need.





## How Do We Do It?

Strengthening Families framework:

- to increase family strengths,
- enhance child development, and
- reduce the likelihood of child abuse and neglect.
- Work to engage families, programs, and communities in building the five protective factors.



## Five Protective Factors

- Parental resilience
- Social connections
- Knowledge of parenting and child development
- Concrete support in times of need
- Social and emotional competence of children



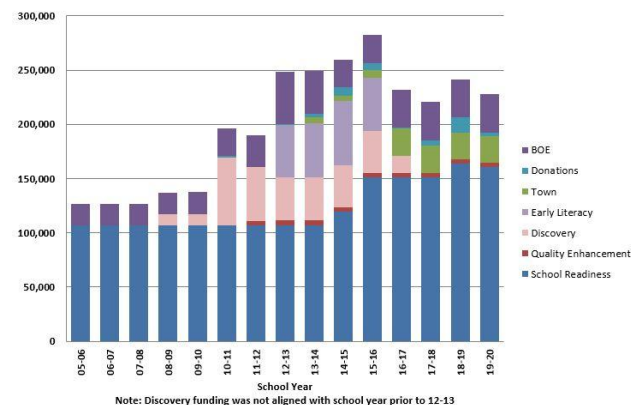
## What We Are Doing

- **Two Main Areas of Work:**
  - **Collaboration**
  - **Programming**



## Financial Picture

Includes Projected Funding for 2019-2020





## What Do Families Say?

Great seminar last night! Really learned a lot...

Thank You for all your help last year. We were new to Colchester and you helped me so much, you have no idea.

I love C3! ☐

C3 is awesome ! Thank you :)

C3 is an amazing program, I have learned so much by the programs you provide. Thank you!!!

We need opportunities to receive support as parents.

**MORE PROGRAMMING!**



## Questions or comments?

For more information, please contact  
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