Long-Term Recovery Committee October 28, 2020 – Regular Meeting Zoom Meeting

MEMBERS PRESENT: Chair Matt Bordeaux, Greg Barden, Charlie Brown, Marjorie Mlodzinski, Jack Faski.

MEMBERS ABSENT: Chuck Maynard, Michelle Noehren, Dave Koji.

OTHERS PRESENT: Board of Selectmen Liaison Rosemary Coyle, Linda Pasternak, Cathy Russi.

1. CALL TO ORDER

Chair Matt Bordeaux called this Regular Meeting to order at 5:00 pm.

2. ADDITIONS/DELETIONS TO AGENDA

None requested

3. CITIZEN'S COMMENTS

No comments were received.

4. APPROVAL OF MINUTES

Minutes of the October 21, 2020, were presented for review.

Motion by: J. Faski

to approve the minutes of Octobers 21, 2020, as read.

Second by: G. Barden.

Vote:

Abstaining: M. Mlodzinski (absent from meeting).

In favor: All others present.

5. PRIORITIZATION OF RECOMMENDATIONS

Chair Bordeaux had asked members to recommend their highest priorities for implementation.

M. Mlodzinski noted mental health and the social isolation that older adults mentioned in the survey were high priorities. M. Mlodzinski will contact the Connecticut Department of Aging and the Colchester Senior Center Director regarding possible programs for seniors regarding technology use.

Chair Bordeaux noted that M. Noehren has reached out through Colchester is Kind to possibly have an article or an advertisement in the newspaper to provide mental health information.

- J. Faski mentioned the usual holiday events that draw large crowds would possibly be cancelled. Discussion followed about the prospect of having virtual events to replace live holiday events allowing people to "participate" while keeping a sense of normalcy and tradition.
- G. Barden noted the restaurants are also top priority. Several ideas have been suggested to help.
- D. Koji prepared a worksheet to be used for the implementation. M. Bordeaux will send the



worksheet out to members.

6. DISCUSSION OF AMENDMENT TO COMMITTEE CHARGE

Chair Bordeaux prepared a statement to add to the charge to be presented to the Board of Selectmen at the next Board meeting referencing the implementation. The Board, hopefully, will approve the report submitted from this committee and then it will be available on the Town website.

7. CITIZEN'S COMMENTS

L. Pasternak offered to send a link to Chair Bordeaux for a guide of available services for all Connecticut residents.

8. ADJOURN

Motion by: G. Barden to adjourn this meeting. Second by: M. Mlodzinski.

Vote:

Unanimous to approve.

Chair Bordeaux adjourned this meeting at 5:39 pm.

Respectfully submitted,

Mary Jane Slade Clerk