

Commission on Aging
November 13, 2023 - Regular Meeting
Town Hall - Room - 127 Norwich Avenue

MEMBERS PRESENT: Vice Chair Nola Weston, Roberta Avery, Terry Brown, Alternates William Otfinoski, Bonnie Trecarten.

OTHERS PRESENT: Chair Marge Mlodzinski. Treasurer Linda Pasternak, Corresponding Secretary Gerrie Transue.

1. CALL TO ORDER

Vice Chair Nola Weston called this Regular Meeting to order at 9:02 am.

2. PLEDGE OF ALLEGIANCE

Chair Weston led the commission members in the Pledge of Allegiance.

A moment of silence was held for Eleanor Phillips, past member of this commission and member of the Senior Center, who passed away Sunday, November 12, 2023.

3. ADDITONS TO THE AGENDA

No additions were requested.

4. CITIZENS' COMMENTS

No comments were received.

5. APPROVAL OF OCTOBER 10, 2023, MINUTES

Minutes of the October 10, 2023, minutes were submitted for approval.

It was noted that an attendee's last name was missing, to be corrected to read Dennis *Palmer* in the attendance memo, *R. Tousignant was present, T. Brown was absent.*

Motion by: R. Avery

to approve the minutes as amended.

Second by: B. Trecaten.

Vote: Unanimous to approve as amended.

6. CHAIR REPORT

Vice Chair Weston noted that a meeting will be held at Town Hall, 6:30 pm, November 14, 2023, to vote on sending the proposed Senior Center project to a referendum on November 28, 2023.

7. FINANCIAL REPORT

7.1 CoA

L. Pasternak sent a note to say no changes have taken place and the budget remains at \$448.26 in Donations, \$300 in Publications, and \$200 in Health Fair.

7.2 Senior Center - Report attached.

8. DIRECTOR OF SENIOR SERVICES REPORT - Report attached.

9. LIAISON REPORTS

9.1 Board of Education - no report

RECEIVED
COLCHESTER, CT
2023 NOV 14 AM 11:13
Gayle Furman
TOWN CLERK

- 9.2 Board of Finance - no report
- 9.3 Board of Selectmen - no report

10. OLD BUSINESS

10.1 Senior Center Building Committee

The referendum vote is November 28, 2023.

10.2 Norton Park

L. Pasternak sent a report in noting that Town Planner Demian Sorrentino and State Representative Mark DeCaprio attended this month's meeting, M. DeCaprio to talk about the state bond of \$500,000 that was awarded for the creation of the park, D. Sorrentino talked about a DEEP grant for \$250,000 he has applied for along with J. Giggliotti's Brownfield Grant #18 for 1.6 million. The two grants will be decided on in December.

10.3 AARP

R. Avery said December 5, 2023, is the last meeting of the year. A buffet will be held at Papa Z's at \$5.00 per person. Dues of \$5.00 are due at this time.

10.4 Programs for 2023/24

10.4a Volunteers & Seniors - UR Community Cares

B. Otfinoski said he would like to invite speakers to explain the program.
Date to be determined.

10.4b Senior Center Holiday Fair — 11/18 - 9:00 a.m. to 2:00 p.m.

Volunteers Needed - all volunteer positions are filled at this time. A soup lunch will be served, baked goods are needed. The Garden Club will have items for sale.

10.4c Thanksgiving Dinner - CSC Staff and CoA - 11/20/23

The Commission members will prepare a Thanksgiving Dinner for the Senior Center Staff and CoA members.

11. NEW BUSINESS

11.1 Approval of 2024 Meeting Schedule

The 2023 Meeting Schedule was presented for approval.

Motion by: T. Brown
to approve as submitted.

Second by: R. Tousignant.

Vote: Unanimous to approve.

12. CITIZENS' COMMENTS

No comments were received.

13. ADJOURNMENT

Motion by: T. Brown
to adjourn this meeting.

Second by: R. Avery.

Commission on Aging
November 13, 2023 - Regular Meeting

Vote: Unanimous to adjourn.
Vice Chair Weston adjourned the meeting at 9:55 am.

Respectfully submitted,

Mary Jane Slade
Clerk

**Director of Senior Services Report
CoA Meeting November 13, 2023**

Medical Driver position had been filled, however, the employee unfortunately resigned after one training shift with us. We have reposted the position and hope to have it filled as quickly as possible.

We had a successful Community Conversation regarding Opioid Awareness, which Chatham Health District said was the best attended of all the sessions they offered.

There will be a Tribute to Veterans today at 10 a.m.

National Healthcare is sponsoring a Lunch & Learn this month-Beat the Winter Blues, which is sold out, in November 14th.

Town Meeting is set for November 14th at 6:30 p.m. at Town Hall, if passed the Referendum will be held on November 28th. Town meeting is In-Person only due to the vote of those present at the end of the meeting.

The Senior Center Building Committee Meetings have shifted to Wednesday November 15th & 29th because of the Town Meeting/Town Referendum Schedule.

Our Thanksgiving Luncheon sold out in less than 3 days. It'll be nice in the new building to have the available space to accommodate everyone who wants to attend. It will be held on November 15th.

Our 2 Open Enrollment Events for Medicare are filling up, November 17th and December 1st. Free insurance screening provided by Senior Resources.

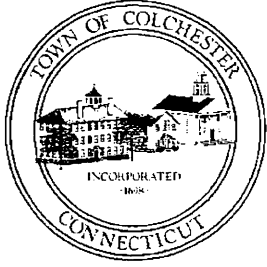
Holiday Fair & Open House will be held on Saturday, November 18th from 9:00 a.m. to 2:00 p.m. We are looking forward to the successful return of our biggest fundraiser of the year. We will have limited programs on November 17th, so we can set up for the Fair.

CSC will be closed on November 23/24 for the Thanksgiving Holiday.

CSC Seasonal Crafters have once again made a tree for the Wadsworth Festival of Trees and Traditions.

Attendance & Meals Served:

- Meals delivered in September: Community Café: 354 MOW: 628
- Monthly transports in September: 743
- Monthly attendance in September: 2739
- Total Membership: 1757



Town of Colchester, Connecticut

95 Norwich Avenue, Colchester, Connecticut 06415

Patricia A. Watts, Director of Senior Services/Municipal Agent

Transportation Itemization for October 2023

Item	Date	Amount
Daily Transportation	10/27/2023	\$41.00 Total
 Trips	 10/27/2023	 \$154.00 Total
 Combined Total		 \$195.00
Year to Date Total		\$698.00