

Commission on Aging
April 10, 2023 - Regular Meeting
Town Hall - Rooms 1 and 2 - Hybrid
127 Norwich Avenue

MEMBERS PRESENT: Chair Nola Weston, , Treasurer Linda Pasternak, Corresponding Secretary Gerrie Transue, Rosanne Tousignant, Roberta Avery, Alternates William Otfinoski and Terry Brown.

MEMBERS ABSENT: Vice Chair Marjorie Mlodzinski, Quinn Kozak.

OTHERS PRESENT: Board of Selectman (BOS) Selectman Rosemary Coyle, Board of Finance (BOS) Liaison Art Shilosky, Board of Education (BOE) Liaison Mary Tomasi, Senior Services Director Patty Watts.

1. CALL TO ORDER

Chair Nola Weston called this Regular Meeting to order at 9:06 am.

2. PLEDGE OF ALLEGIANCE

Chair Weston led the members in the Pledge of Allegiance.

3. ADDITIONS TO THE AGENDA

No additions were requested.

4. CITIZENS' COMMENTS

No comments were received.

5. REVIEW AND APPROVAL OF MARCH 13, 2023, MEETING MINUTES

The minutes were reviewed noting that Item 10.5 should include: "Programs discussed for the Vendor Fair *at the Library were Scams and Internet Safety, Wills and Trusts.*"

Motion by: L. Pasternak
to accept the minutes as amended.

Second by: R. Avery.

Vote: Unanimous to approve.

6. CHAIR REPORT

Chair Weston spoke with Quinn Kozak and due to his schedule, he will be unable to attend the commission meetings but he is willing to help with CoA projects.

7. FINANCIAL REPORT

7.1 COA

L. Pasternak reported \$416.26 in Donations, \$350 in Health Fair- (\$150 for Training and Seminars, \$200 for Health Fair), Printing and Publications - \$300.

8. DIRECTOR OF SENIOR SERVICES REPORT

Report attached.

9. LIAISON REPORTS

9.1 Board of Education

Mary Tomasi stated this is budget season and deliberations are ongoing with the Board of Finance. The Bacon Academy graduation date has been set for Friday, June 16, 2023.

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2023 APR 13 PM 7:02
Gayle Furman
TOWN CLERK

9.2 Board of Finance

Art Shilosky said the next meeting of the Board of Finance is April 12, 2023.
Budget talks are still ongoing.

9.3 Board of Selectmen

Selectman Rosemary Coyle said the BOS April 6, meeting was canceled and the next meeting is scheduled for April 20, 2023. At that meeting it is planned to discuss the ARPA applications forwarded to the BOS and recommended for approval by the ARPA committee.

10. OLD BUSINESS

10.1 Senior Center Building Committee

Director Watts stated the project at this time is bringing in fill at the site and all are looking forward to the ground breaking ceremony.

G. Transue said value engineering is taking place, trying to save money.
Selectman Coyle said there is a possibility of a grant and if they do decide to do a referendum, a minimum of a thirty day notice will be required.

10.2 Norton Park

L. Pasternak said the Norton Park Committee will be applying for another grant and that prices have come down regarding the soil removal that must take place.

10.3 American Rescue Plan Act (ARPA)

R. Coyle noted that the ARPA money must be encumbered by December 2024 and spent by end of 2026. At this time, bids on the projects should be updated.

10.4 AARP (American Association of Retired Persons)

R. Avery said the April meeting was well attended and the next meeting is May 2, 2023, at 1:30 pm at the Senior Center when elections will be held. The June luncheon will be held at Pappa Z's.

10.5 Education Sub-Committee-Vendor Fair

T. Brown stated the Vendor Fair will be held at Cragin Memorial Library on Wednesday, June 14, from 4 pm to 7 pm. T. Brown is working on the Home Health Care part of the program.

G. Transue left the meeting at this time - 9:58 am.

10.6 Resource Guide Revisions Update

The guide needs to be updated, L. Pasternak, R. Avery and G. Transue will be reviewing the booklet for updates and changes.

11. NEW BUSINESS

11.1 CoA Regional Meetings Correspondence

Chair Weston received some information on educational programs from the Alzheimer's Association.

11.2 Update on New Senior Center
Nothing further at this time.

12. CITIZENS' COMMENTS

No comments were received.

13. ADJOURNMENT

Motion by: L. Pasternak
to adjourn.

Second by: R. Avery.

Vote: Unanimous to approve.

Chair Weston adjourned this meeting at 10:18 pm.

Respectfully submitted,

Mary Jane Slade
Clerk