

Commission on Aging  
May 9, 2022 – Regular Meeting  
Senior Center  
95 Norwich Avenue

**MEMBERS PRESENT:** Chair Marjorie Mlodzinski, Rosanne Tousignant, Nola Weston,  
Alternates Terry Brown and William Otfinoski.

**MEMBERS ABSENT:** Vice Chair Roberta Avery, Treasurer Linda Pasternak, Quinn Kozak.

**OTHERS PRESENT:** Senior Services Director Patty Watts.

**1. CALL TO ORDER**

Chair Marge Mlodzinski called this Regular Meeting to order at 8:31 a.m.

**2. PLEDGE OF ALLEGIANCE**

Chair Mlodzinski led the Commission members in the Pledge of Allegiance.

Chair Mlodzinski asked for a motion to seat the two alternates.

**Motion by:** G. Transue

to seat Alternates T. Brown and W. Otfinoski.

**Second by:** N. Weston.

**Vote:** Unanimous to approve.

**3. ADDITIONS TO THE AGENDA**

No additions were requested.

**4. CITIZENS' COMMENTS**

No citizens' comments were received.

**5. REVIEW AND APPROVAL OF MINUTES: APRIL 11, 2022**

Minutes from the April 11 meeting were presented for approval.

**Motion by:** N. Weston

to approve the minutes as read.

**Second by:** G. Transue.

**Vote:** Unanimous to approve.

**6. FINANCIAL REPORT**

6.1 CoA - No report.

6.2. Senior Center – see attached report.

**7. CHAIR REPORT**

Chair Mlodzinski reported that \$299.20 had been spent out the CoA budget line item of \$300 to print the Resource Guide. The Health Fair budget line item is \$200.

**Motion by:** T. Brown

to spend up to \$200 on mini bottles of hand sanitizer with a Town of Colchester – Commission on Aging sticker for the Health Fair.

**Second by:** R. Tousignant.

**Vote:** Unanimous to approve.

The Annual Budget Town Meeting will be held on May 12, 2022. The Budget Referendum is scheduled for May 24, 2022.

RECEIVED  
COLCHESTER, CT  
2022 MAY -9 PM 12:19  
Gayle Furman  
TOWN CLERK

Ongoing Covid-19 tests are being held at the Rec Plex on Old Hebron Road every day.

A Meet and Greet co-sponsored by AARP and the Senior Center to be held at 10:00 am at the Center for Fire Chief Steven Hoffman on May 24, 2022.

**8. DIRECTOR SENIOR SERVICES REPORT** – See attached report.

**9. OLD BUSINESS**

**9.1 Community Wellness Fair - MAY 15, 2022 – 11:00 AM-2:00 PM**

The Fair is being held at the William J. Johnston Middle School (WJJMS) with many age appropriate activities and information. The fair is co-sponsored by WJJMS, CoA, Colchester Youth & Social Services, Cragin Memorial Library and Colchester Recreation Department. The theme is Mental Health Wellness, there will be food trucks, raffles, tables of information, animal therapy, meet Gizmo the dog, on-site health screenings, etc.

**9.2 Senior Center Building Committee**

Chair Mlodzinski stated the interior design process is taking place and that a detailed update on the progress will be in The Rivereast this week. A request for bids should be out in July.

**9.3 Norton Park Committee** – No report.

**9.4 American Rescue Plan Act (ARPA)**

Chair Mlodzinski brought the Commission up to date on the ARPA Committee and that approximately 70 businesses have applied for funds.

**9.5 2022 Program Update**

Several suggestions were received and will be discussed at a future meeting.

**10. NEW BUSINESS**

A nominating committee will be asked to submit a slate of officers for Chair, Vice Chair, Treasurer and Correspondence Secretary.

**11. COMMISSION MEMBERSHIP** – Complete at this time.

**12. CITIZENS' COMMENTS** – No comments received.

**13. ADJOURNMENT**

**Motion by:** G. Transue  
to adjourn this meeting.

**Second by:** R. Tousignant.

**Vote:** Unanimous to approve.

Chair Mlodzinski adjourned this meeting at 9:20 am.

Respectfully submitted,

Mary Jane Slade  
Clerk

**Director of Senior Services Report  
CoA Meeting May 9, 2022**

May is Older American's Month, and the theme for 2022 is "Age My Way" and is focused on aging in place.

Ruth Reinwald has resigned her position as Program Coordinator. She has found it too difficult to be away from her baby full-time. We thank Ruth for her hard work and wish her the best in her future endeavors. An email announcement went out on May 5<sup>th</sup>. The position will be posted on the Town website.

Colchester Lion's Club awarded \$1,000 to the Making Memories Program at their Annual Night of Giving.

The Mel's Downtown Creamery Fundraiser earned CSC \$175.00. We are grateful to Melanie Goggin for her kind support of the community.

We were notified that Colchester Cares, a charitable organization in Colchester, selected CSC for one of the recipients of their Q2 giving opportunities with a check for \$925 to support CSC programs.

We held a session of Let the Dish Swim Free—a fundraiser for Norton Park. \$170 was collected and given to Julianna Cameron.

On Friday, April 29<sup>th</sup>, we hosted a special Volunteer Appreciation Event for our faithful volunteers. Due to the pandemic, we had not been able to celebrate this for a few years, so it was wonderful to gather in person to recognize their significant contributions to our operations. To those of you who couldn't make it, I wanted to say thank you for all you do for the senior community.

The CSC Logo Contest was closed at 3:00 p.m. on Friday, May 6<sup>th</sup>. BoS will select the winner, announce our new logo and award the prize for the winning design.

The SCBC continues to meet in their design teams. Last week a group of us toured the Groton Senior Center's Fitness Room and met with a representative of Total Fitness to discuss the development of our Fitness Center.

Regional Meetings of the Long Term Care Ombudsman program returned meeting on site, beginning last month. They will be meeting on the 2<sup>nd</sup> Tuesday of the month here.

I have a private speaking engagement at Northwoods scheduled on Sunday, May 22<sup>nd</sup> in the evening. I was invited to present my "Everything You Didn't Know about Your Senior Center" presentation.

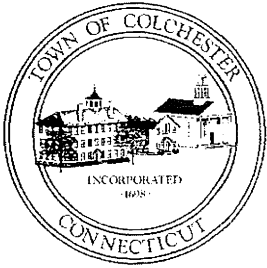
We have a TVCCA meal contest going on this month, to incentivize folks to eat the Community Café congregate meal. Gift card prizes were donated by a generous donor.

Our local chapter of AARP (#4019) has begun to meet again, beginning this month. We will be co-sponsoring a program with them on May 24<sup>th</sup> for a Meet & Greet with the new Fire Chief, Steve Hoffmann.

CSC and Town offices will be closed on Monday, May 30<sup>th</sup> for the Memorial Day Holiday.

**Attendance & Meals Served:**

- Meals delivered in March: Community Café: 401 MOW: 566
- Monthly transports in March: 847
- Monthly attendance in March: 2,375—highest number since before the pandemic!
- Total Membership: 1,563



# *Town of Colchester, Connecticut*

95 Norwich Avenue, Colchester, Connecticut 06415

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Patricia A. Watts, Director of Senior Services/Municipal Agent

## **Transportation Itemization for April 2022**

<b>Item</b>	<b>Date</b>	<b>Amount</b>
Daily Transportation	4/27/2022	\$54.00 Total
 Trips	 4/27/2022	 \$61.00 Total
 Combined Total		 \$115.00
Year to Date Total		\$1758.30