

Commission on Aging
November 8, 2021 – Regular Meeting
Zoom Meeting

MEMBERS PRESENT: Chair Marjorie Mlodzinski, Vice Chair Nan Wasniewski, Treasurer Linda Pasternak, Secretary Gerrie Transue, Rosanne Tousignant, Roberta Avery, Alternates Quinn Kozak, Nola Weston.

OTHERS PRESENT: Senior Center Director Patty Watts, Board of Selectmen Liaison Rosemary Coyle, Board of Education Liaison Mary Tomasi, Cathy Russi.

1. CALL TO ORDER

Chair Marge Mlodzinski called this Regular Meeting to order at 8:30 am.

Chair Mlodzinski said S. Gaetano has resigned and would like to seat Alternate Quinn Kozak as a voting member for this meeting.

Motion by: R. Avery

to seat Q. Kozak as a voting member for this meeting.

Second by: N. Weston.

Vote: Unanimous to approve.

2. PLEDGE OF ALLEGIANCE

Chair Mlodzinski led the member in the Pledge of Allegiance.

3. ADDITIONS TO AGENDA

No additions were requested.

4. CITIZENS' COMMENTS

No comments were received.

5. REVIEW AND APPROVAL OF MINUTES: OCTOBER 12, 2021

Motion by: L. Pasternak

to approve the minutes of the October 12, 2021 meeting as read.

Second by: N. Wasniewski.

It was noted that Page 1 of the minutes reflected the correct date of October 12, 2021, however, Page 2 and 3 were incorrect stating the date as October 13, 2021.

Motion by: L. Pasternak

to accept the minutes as amended noting that the correct date is October 12, 2021.

Second by: N. Wasniewski.

Vote: Abstaining: N. Weston (not present)

All others: Unanimous to approve as amended.

6. FINANCIAL REPORT

6.1 CoA

Treasurer L. Pasternak noted the account stands at \$466.26, the Printing & Publications at \$300 and the Health Fair account has \$200.

6.2 Senior Center

See attached report.

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COLCHESTER, CT
2021 NOV -8 PM 1:51
Gayle Furman
TOWN CLERK

7. CHAIR REPORT

Chair Mlodzinski said there are new members on the Board of Selectmen, Board of Finance and Board of Education that will take office on November 15, 2021. Chair Mlodzinski will invite First Selectman-Elect Andreas Bibiskos to the December CoA meeting.

Chatham Health Department is holding a vaccine booster clinic at the Federated Church for Moderna and Johnson & Johnson shots. Vaccinations are also available at the Colchester Hayward Fire Department.

BOS Liaison Tomasi said there will be a Special Meeting for the Board of Education to elect officers and appoint liaisons.

R. Avery said the American Association of Retired Persons (AARP) is holding their Holiday Lunch on December 7, 2021.

8. DIRECTOR OF SENIOR SERVICES REPORT

See attached report.

9. OLD BUSINESS

9.1 Senior Center Building Committee

The Town Referendum to vote for the proposed new Senior Center will be held on November 16, from 6 am-8pm at the Town Hall.

9.2 Alzheimer's Association

The second of three presentations by Kristopher Sortwell, Eastern Region Director of Education and Outreach with the Alzheimer's Association, is November 8. Contact the Senior Center for the Zoom link or use the same link as the first presentation.

Motion by: R. Avery

to send a \$50 contribution to the CT Alzheimer's Association.

Second by: G. Transue.

Vote: Unanimous to approve.

9.3 Community-Wide Health Fair

Chair Mlodzinski said the committee met and the fair will be held at the William J. Johnston Middle School on Sunday, May 15, 2022. Themes were discussed. The committee will meet again in December.

9.4 Norton Park Committee

N. Wasniewski said the house that is to be demolished near the park is being used for fire department training and should be demolished soon.

9.5 American Rescue Plan Act (ARPA)

This committee meets weekly, however, cancelled two meetings to have a chance to speak to the first selectman elect. The chair of the ARPA met with the new selectman and the committee will continue as planned.

9.6 Biennial Report

Chair Mlodzinski is preparing the report for the December meeting.

10. NEW BUSINESS

10.1 2022 Commission on Aging Meeting Schedule

Motion by: G. Transue

to approve the 2022 Meeting Schedule as presented.

Second by: L. Pasternak.

Vote: Unanimous to approve.

10.2 Proposed Bylaw Change Discussion

R. Avery and L. Pasternak presented proposed changes to the by-laws. The changes must have the exact language of the change and notice must be provided to the commission membership at least ten days prior to a vote. The changes then must be provided to the Board of Selectmen for approval and posting. The proposed changes will be presented at a future meeting.

11. COMMISSION MEMBERSHIP

Chair Mlodzinski asked for a motion to recommend to the Board of Selectmen that Q. Kozak and N. Weston be appointed as full members to the CoA.

Motion by: R. Avery

to recommend to the BOS that Q. Kozak and N. Weston be appointed as full members to this commission.

Second by: G. Transue.

Vote: Unanimous to approve.

With S. Gaetano's and G. Transue's resignations, N. Wasniewski's term ending and the two alternates moving to membership, the Commission will be needing one new member and two alternates for the new year.

12. CITIZENS' COMMENTS

C. Russi commented on how involved seniors have been in every town project in the past and that they have many resources to offer the community.

13. ADJOURNMENT

Motion by: N. Weston

to adjourn the meeting.

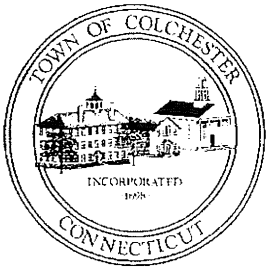
Second by: Q. Kozak.

Vote: Unanimous to adjourn.

Chair Mlodzinski adjourned this meeting at 9:08 am.

Respectfully submitted,

Mary Jane Slade
Clerk



Town of Colchester, Connecticut

95 Norwich Avenue, Colchester, Connecticut 06415

Patricia A. Watts, Director of Senior Services/Municipal Agent

Transportation Itemization for October 2021

Item	Date	Amount	
Daily Transportation	10/28/2021	\$77.00	Total
Trips	10/28/2021	\$166.00	Total
Combined Total		\$243.00	
Year to Date Total		\$860.00	

**Director of Senior Services Report
CoA Meeting November 8, 2021**

November begins a very busy time of year for us with many programs and special events, which will lead up through the New Year. It's an especially fun time of year to be a part of the CSC.

Open Enrollment for Medicare is October 15th-December 7th. This is the time of year where people are encouraged to look at their plan's coverage and make changes to their Original Medicare, Medicare Advantage Plans, Medigap and Prescription Drug Plans. We are hosting 2 Open Enrollment Events, sponsored by Senior Resources on November 12th and December 3rd. The November date is already filled.

We will be holding a Veterans' Day Apple Pie Social. Veterans and their spouses are invited for free, as a small token of our gratitude and appreciation. All are invited, with tickets for others costing \$2.00 for the refreshments. We will hold a small ceremony to honor veterans past and present.

If passed at the November 4th Town Meeting, there will be a referendum for the new senior center project, with voting to take place at Town Hall on Tuesday, November 16th.

We will be holding our annual Thanksgiving Luncheon on November 17th, catered by TVCCA. Entertainment provided by Ralph Sacco. This event is already sold out.

There will be a Vaccine Booster Clinic held by CHD on November 18th located at the Colchester Federated Church from 9 a.m. to 12 p.m. CSC staff are assisting by scheduling appointments for those 65 and over.

On November 19th, we will be holding a co-ed Baby Shower for our Program Coordinator, Ruth Reinwald. Ruth's baby girl is due on December 16th. She expects to work as close to that date as her doctor recommends. After her FMLA leave, she will return on a part-time basis temporarily until she transitions back to full-time employment. We have a solid plan for coverage in her absence.

Stop & Shop has selected the Colchester Senior Center's Meals on Wheels Program to benefit from this month's Bloomin' 4 Good program. \$1.00 of every designated floral bouquet will be donated to support MOW at the CSC.

The CSC Facebook page is growing in followers, now over 500 people. If you don't already, like and follow the senior center's Facebook pages for fun posts, important information and photos from our recent events.

Hanukkah falls early this year, and Rabbi Ken Alter will be here to lead a Hanukkah Celebration, open to everyone who would like to learn more about the origins of the holiday, enjoy some potato latkes, and learn some traditional Hanukkah music. This year, people will be helping to prepare the latkes which will be served.

The Energy Assistance Program is available for anyone needing assistance to heat their home. Stephanie Turbes in the YSS office is holding appointments.

CSC and all town offices will be closed on the following dates: 11/11 for Veterans' Day, and 11/25 & 26 for the Thanksgiving holiday.

Attendance & Meals Served:

- Meals delivered in September: Community Café: 315 MOW: 416
- Monthly transports in September: 835
- Monthly attendance in September: 2,093
- Total Membership: 1,461