

Commission on Aging
November 12, 2019 – Regular Meeting
Colchester Senior Center
95 Norwich Avenue

MEMBERS PRESENT: Vice Chair Nan Wasniewski, Goldie Liverant, Linda Pasternak, Roberta Avery, Jean Stawicki, one vacancy.

MEMBERS ABSENT: Chair Marjorie Mlodzinski.

OTHERS PRESENT: Senior Center Director Patty Watts, Board of Education Liaison Mary Tomasi,

1. Call to Order

Vice Chair Nan Wasniewski called this Regular Meeting to order at 8:30 am.

2. Additions to the Agenda

No additions to the agenda were requested.

3. Review of October 15, 2019 Minutes

Motion by: R. Avery

to approve the minutes of October 15, 2019, as read.

Second by: L. Pasternak.

Vote: Unanimous to approve.

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Gayle Furman
TOWN CLERK

4. Financial Reports

4.1 CoA

R. Avery stated the Program Account has a \$466.26 balance and the Printing and Publications Account balance is \$108.00.

4.2 Senior Center

Director of Senior Services Patty Watts submitted the following report:
Transportation Itemization for October 2019

Daily transportation	10/31/2019	\$237.50
Trips	10/31/2019	<u>\$220.50</u>
Combined Total		\$458.00
Year to Date Total		\$1341.61

5. Director of Senior Services Report

Chatham Health District provided a Flu Vaccination Clinic on November 1st.

Open Enrollment for Medicare begins October 15, and runs through December 7th.
Open Enrollment Events: one was held on November 8 and the next will be December 6, provided by certified CHOICES Counselors with support from Senior Resources Area Agency on Aging.

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Reminder that the Holiday Fair and Open House will be held on Saturday, November 23, from 9am – 2 pm. It is the largest and most successful fundraiser of the year. Things are in good shape, have many volunteers who will be assisting and as always, the Colchester community has been very generous with us. Please come and attend if you are able.

A room is being offered for a monthly Regional Ombudsman meeting here monthly, beginning today.

An Apple Pie Social Veterans Tribute is being held today at 11:00 am. Veterans and their spouses are invited free of charge. Justine's daughter, Bella, will be singing some patriotic songs.

A sold out Thanksgiving Luncheon is scheduled for tomorrow. The Elderly Brothers (Brian Gilie and Tom "T-Bone" Stankus) will be performing prior to the meal.

TVCCA's Nutrition Services Director, Eugene Theroux, will be visiting us on Thursday, November 14th at 12 pm.

Reports of a Social Security Call Scam have been reported. These calls are fraudulent. Social Security never makes phone calls, if they need to communicate, they will always send a letter. Please hang up on these calls and do not call back the numbers left on voicemail messages. A post is on the CSC Facebook site.

An AARP Smart Driver Class is being offered on Wednesday, November 20th from 12-4 pm.

Throughout the month of November, the Center is taking donations of non-perishable food for the Colchester Food Bank. There is a bin for donations located in the CSC Dining Room.

There are a number of schedule changes for this month: In addition to our closure for Veterans Day, there will be no programs or lunch scheduled on November 22nd due to the Holiday Fair setup and the Center will be closed on November 28-29 for the Thanksgiving Holiday. P. Watts will be on vacation the week of November 25-29.

Director Watts presented a graph of the growth of the number of Senior members over the last six years. The numbers include younger disabled persons, trip attendees and the regular visitors. The numbers are available through the scan system put into use in 2015.

6. Old Business

6.1 Senior Center Building Committee

The Building Committee had the first meeting in late October. P. Watts attended the meeting and stated Anthony Tarnowski was elected chair and Marilyn Turner is the vice chair. The projected completion date at this time is June-July 2021.

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P. Watts has prepared a power point presentation that will be shown to various groups in town prior to the referendum.

6.2 Norton Park Committee

This committee met on Sunday, November 10, 2019, for a walking tour of the property. The site is still being cleaned up with the final grant decision to be given November 13, 2019.

6.3 Feedback/Alzheimer's Association Presentation

The feedback was positive and the presentation very information. There were 21 attendees with a question and answer session.

6.4 Senior Center Holiday Fair – Basket Contribution

Several members donated scratch tickets, a basket and a bottle of wine to be used as a raffle item from the Commission on Aging.

6.5. Meeting with Bacon Academy Science Administrator/Students

Chair M. Mlodzinski met with Environmental Studies Teacher Jill Lavasseur to discuss a possible presentation in December. The students were excited about working on this project.

7. New Business

Spring Project

The recycling project was one of the projects mentioned and will be discussed further after the presentation in December.

8. Commission Membership

This Commission has one regular membership vacancy and two alternate vacancies. An article will be written for the newspaper requesting members.

9. Citizens' Comments

R. Avery noted that Senior Resources Agency on Aging is having a community conversation on November 15, 2019, at the Franklin Volunteer Fire Department at 10:00 am to receive input to write a three year plan for services for older adults.

10. Adjournment

Motion by: J. Stawicki
to adjourn.

Second by: R. Avery.

Vote: Unanimous to adjourn.

Vice Chair Wasniewski adjourned this meeting at 9:12 am.

Respectfully submitted,

Mary Jane Slade
Clerk