

Commission on Aging  
October 15, 2019 – Regular Meeting  
Senior Center  
95 Norwich Avenue

**MEMBERS PRESENT:** Chair Marjorie Mlodzinski, Vice Chair Nan Wasniewski, Goldie Liverant, Linda Pasternak, Roberta Avery, Jean Stawicki, one vacancy.

**OTHERS PRESENT:** Senior Center Director Patty Watts, Board of Selectmen Liaison Rosemary Coyle, Board of Education Liaison Mary Tomasi, Board of Finance Liaison Mike Egan.

**1. Call to Order**

Chair Mlodzinski called this Regular Meeting to order at 8:30 am.

**2. Additions to the Agenda**

No additions were requested.

**3. Review of September 9, 2019 Minutes**

A correction was noted to read "the meeting was called to order at 8:30 am" not 8:00 am as written and a correction to the Senior Center Financial Report to state that the Transportation Report was for August 2019, not July.

**Motion by:** R Avery

to approve the minutes as amended.

**Second by:** J. Stawicki.

**Vote:** Unanimous to approve as amended.

**4. Financial Report**

**4.1 CoA**

R. Avery reported that at this time the report shows \$300 in the Town Printing and Publication account, however, a check has been written for \$192 for the brochure printing. The CoA account balance is \$466.26.

**4.2 Senior Center**

Director Watts submitted the following:

Transportation Itemization for September 2019

Daily Transportation	10/1/2019	\$203.00
Trips	10/1/2019	<u>135.00</u>
Combined Total		338.00
 Year to date Total		 <u>\$883.61</u>

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TOWN CLERK

**5. Director of Senior Services Report**

Director Watts submitted the following report for October 2019 report:

Renters' Rebate season was completed on October 1. Office of Policy and Management (OPM) said checks will be mailed on October 25th this year. Completed application totaled 127 households this year.

2020 Travel Survey was distributed by email to gain feedback for the trips to be offered in the coming year.

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Preparations are continuing for the Holiday Fair and Open House. There are clipboards out to help with setup the day before, working the day of and providing gift baskets and baked goods, if any of Commission members would like to contribute, it would be appreciated it.

Oktoberfest will be held tomorrow (Oct 16) with musical entertainment by Ashley Hamel. This special event is sold out. An annual Halloween Pizza Costume Party is set for October 31<sup>st</sup>.

Trips are selling well. A full bus is going to the SECT regional Event. Billy Elliott at the Goodspeed is sold out and the Quebec Winter Carnival Trip has 16 people registered so far.

AARP Chapter #4019 will be moderating a Meet the Candidates Forum at the Senior Center on Tuesday, October 29<sup>th</sup>. Election Day is the following Tuesday and buses will be running to the polls for any members who may need transportation.

Director Watts will be sitting in on interviews for the new full time Social Services Coordinator position for Youth and Social Services. Their department will now be assisting with social service programs for seniors (Energy Assistance and Renters' Rebate).

Justine Kowinsky's three month probationary evaluation is later this month.

Year-end reports for the Making Memories Program grant have been submitted. A new grant year began on October 1st.

Open enrollment for Medicare begins today and runs through December 7<sup>th</sup>. Two open enrollment events on November 8 and December 6, with assistance from Senior Resources Area Agency on Aging.

Chatham Health District will be providing Flu Vaccination Clinics on October 18th and November 1st from 10 am -12 pm.

**Attendance and Meals Served:**

- Meals served in August: on site: 232 MOW: 294
- Monthly Transports in August: 200
- Monthly Attendance in August: 2322
- Total Membership: 1338

**6. Old Business**

**6.1 Brochure - Final and Distribution**

The brochures have been printed and folded and were available for members for distribution. Thank you to R. Avery for a very nice looking brochure.

**6.2 Senior Center Building Committee**

Selectman R. Coyle noted that the Committee will hold their first meeting on

October 23, at 7:00 pm. Selectman Coyle will read the charge, the committee will elect a chair and vice chair.

**6.3 Norton Park Committee**

This committee will hold their first meeting on October 24, at 7:00 pm and Selectman Denise Mizla will read the charge and the committee will elect a chair and vice chair. Both meetings are open to the public.

**6.4 Discussion/Marketing of Alzheimer's Association Presentation**

Flyers were distributed for this presentation to be held on October 30, 2019, at Senior Center from 6:30 pm until 8:30 pm. Light refreshments will be provided by members of the CoA and beverages by the Senior Center.

**6.5 Senior Center Holiday Fair – Basket Contribution**

Chair Mlodzinski suggested a theme for the baskets with members donating scratch tickets in any denomination. M. Mlodzinski will donate a bottle of wine. J. Stawicki will donate a basket. Items to be brought to the November meeting.

**7. New Business**

**Spring Project**

Ideas for a Spring Project were discussed. The Alzheimer program has additional segments, a program about foot care and understanding recycling and small ways to be mindful of climate change were suggested. M. Egan suggested engaging Bacon Academy students to present a program on climate change, M. Tomasi will speak with BA Principal M. Peel and have information for the November meeting.

**8. Commission Membership**

Two regular memberships are vacant and one alternate.

Those members whose terms are up the end of this December will need to notify the Selectman's office for reappointment.

**9. Citizens' Comments**

M. Mlodzinski noted she would not be at the November CoA meeting.

No other comments received.

**10. Adjournment**

**Motion by:** R. Avery

to adjourn this meeting.

**Second by:** G. Liverant.

**Vote:** Unanimous to adjourn.

Chair Mlodzinski adjourned the meeting at 9:20 am.

Respectfully submitted,

Mary Jane Slade  
Clerk