

Commission on Aging
September 9, 2019 – Regular Meeting
Senior Center
95 Norwich Avenue

MEMBERS PRESENT: Chair Marjorie Mlodzinski, Vice Chair Nan Wasniewski, Goldie Liverant, Linda Pasternak, Roberta Avery, Jean Stawicki, one vacancy.

OTHERS PRESENT: Senior Center Director Patty Watts, Board of Selectmen Liaison Rosemary Coyle, Board of Education Liaison Mary Tomasi.

1. Call to Order

Chair Mlodzinski called this regular meeting to order at 8:00 am.

2. Additions to the Agenda

No additions were requested.

3. Review of August 12, 2019 Minutes

Motion by: R. Avery

to approve the minutes of August 12, 2019, as read.

Second by: G. Liverant.

Vote: Unanimous.

4. Financial Report

4.1 CoA

Treasurer R. Avery stated that \$300 is in the Town Printing and Publications line item and \$466.26 in CoA budget.

4.2 Senior Center

Director Watts reported on the Transportation for July 2019 as \$149.01 for Daily Transportation and \$90.60 for Trips totaling \$239.61 for both and a year to date Total of \$545.61.

5. Director of Senior Services Report

Director Watts reported that the Senior Center Building Committee was named at the August 15, 2019, meeting of the Board of Selectmen. Rosemary Coyle is the Committee Liaison, members are: Anthony Tarnowski, Marjorie Mlodzinski, Marilyn Turner, Sean Nadeau, Kevin Hastings, Joseph Ruiz and Ron Silberman with Geraldine Transue and Madelyn Starkey serving as alternates.

Both Justine Kowinsky and Valerie Webster are doing well in their respective new roles. It is very nice to be fully staffed once again.

Community Café meals have been growing and a few new regulars are dining in more frequently.

Director Watts attended the Travelfest 2020, sponsored by Friendship Tours on August 26th. As the catalogs are received from the travel vendors, an electronic Travel Survey will be sent out to gauge interest levels before final selections for trips that the Center will be promoting.

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September is National Senior Center Month and this year's theme is *Senior Centers: The Key to Aging Well*. A number of themed programs are planned including the CSC Escape Room Challenge

A good initial meeting for the holiday Fair was held and monthly meetings will continue as we prepare for our special fundraising event.

Renter's Rebate season will be ending on October 1st. Energy Assistance season will begin in September but appointments will be held through the Youth and Social Services office, ongoing.

A Fall Prevention Workshop and Brunch, sponsored by Chestelm, will be held September 23rd at 10:00 am for the first day of Fall.

The Center is promoting the SECT regional event and selling tickets through our office. This year's event will be held in the evening at Langley's Restaurant in Waterford and the Corvettes will be performing. There will be hot and cold hors d'oeuvres and a cash bar.

Attendance and Meals Served:

- Meals served in July: on site: 184. MOW: 317
- Monthly Transports in July: 819
- Monthly Attendance in July: 2193
- Total Membership: 1223

6. Old Business

6.1 Brochure - Final and Distribution

R. Avery presented final copies of the brochure. The printing cost is \$86 for 100, \$172 for 200 with a \$20 charge for folding any amount.

Motion by: R. Avery

to print 200 copies with folding at a price of \$192.

Second by: J. Stawicki.

Vote: Unanimous to approve.

6.2 Senior Center Building Committee

R. Coyle reported that the members have been selected and notified. As soon as the Selectmen charge the Committee, meeting dates will be scheduled. Their first action will be to hire an architect. This committee will have seven members with two alternates.

6.3 Norton Building Committee

The Committee members have been chosen – N. Wasniewski and L. Pasternak will be two of the members. This committee will have five members with two alternates. The first meeting has not been held yet as they must also be charged by the Board of Selectmen.

6.4 Discussion of Alzheimer's Association Presentation

The presentation "Ten Early Warning Signs" is scheduled for October 30, 2019, at 6:30 pm at the Senior Center.

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6.5 Senior Center Holiday Fair

The Fair date is November 23, 2019, the Commission will have a table to hand out brochures. Further discussion next month.

7. New Business

None at this time.

8. Commission Membership

The Commission has one regular membership vacancy and two alternate vacancies. Several suggestions were discussed to reach out to people to fill these vacancies. The brochures will be made available through various venues.

9. Citizens' Comments

None received.

10. Adjournment

Motion by: R. Avery

to adjourn this meeting.

Second by: J. Stawicki.

Vote: Unanimous to adjourn.

Chair Mlodzinski adjourned this meeting at 9:08 am.

Respectfully submitted,

Mary Jane Slade
Clerk