

Commission on Aging
January 14, 2019 – Regular Meeting
Senior Center
95 Norwich Avenue

MEMBERS PRESENT: Chair Jean Stawicki, Treasurer Marjorie Mlodzinski, Linda Grzeika, Goldie Liverant, Alternate Nan Wasniewski.

MEMBERS ABSENT: Roberta Avery.

MEMBERS RESIGNED PRIOR TO MEETING: Eleanor Phillips, Jennifer DeHay.

OTHERS PRESENT: Senior Services Director Patty Watts, Board of Education Liaison Mary Tomasi, Board of Selectmen Liaison Selectman Rosemary Coyle, Board of Finance Liaison Mike Egan; Guest Lorraine Spiegel.

1. Call Meeting to Order

Chair Stawicki called this regular meeting to order at 8:31 am.

2. Meet Superintendent of Schools Jeffrey Burt

Superintendent Burt was not present but will be invited for the February meeting.

3. Additions to the Agenda

J. Stawicki requested the addition of a Regional Roundtable report.

Motion by: L. Greizka

to add Regional Roundtable Report under Item 8.1.

Second by: G. Liverant

Vote: Unanimous to approve.

Motion by: M. Mlodzinski

to add discussion of recent resignations as Item 8.2.

Second by: G. Liverant.

Vote: Unanimous to approve.

4. Review of Minutes from Previous Meeting

Motion by: G. Liverant

to approve the minutes of the December 9, 2018, CoA meeting, as read.

Second by: M. Mlodzinski.

Vote: Unanimous to approve.

5. Financial Report

Treasurer Mlodzinski reported \$466.26 in the CoA account and \$171 in the Town line item Printing and Publications.

Director Watts submitted the following report:

Transportation Itemization for December 2018

Daily Transportation	12/27/18	\$108.00	Total
Trips	12/27/18	69.00	Total
Total for a year to date total of		\$1678.76	

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6. Director of Senior Services Report

Director Watts thanked Ellie Phillips for her many contributions during her time serving on the CoA. Director Watts also thanked Joyce Sypher for her administrative support during the vacancy on staff and also thanked all the staff for their help. Director Watts introduced Maria Panos as the new Program Coordinator.

The Jack Jackter Intermediate School participated in the Annual Holiday Box Program providing 25 seniors with gift boxes for the holidays.

During the holidays, a Hanukkah Party with Rabbi Alter was held as well as the Holiday Homecoming luncheon with entertainment by Senior Moments Choral Group, Tree Trim Party, New Year's Brunch 'n Bash with Patrick Tobin and the Bingo Holiday Luncheon.

The Food Service License has been renewed for 2019. There has been a recent increase in the meals served at lunchtime. Special events for November and December were sold out.

P. Watts will be compiling end of year statistics and begin preparations for budget FY 2020.

There is an Eagle Scout working on a project to assist snow removal from sidewalks, porches and walkways. He is not offering snow removal from driveways. Contact P. Watts if you know of anyone who needs assistance due to physical or economical needs.

Scheduled changes: Senior Center will be closed on Monday January 21st in observance of Martin Luther King, Jr. Day.

Attendance and Meals Served:

- Meals served in November: On site: 171 MOW: 377
- Monthly Transports in November: 717
- Monthly Attendance in November: 1930
- Monthly Attendance in December: 1760
- Total Membership: 1217

7. Old Business

None at the time.

8. New Business

8.1 Regional Roundtable

Chair Stawicki attended the regional Roundtable in East Haddam. J. Stawicki brought back information about the Connecticut Coalition on Aging, an advocacy group for senior citizens. This group monitors the legislature for laws pertaining to seniors. J. Stawicki joined the group and will inform CoA members of the upcoming emails she may receive for a report next month.

J. Stawicki also noted a project called “Thriving in Place”, a program that provides advice and resources to help seniors living at home.

9. CoA Projects

9.1 Spring Project

M. Mlodzinski contacted Pam Atwood as a speaker for various topics to be presented to the public. Of particular interest was a discussion on bullying. A suggested time would be an April presentation.

Motion by: L. Grzeika

to move forward with P. Atwood for a program on bullying, time and date to be determined.

Second by: M. Mlodzinski.

Vote: Unanimous to approve.

Holding a Health Fair was briefly discussed and may possibly be held in the Fall. Further discussion will be held at a later date.

L. Greizka noted that R. Avery had mentioned designing a logo specific to the Commission on Aging. This discussion will also take place at a later date.

10. Commission Membership

No further comments were received.

11. Citizens' Comments

No citizen comments were received.

12. Adjournment

Motion by: G. Liverant
to adjourn the meeting.

Second by: M. Mlodzinski

Vote: Unanimous to adjourn.

Chair Stawicki adjourned this meeting at 9:16 am.

Respectfully submitted,

Mary Jane Slade
Clerk