

Commission on Aging
January 8, 2023 – Regular Meeting
Town Hall – Room 1
127 Norwich Avenue

MEMBERS PRESENT: Chair Marge Mlodzinski, Vice Chair Nola Weston, Treasurer Linda Pasternak, Rosanne Tousignant, Roberta Avery, Alternate William Otfinoski,.

MEMBERS ABSENT: Corresponding Secretary Gerrie Transue, Alternate Bonnie Trecarten, Terry Brown.

1. CALL TO ORDER

Chair Marge Mlodzinski called this Regular Meeting to order at 9:00 am.

Chair Mlodzinski asked for a motion to seat Alternate W. Otfinoski as a voting member to obtain a quorum.

Motion by: R. Tousignant.
to seat W. Otfinoski as a voting member.

Second by: N. Weston.

Vote: Unanimous to approve.

2. PLEDGE OF ALLEGIANCE

Chair Mlodzinski led the members in the Pledge of Allegiance.

3. ADDITIONS TO THE AGENDA

No additions were requested.

4. CITIZENS' COMMENTS

No comments were received.

5. PRESENTATION BY ERIC ROSENBERG - Chair, East Hampton, CoA

Discussion of UR Community Cares - E. Rosenberg was unable to meet with the Commission today, this discussion will be on a future agenda.

6. APPROVAL OF NOVEMBER 13, 2023 MINUTES

Minutes of the November 13, 2023, minutes were submitted for review and approval.

Motion by: L. Pasternak
to approve the minutes with a correction to R. Tousignant *was present*, Others Present should read: *Members Absent*.

Second by: R. Tousignant.

Vote: Unanimous to approve as amended.

7. CHAIR REPORT

Chair Mlodzinski reported that on January 13, 2024, from 10:30 am to 11:45 am at Cragin Library, local leaders and residents will read excerpts from Martin Luther King's materials with a focus on service to others.

The 22-23 Biannual Report is being prepared, the First Selectman has placed a soft spending freeze until a review is completed.

8. FINANCIAL REPORT

8.1 CoA

L. Pasternak stated no changes have taken place and the budget remains at \$448.26 in Donations, \$300 in Publications, and \$200 in Health Fair.

RECEIVED
COLCHESTER, CT
2024 JAN - 9 AM 9:02
Gayle Furman
TOWN CLERK

8.2 Senior Center - See attached.

9. DIRECTOR OF SENIOR SERVICES REPORT

See attached.

10. LIAISON REPORTS

10.1 Board of Education

10.2 Board of Finance

10.3 Board of Selectmen

Liaisons to the commission have not been appointed to date.

11. OLD BUSINESS

11.1 Senior Center Building Committee

Chair Mlodzinski said the structural steel is 90% complete, trusses will be up in another week, the estimated date of completion is August 24, 2024.

11.2 Norton Park

The Norton Park Committee has revised the plans to the upper portion of the proposed park. The RFP for the cost to do the civil engineering has been sent out. The area is being cleared to begin work.

12. NEW BUSINESS

12.1 Programs for 2024:

12.1 a Attorney George Baker - February 13 or 27

A date is being worked on for Attorney Baker to discuss wills and trusts.

12.1 b Esther Pearl - Alzheimer's Association -
Healthy Mind & Healthy Body

Chair Mlodzinski is waiting further information to set a date.

12.1.c Programs with Senior Center Staff

Possible programs were discussed for projects to do with the Senior Center staff. N. Weston will meet with Program Coordinator Jody Savage to discuss ideas.

13. CITIZENS' COMMENTS

No comments were received.

14. ADJOURNMENT

Motion by: L. Pasternak
to adjourn.

Second by: R. Tousignant.

Vote: Unanimous to approve.

Chair Mlodzinski adjourned this meeting at 9:34 am.

Respectfully submitted,

Mary Jane Slade
Clerk