Colchester CONNECTION

The Official Publication of the Town of Colchester

Community Organizations
Colchester Senior Center
Cragin Memorial Library
Parks & Recreation
Town Departments

Online Registration

for all Parks & Recreation Programs: colchesterct.gov/recreation-department

SUMMER 2019

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First Selectman's Note

Colchester is a community truly run by volunteers. Whether it is serving as an elected official, appointed board and commission member, or supporting an organization, volunteers set the direction of this town and conduct much of the work needed. The town owes a huge debt of gratitude to those who have served in the past or who are serving today. We could not run the town without the support of all these individuals.

The town is always in need of additional volunteers for our commissions. Residents who would like to be involved in the change they would like to see in town are encouraged to step up and serve our community through some of the several vacancies open right now. You can see a full listing of our vacancies on the town website, www.colchesterct.gov, along with each commission's description and meeting schedule. You are also welcome to call my office to discuss what might be the best fit for you.

All residents of Colchester who are registered to vote are eligible. Those interested in interviewing before the Board of Selectmen for a vacancy should fill out a Board/Commission application found on our website under Forms & Documents, or in the First Selectman's Office and submit the completed application to my office.

Please consider volunteering. Colchester is a great community due to the hard work of volunteers and I hope you will help keep this a wonderful town to live in.

Sincerely,

Art Shilosky

First Selectman

Parks & Recreation Contacts

RECREATION DEPARTMENT:

Recreation Director
Tiffany S. Quinn, CPRP, CYSA, NYSA, *tquinn@colchesterct.gov*

Recreation Supervisor
Amanda Hart, *ahart@colchesterct.gov*

Recreation Specialist
Matthew Cicchese, *mcicchese@colchesterct.gov*

PUBLIC OFFICE HOURS: Mon. - Fri. 8:30a.m. - 4:30pm

DEPARTMENT OF PUBLIC WORKS:

For concerns regarding parks and grounds call (860) 537-7288
James Paggioli, *Director*
Dean Hunniford, *Operations Director*
Tim Angell, *Supervisor*

PARKS & RECREATION COMMISSION MEMBERS:

Eric Kundahl, *Chair*
Kristin Moody
Lynne Stephenson
Brenda Kniska
Tracey Bruni
Norm Kaplan
Matt Pulse
Vacant
Vacant

www.colchsterct.gov/recreation-department
ParksandRec@Colchesterct.gov

League Contact Info

Colchester Youth Wrestling
Matt Whitney, *matthew.whitney@hotmail.com*
(201)780-0430

Colchester Baseball & Softball League
Patrick Walsh, *president@cbsl.org*
www.cbsl.org

Colchester Cougars Youth Football & Cheerleading
Stacy Kelsey, *Stacykelsey3@yahoo.com*
Paula McDowell, *Papiggybank@aol.com*
www.colchestercougars.org

Colchester Youth Lacrosse
Montez Johnson
Montez_Johnson@sbcglobal.net
www.colchesterlax.org

Galaxy Youth All Star Rec Cheerleading
Tina Everett, *galaxyyouthcheer@gmail.com*
www.galaxyyouthcheer.com

Colchester Soccer Club
Tim Daniels, *president@colchestersoccer.org*
www.colchestersoccer.org

Youth Basketball
Matt Pulse, *president@colchesterbasketball.org*
www.colchesterbasketball.org

Men's Softball
John Wissler, *colchestersoftball@yahoo.com*

Women's Softball
Lynne Stephenson
www.colchestersoftball.org

★★★

WE'RE LISTENING!

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Dr. Keith Yimoyines,
Board Certified,
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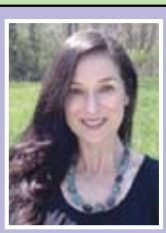
Dr. Ceylon Cicero,
Board Certified,
Licensed Naturopathic Physician

Monica T. Smith,
LMFT, MBA, Licensed
Marriage and Family Therapist



J. Elise Forbes,
LCSW, Licensed
Clinical Social Worker

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Recreation Department Letter

Exciting news in Colchester!

Colchester Recreation has joined forces with NetPlay USA- a collaboration between InCord Play and Huck Seiltechnik in Germany, in an effort to update the playground at the RecPlex.

The current playground equipment is over 20 years old and shows its age. It is difficult to get replacement parts to fix broken pieces due to its age. The Recreation Department has been working with Public Works to create a long range plan to replace the outdated structures. While talking to NetPlay USA staff who frequent the playground with their own children, an idea to collaborate was born. In the near future, NetPlay USA will donate a new play structure called an X-Pyramid 2 that is designed for children ages 5-12 and a Birds Nest Cradle swing that can be used by anyone ages 2 and older. Colchester Public Works will be assisting in the installation of the equipment and NetPlay USA staff will oversee the work and use it to train their install team.

We are all excited at this joint project and the great play opportunities that it will bring to the Colchester community. We are thrilled to make these kind of connections with local businesses to create the best programs, parks and activities for everyone.

L-R: Paul & Lily Urbanowicz, Kevin Biancamano, Erica & Owen Piekarski, Nikki Vachon, Tiffany Quinn

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EMPLOYMENT OPPORTUNITIES

COLCHESTER RECREATION IS LOOKING FOR INSTRUCTORS

Colchester and Parks Recreation

Colchester Recreation is hiring for the following positions:

- Dance Instructor (Youth & Adult)
- Gym/Facility Supervisor

FOR MORE INFORMATION, EMAIL PARKSANDREC@COLCHESTERCT.GOV

Sounds of the 60's- Bus Trip to Bethel, NY (Woodstock)

Join us as we take a trip back in time to the 1960's with the Sounds of the 60's bus trip to Bethel New York! This summer will be the 50th anniversary of Woodstock, so hop on the bus and see the sights that made Bethel NY famous! Participants will depart from Colchester Town Hall on the morning of May 4, 2019. The trip includes round-trip transportation on a motor-coach, a Tours of Distinction tour director, docent led tour of the Museum at Bethel Woods Center of the Arts, buffet lunch at the Dancing Cat Saloon, followed by a tour & tasting at the Catskill Distilling Company. The day will end with a visit to the Stray Cat Gallery, which showcases the talents of local artists. The Bethel Woods Center for the Arts is a not-for-profit performing arts center and museum located at the site of the 1969 Woodstock Festival in Bethel, NY, which took place on the lot of the original Max Yasgur's Dairy Farm.

Activity #	4125
Date:	6/8/2019
Day:	Sat
Departure Time:	7:30AM
Estimated Return Time:	7:30PM
Location:	Meet-Up at Colchester Town Hall parking lot
Fee:	$157.00 Res./ $177.00 Non-Res.
Registration Deadline:	5/31/2019

National Trails Day

June 1, 2019

Lace up your hiking boots, leash up the dog, air up your bike tires, dust off your work gloves, slip on your trail runners, grab a paddle or saddle up your horse and HIT THE TRAIL! Colchester Recreation is working with the CT Land Trust to host this observance of the American Hiking Society's 26th Annual National Trails Day. Open to the public and FREE for all ages! A long-standing celebration of America's magnificent trail system and its countless supporters and volunteers, National Trails Day (NTD) is celebrated in all 50 states and Puerto Rico.To learn more about American Hiking Society and is mission and programs, visit www.AmericanHiking.org.

Community Calendar

Recently, the Town of Colchester updated the Town website. With the update, a community calendar was added to the homepage. Our hope is that we can create one calendar that makes it easy to view all upcoming community events and meetings available to the Colchester community. All submissions must come from a Not for Profit or local organization that is located in or physically adjacent to the Town of Colchester. There is a small posting fee ($1-$3), and we ask that at least 2 weeks advance notice be given to allow posting time. The calendar submission forms are available on the Colchester Recreation page at www.colchesterct.gov. For more information please contact the Recreation Department at (860) 537-7297.

Ghost Run

17th Annual Airline Trail Ghost Run
Certified Trail Course & Half Marathon

Saturday November 2, 2019

Race beings at 9:00AM

The race begins at Hebron Elementary School located on Route 85. Runners will run south on Route 85 and pick up the Air Line Trail behind Route 85 Lumber. The race continues on the Air Line Trail through Colchester and into East Hampton. At the Trail Head runners will continue on the trail to Watrous Street, to Summit Street. Follow Summit Street to Center Elementary School. Shuttle Buses will be available for all the runners in each direction. The trail is flat and is surfaced with packed crushed stone.

RELAY LEGS

#1 Start to Grayville Rd. Hebron- 3.6 miles

#2 Grayville Road to River Overpass, Colchester- 4.2 miles

#3 River Road Overpass to Finish Line – Center School, East Hampton- 5.3 miles

Relay Runners: Shuttle buses will drop you off and pick you up at designated locations. Relay schedules for shuttle buses will be available the day of the race.

For more information, or to register for the Ghost Run, please contact Colchester Recreation at parksandrec@colchesterct.gov or (860) 537-7297.

Birthday Parties

Colchester Recreation will now be offering Birthday Party services. Parties will be held at William J. Johnston Middle School for a 2 hour birthday party on Friday evenings, Saturdays or Sundays! Colchester Recreation will make it easy for you. Consider a basketball, indoor soccer or kickball party! We will provide the space and staff, and for an additional fee, we will provide the cake and paper goods. To learn about all of the Birthday Party options, please call Colchester Recreation at (860) 537-7297 or email parksandrec@colchesterct.gov.

Volunteer of the Month

Colchester Recreation will accept nominations from Colchester organizations, groups, businesses, schools and individuals for the Volunteer of the Month! Nomination forms will be accepted until the 5th of every month. Awards will be announced by the 20th of every month. This is a great way to say Thank You to all of the amazing people in our community who give back by volunteering!

Nomination Criteria

- A resident of Colchester
- A volunteer with a specific group for more than 3 months
- 14 years or older
- Must not receive financial compensation
- Must not have won the award within the past 3 years.

The Nomination Form can be found on the Colchester Recreation website, www.colchesterct.gov/recreation-department

Bliss to Beaches: Norwegian Cruise

February 2-February 16, 2020

Please join Colchester Recreation for 15 days as we cruise the Western Caribbean. This fully directed tour experiences a multitude of cultures, ancient sites, idyllic beaches and all meals and nightly entertainment. Come along and join this once-in-a-lifetime sailing to the Western Caribbean on the Bliss. On Day #1, the Bliss leaves Manhattan Pier at 3:00PM. For the next two weeks, there will be stops in Orlando, Great Stirrup Ca7, Jamaica, Cayman Islands, Honduras, Belize, Costa Maya and Mexico. For more information and for a detailed itinerary, please call Colchester Recreation at (860) 537-7297 or email parksandrec@colchesterct.gov.

Free Informational Session on Bliss to Beaches:

Date:	June 12, 2019
Time:	6:00PM-7:00PM
Location:	Colchester Town Hall- Room #2 127 Norwich Avenue Colchester, CT 06415
Activity #	4170

CELEBRATE COLCHESTER 57 FEST

2019 CAR RAFFLE

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2ND PRIZE- 8 WEEKS OF COLCHESTER RECREATION DAY CAMP

TICKETS ARE AVAILABLE AT THE COLCHESTER RECREATION OFFICE, TROIANO,COLCHESTER PIZZA AND OTHER LOCAL BUSINESSES.
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DRAWING WILL BE
HELD ON SEPT.21, 2019
AT 6 PM AT THE EVENT
(RAIN DATE 9/22/19)

*PRIZES HAVE NO CASH VALUE, WINNER NEED NOT BE PRESENT, PRIZES DO NOT INCLUDE TAX, TITLE, REGISTRATION OR INSURANCE

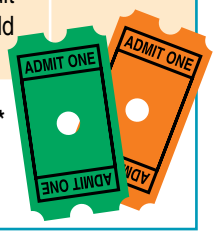
COLCHESTER PARKS & RECREATION

2019 Ticket Discounts

To purchase tickets, please contact Parks & Recreation at (860) 537-7297

DAY PASSES- Good Any Day	DISCOUNTED PRICE	GATE PRICE	SAVINGS
Six Flags New England	$41.00 per ticket	$67.99 per ticket $57.99 under 54"	$26.99 per ticket
Lake Compounce	$31.00 per ticket	$51.69 per ticket $40.69 under 52" per ticket	$20.69 per ticket
CT Science Center	$17.00 per ticket	$23.95-Adult $16.95-Child	

ALL TICKET SALES ARE FINAL



SAVE THE DATE
CELEBRATE COLCHESTER-57 FEST

SATURDAY SEPTEMBER 21, 2019

DETAILS OF THE FUN TO COME!

CELEBRATE Colchester 57 FEST

Colchester and Parks Recreation

Food Fest, Concert & Corn Hole Tournament

Saturday, June 15, 2019 12 pm-5 pm
Colchester Town Green
Rain Date: June 29, 2019

Full day of family fun!

Corn Hole Tournament: **Teams of 2 players- $50**
There are multiple age divisions, and players may register in different divisions! A trophy is awarded to the Top 2 Teams in each division!

Food Festival: **Food Trucks & Other Food Vendors will be available from 12:00PM-5:00PM**
Confirmed Food Vendors are:
-Uncle D's Blazing BBQ -Greekin Out -The Classic Scoop Ice Cream
-JR's Lemonade Stand AND MORE TO COME!!

Summer Concert **3:00PM-5:00PM: The Leaf Jumpers!**
Leaf Jumpers have been making music together for over 20 years. The band brings a stage show filled with music of the 90's and 2000's as well as a few of their own originals. Fans of Counting Crows, Coldplay, REM and U2 will love Leaf Jumpers.

For more information, or to register for the Corn Hole Tournament, please call (860) 537-7297 or visit www.Colchesterct.gov/Recreation-Department

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Colchester and Parks Recreation

2ND ANNUAL TOWN-WIDE TAG SALE

SATURDAY AUGUST 3, 2019
RAIN DATE:
AUGUST 10, 2019

How it works:
1. You purchase your place on the map for $25 by submitting an application before July 19, 2019.
2. Beginning July 30, 2019, anyone can print the map from our website with the locations of all of the local tag sales!
3.Hold your tag sale at your house (or get together with neighbors)!

All proceed benefit the Colchester Recreation Scholarship Fund.

COLCHESTER RECPLEX SPLASHPAD

THE SPLASHPAD WILL OPEN FOR THE SUMMER IN JUNE 2019. THE EXACT DATE WILL DEPEND ON THE WEATHER.

THE SPLASHPAD IS OPEN TO THE PUBLIC SEVEN DAYS A WEEK FROM 8:00AM-8:00PM

NEW FOR SUMMER 2019: THE SPLASH PAD WILL BE OPEN FOR INDIVIDUALS WITH SPECIAL NEEDS FROM 9:00AM-10:00AM ON SATURDAYS.
DURING THIS TIME THE SPLASHPAD WILL BE CLOSED TO THE PUBLIC.

PARK RULES:
-Adult supervision is required at all times
-Watershoes are required
-NO Running

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SUMMER 2019

Colchester Recreation
DAY CAMP

June 24, 2019-August 23, 2019

****Dates subject to change based on Colchester Public School calendar*

Colchester Recreation is committed to the children of this community. The camp staff are chosen carefully and trained to provide campers with a fun, supportive atmosphere where everyone can learn new skills, make friends, and most importantly, develop self-confidence. Attending camp is an experience that children will never forget, and we want their time spent with us to be as positive as possible.

The goal of summer camp is to help participants grow in all aspects of their lives. By using a natural campsite and providing challenging activities in both small and large group settings, summer camp gives children an experience that will last a lifetime.

Our camp supports positive physical, intellectual, social and emotional development of our campers. Daily activities are specifically designed to enhance their competence, connections, character, confidence and contribution to our community.

Municipal camps are exempt from state licensing. Per Connecticut General Statute 19a-77 we are required to disclose that our programs are not licensed by the State Office of Early Childhood.

FACILITY:

Camp is held at the Colchester Recreation Complex (RecPlex) located at 215 Old Hebron Road, across from the golf course. The facility offers a variety of amenities, which includes playscapes, picnic pavilion, tennis & basketball courts, various ball fields, rest rooms, water splash pad and skate park.

THE STAFF:

Our program is only as good as the people who staff it! Many of our directors, specialists, and counselors are teachers and college students who have been participants themselves. Each member of our team brings their energy, knowledge and unique passion along with their goal to make a difference in the life of each camper every day. Our goal is to serve as professional role models and help each child gain skills and enhance his/her self-esteem.

Camp counselors are trained to highlight teachable moments and emphasize accomplishments and successes in all campers. All staff are required to receive a minimum of 12-16 hours of training before camp begins. We are very committed to maintaining and developing all of our camp staff.

COLCHESTER DAY CAMP

SUMMER 2019 CAMP CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
THEME: Water Games				
6/24/19 FIRST DAY OF CAMP!!	6/25/19 Water Limbo & Baby Pool Scrabble/Boggle	6/26/19 Slip & Slide Bowling	6/27/19 Water Balloon Toss & Obstacle Course	**6/28/19– FIELD TRIP** CT Science Center
THEME: Holiday Week				
7/1/19 Valentines Day	7/2/19 Halloween– Dress in Costume!	**7/3/19– FIELD TRIP/CAMP SWAP** Sear's Park– East Hampton	**7/4/19– NO CAMP** **4th of July Holiday**	7/5/19 Happy Un-Birthday! Party!
THEME: Around The World!				
7/8/19– SPAIN We are Alike– We Are Different Activity	7/9/19– AMERICA Native America & America	7/10/19- **INTERNATIONAL FEST**	7/11/19– TAHITI Professional Hula Lessons	7/12/19 **OLYMPIC DAY** Pay to Pie
THEME: Camp Has Talent!				
7/15/19 Duets with Friends (or Counselors)	7/16/19 Singing Bee/ Day Camp Sing Off	7/17/19 Red Cross Blood Drive – Location TBD African Drumming	7/18/19 Super Skits & Joke Telling Day **Field Trip: TBD**	7/19/19 CAMP WIDE DANCE PARTY Talent Show Starts at 2:00PM!
THEME: Camp-Wide Games				
7/22/19 Let's Work Together! Team Building Games	7/23/19 Scavenger Hunt & Human Treasure Hunts	**7/24/19– FIELD TRIP** Tiger Baseball Game	7/25/19 Capture the Flag & Large Group Games	7/26/19 **COLOR WARS** Pay to Pie
THEME: Planes, Trains & Automobiles				
7/29/19 Airplane challenge/Paper Airplane Contest	7/30/19 Will It Float? Boat & Stick Raft Building	7/31/19 Wild West Fair	**8/1/19 FIELD TRIP** New England Air Museum	8/2/19 Cardboard Vehicle Races
THEME: Superhero's		**Bottle & Can Drive**	**Food Drive**	
8/5/19 We are all Super Heroes! Dress as your favorite!	8/6/19 Super Heroes Training Day!	8/7/19 Are you Afraid?	**8/8/19-FIELD TRIP** SuperCharged Trampoline Park	8/9/19 Can you save the day? Super Hero Challenges!
THEME: Last Blast				
8/12/19 Water Games!	8/13/19 **Campardy Visits Camp!!**	8/14/19 Staff Vs. Camper Challenges	8/15/19 Camp Carnival/Ticket-2-Ride	8/16/19 LAST DAY OF CAMP!! Pay To Pie
THEME: ENCORE!	****Max 50 Children**			
8/19/19 Water Games	8/20/19 Winter Wonderland	8/21/19 We've Got Talent!	8/22/19 Camp-Wide Games	8/23/19 Mini Camp Carnival

Colchester Recreation
Day Camp

NEW FOR SUMMER 2019
Day Camp is for children entering Kindergarten-7th Grade in Fall 2019

Day camp operates from 9:00AM-4:00PM Monday through Friday. Extended care is available from 7:00AM-9:00AM & 4:00PM-6:00PM. There is no camp on July 4, 2019.

****Week 9-Minimum 25 children. Maximum 50 children. Camp will run from 9:00AM-4:00PM. No Extended Care.**

Day Camp Activity #: 4088

TYPICAL DAY AT SUMMER CAMP…
Throughout the day, campers will travel throughout the RecPlex facility and participate in a variety of activities. Every morning, all campers and counselors come together to get the camp energy going. During opening ceremonies the camp director welcomes everyone by singing songs and talking about the exciting events of the day. Day Camp has specialist-led activities campers will experience at some point in their day. The camp day ends with more camp songs and a brief reflection on all the fun had!

In our efforts to create the best possible experience for campers, weekly themes and daily activities are planned. Throughout the summer, counselors and Leaders In Training collaborate to plan and facilitate camp-wide activities, including a luau, camp idol, wild west fair, and our super popular international festival where campers experience food, crafts, and games from around the world!

SAMPLE GROUP SCHEDULE:

9:00AM-9:15AM:	Opening Ceremonies
9:15AM-9:30AM:	Group Time/Morning Group Check-In
9:35AM-10:15AM:	Sports & Games
10:20AM-11:00AM:	SplashPad
11:05AM-12:00PM:	Electives
12:00PM-12:30PM:	LUNCH
12:40PM-1:25PM:	Arts & Crafts
1:30PM-2:15PM:	Play Ground/Group Games
2:20PM-3:00PM:	Group Time/Activity Time
3:00PM-3:30PM:	Closing Ceremonies
3:30PM-4:00PM:	Camper Pick Up

FIELD TRIPS/ENTERTAINERS: Field trips are planned throughout the summer. In addition to field trips, performers and entertainers come to camp for some additional fun. Note: Trips & Performances are subject to change without notice.

ELECTIVES: Each week, campers will have the opportunity to participate in extra activities that are not part of the traditional day camp day. Electives may include: STEAM, Archery, Newspaper/Journalism, Nature and MORE!

CAMP FEES: Based on 1 week sessions

Monday – Friday
9:00 a.m.-4:00 p.m. $165** per week
***Price includes field trip fees and transportation costs*

Extended Care - AM
7:00 a.m. - 9:00 a.m. $35 per week
(Minimum of 10 children required)

Extended Care - PM
4:00 p.m. - 6:00 p.m. $35 per week
(Minimum of 10 children required)

One-time administrative fee per child $15

NEW Summer 2019! Three-Day a week option for Grades 6 & 7 ONLY! (8 Weeks)

Monday/Wednesday/Friday ONLY

Day Camp
9:00 a.m. - 4:00 p.m. $99 per week

Extended Care - AM
7:00 a.m. - 9:00 a.m. $21 per week

Extended Care - PM
4:00 p.m. - 6:00 p.m. $21 per week

One-time administrative fee per child $15

***To register for the partial week, search Activity #4103*

Registration deadline is 4:30PM on Monday the week before. After 4:30PM on Monday, registrations will only be accepted in person at the Recreation office, which is located in Town Hall. If space is available, a $25 late fee, per child, will apply. No registration paperwork will be accepted on-site at camp.

(Example: Deadline for Camp starting on Monday July 1, 2019 is 4:30PM Monday June 24, 2019. If space is available, registering after June 24, 2019 will incur the $25 late fee)

Colchester Recreation

Leader in Training Program

The Leaders in Training program (formerly the Counselor in Training program) is designed to teach teens (students entering 8th, 9th & 10th grade) important and valuable life-long leadership skills that they can use in school, in employment and in all aspects of their lives.

LITs work closely with a head counselor/mentor throughout the day. LITs help to provide supervision and plan fun activities for their group. LITs meet as a group with the LIT Director to develop their leadership skills, plan an activity or project, and discuss ways to be more involved in the community. The curriculum targets the development of skills such as: supervision, team building, accountability, communication, leadership, creativity, reflection, and responsibility. Seasoned LITs serve as mentors to new LITs which creates a welcoming community of teen leaders.

The Leader in Training Program should be respected as a first job. LITs are held to high standards of professionalism to train them for future leadership roles.

The **LIT-I** program is for students that have no previous experience working or volunteering with children. **The LIT-II** program is for students that have completed one or more years in the **LIT-I** program.

Applicants are not guaranteed a spot in the program. Positions are offered in 4 week sessions. To request a copy of the **LIT-I** & **LIT II** applications and reference requirements, please email parksandrec@colchesterct.gov. No application will be accepted and reviewed unless it is complete.

LEADER IN TRAINING FEES:

Based on a 4-Week Session

Monday-Friday (9:00AM-4:00PM)

Session #1: June 24, 2019-July 19, 2019
$200 Per Session

Session #2: July 22, 2019-August 16, 2019
$200 Per Session

Colchester Recreation

Preschool Enrichment Camp

New for Summer 2019, Colchester Recreation is offering 4 weeks of Preschool Enrichment for children 3 & 4 years old. Under the guidance and care of our Preschool staff, children are given a special and unique summer experience. The Preschool Enrichment program will be held at Colchester Elementary School.

Our program recognizes the social, emotional and developmental skill level of pre-school children. It provides a warm, nurturing atmosphere where our youngest children are encouraged to expand their horizons while feeling safe and cared for.

Preschool enrichment will run Monday-Friday. Parents can drop off at 8:30AM and pick-up time is 12:00PM. For an additional fee, on Tuesday, Wednesday & Thursday, Extended Care will be available until 3:30PM. Children must be potty-trained prior to starting.

Week 1: 7/8/2019-7/12/2019
Theme: Amazing Animals!

Week 2: 7/15/2019-7/19/2019
Theme: Community Heroes!

Week 3: 7/22/2019-7/26/2019
Theme: Under the Sea

Week 4: 7/29/2019-8/2/2019
Theme: Planes, Trains & Automobiles!

Activity #: 4124

Fees: **Weekly Fee:** $90.00
Extended Care Daily Fee: $20.00

Location: Colchester Elementary School

Days: Monday-Friday

Time: 8:30AM-12:00PM

Extended Care Option: 12:00PM-3:30PM (T,W,Th only)

Summer Camp Facts

at-a-Glance

REGISTRATION INFORMATION: Registration is available online at our website (www.colchesterct.gov/recreation-department) or in person at the Recreation office. Registration requires a 50% deposit. All balances must be paid in full 2 weeks prior to the start of the session. All costs associated with camp, with the exception of extended care, are covered in the weekly fee.

HEALTH ASSESSMENT: Health Assessment Records dated within 2 years of the exam date are required for all campers. Health Assessment records are required two weeks prior to your child attending Camp. Please email them to parksandrec@colchesterct.gov to complete your registration.

REGISTRATION DEADLINE: Registration deadline is 4:30PM on Monday the week before. After 4:30PM on Monday, registrations will only be accepted in person at the Recreation office, which is located in Town Hall. If space is available, a $25 late fee, per child, will apply. No registration paperwork will be accepted on-site at Camp.

(Example: Deadline for Camp starting on Monday July 1, 2019 is 4:30PM Monday June 24, 2019. Registering after June 24, 2019 will incur the $25 late fee)

ADMINISTRATIVE FEE: One-time administrative fee of $15 per child will be charged upon his/her initial registration and must be paid with the deposit.

EXTENDED CARE: Extended Care is available at an additional cost and is open to all campers. Games, sports, arts & crafts and other activities will be available for children. Extended Care AM opens at 7:00 AM. Extended Care PM closes at 6:00P PM. A minimum of 10 participants are required to offer this program.

FINANCIAL ASSISTANCE & PAYMENT PLANS: Colchester Recreation believes in making our camp affordable for all. There are several ways to pay for your summer camp.

1. Payment Plan- Payment plans are available to any family registering for camp. Payment Plans must be set up with a credit card and payments occur automatically. Please register and plan ahead so that your camp fees are paid 2 weeks prior to the start of each session.
2. Care4Kids assistance program- https://www.ctcare4kids.com/ Please allow plenty of time to submit your paperwork to Care4Kids. Families with new accounts must provide proof of acceptance into the program prior to registering for camp- please plan ahead and submit your forms to Care4Kids early!
3. Financial Assistance- An application for financial assistance is available by calling (860)537-7297. Financial Assistance determination is based on need and is made available on a first come, first serve basis. Funds are limited. A complete application is required prior to an award offer being made. Please allow up to 2 weeks to receive your notification of assistance.

CANCELLATION/REFUNDS: Colchester Recreation stands behind all of our community offerings. All programs, events and activities are self-funded and must cover all costs associated with the activity. With that in mind, we will gladly help all participants with any registration or refund requests to the best of our ability.

Program or activity refunds: Refund requests must be made in writing. Refunds will be given if requested at least two weeks prior to the start of the program. Any request made within two weeks of the start of the program will be issued as a credit to the participants' account for future use. Once the program has started, no refunds or credits will be issued unless the program is cancelled by Colchester Recreation. Certain programs and bus trips may have a different refund policy based on the contract. Participants with extenuating circumstances may request a review of their case by providing written documentation of their situation to the Recreation Director. A $15 cancellation fee will be charged for all refunds and credits requested by a participant.

INCLEMENT WEATHER: If it is raining or if there is extreme heat, camp will be held at William J. Johnston Middle School. If a weather situation arises during the camp day and the decision is made to relocate children, all children will be transported by bus to the alternate location. Campers will be accompanied by their counselors during the relocation process. Parents will be notified. We reserve the right to transport/bus campers locally as needed (rainy days, special events, etc.).

AUTHORIZED RELEASES: Camp staff will release your child only to authorized persons identified on the child's registration form. Staff members will ask for identification-Please have your photo ID ready.

- In the event an unauthorized person needs to pick your child up, parents must provide written notification at drop off that day.
- If an emergency or unexpected need should arise for an unauthorized person to pick up your child, please contact Colchester Recreation at (860) 537-7297. Please leave a number you can be reached at and wait for someone to call you back to confirm your request.
- No child will be released to any individuals without proper ID

LATE PICK UP: There is a $5.00 late charge for every 5 minutes or part thereof that a parent is late picking up a child.

MEDICATION: If your child requires prescription or over the counter medication during the camp day, please request the medical form from the Parks and Recreation office. An Authorized Medication Form will be provided for the parent to fill out. Each form must be completely filled out including signature and date, and signed by the child's doctor.

Medication will not be permitted at camp without proper documentation.

Medications will only be administered under the following guidelines:

- Prescription medication must be in its original container with the child's name, address, and dosage instructions listed.
- Medications are to be given to the Colchester Recreation office, one week prior to the child's attendance at camp. The Recreation Office will ensure that all paperwork associated with the medication is complete and will deliver the medica-

tion to the appropriate camp staff.

- No medication is to be given to camp staff directly, without prior authorization from the Recreation office.
- Medication is not to be left with the child (in backpacks/ bags etc.) This includes all prescription & non-prescription medications, including but not limited to inhalers and epi-pens and topical medications.

GROUP PLACEMENT: At Camp, children are placed in groups according to the age of the participant. Summer camp is a great place to meet new friends!

BEHAVIOR MANAGEMENT: Discipline and guidance shall be consistent and based on an understanding of the individual needs and level of development of each child. Care will be taken to ensure that all rules and limits are clearly explained to the children frequently, so they understand them and feel secure the adults in charge care enough to keep them safe.

Developmentally appropriate methods of behavior management will be used in dealing with unacceptable behavior. These techniques include: distraction, redirection, gentle reminders, offering acceptable choices, natural consequences, and when absolutely necessary, "renewal time" (time away from the situation to relax and renew self-control).

Repeated behavior which threatens the physical and/or emotional safety of the child, other children or staff (i.e.: hitting, biting, verbal assault, kicking, throwing objects, pushing, and temper tantrums) will result in suspension, with possible termination of the child from camp.

LUNCH: Lunches, drinks, and snacks are to be brought from home every day. Please make sure your child's name is written on all containers. All children will have a set lunch time to sit and eat with their group. Please pack your child with a large re-fillable water bottle. We do not have access to refrigeration or heating for snacks or meals. Snacks are recommended and should be non-refrigerated items such as crackers or granola bars. All lunches must be cold - unless you have a thermos to keep food warm. We are not able to cook or heat up lunches. Due to severe allergies, **we are a peanut/tree nut free camp**. Please do not pack any foods that contain peanuts or tree nuts.

WHAT TO BRING & WHAT NOT TO BRING TO CAMP:

Please make sure your child's name is on everything he/she brings to camp!

Items that SHOULD be brought to camp:

- Bathing suit
- Sunscreen (spray)
- Towel
- Hat
- Healthy Lunch (with name on it)
- Snacks
- Insect repellent (Spray)
- Refillable water bottle
- Children must wear sneakers daily. No open toed shoes or sandals. Water shoes are **required** for the splash pad. A child will not be permitted to use the splash pad if he/she does not have appropriate footwear.
- Weather appropriate clothes
- *Sunscreen and insect repellent must be applied prior to arriving (Staff will have the children reapply during the day)

Items that should NOT be brought to camp:

- Toys from home
- Cell Phones
- Electronics (portable gaming devices, music players etc.)
- Trading Cards (Pokeman etc.)
- Candy/Gum
- Glass bottles
- Pocket knives and weapons of any kind

Colchester Recreation is not responsible for any lost or stolen items at camp. Camp staff will confiscate items not allowed at camp and will return them to a parent/guardian at the end of the day.

Our Summer Program is a physical experience each day. Please understand that your child may come home dirty & tired.

LOST AND FOUND: We will do our best to return marked items, but we cannot guarantee the return of unidentified articles. All unclaimed items will be kept for one week. All unclaimed items will be donated. Your child's name should be on everything that he or she brings to camp. The Lost & Found is located outside of the Camp Director's office.

PHOTO PERMISSION: Participants permit the taking of photographs and video of themselves and their children during recreation activities for publication and use by the Recreation Department for promotional purposes unless otherwise stated.

INSURANCE INFORMATION: Colchester Recreation is unable to assume responsibility for injuries/accidents occurring at programs or on park facilities.

To find out the most current information on Recreation programs & special events, and to sign up for Recreation alerts & Day Camp alerts, please visit our website at www.colchesterct.gov/recreation-department and then click the "Subscribe" link at the bottom of the page.

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Colchester and Parks Recreation

CAMP REGISTRATION FORM 2019

NO registration will be completed without payment and health forms!

Child's Name: _____ Date of Birth: _____/_____/_____ Grade in Fall 2019 ____

Mailing Address: _____

Parent's/Guardian's Name: _____ Relation to Child: _____

Day Phone: _____ Evening Phone: _____ Cell Phone: _____

Email Address _____

Parent's/Guardian's Name: _____ Relation to Child: _____

Day Phone: _____ Evening Phone: _____ Cell Phone: _____

Email Address: _____

Unless informed otherwise, Colchester Recreation assumes both parents listed above may pick up the child. If a parent may not pick up the child, legal proof is required.

Emergency Contacts: In case of emergency, and Colchester Recreation is unable to reach the parents/guardians listed above, the following individuals have permission to make decisions regarding the care of my child, including permission to pick up my child from the Colchester Recreation at any time if necessary.

Emergency Contact: _____ Phone: _____

Address: _____ Relation to Child _____

Emergency Contact: _____ Phone: _____

Address: _____ Relation to Child _____

Child Pick-Up Authorization: I give permission for my child to be released from Colchester Recreation program to the people listed below at any time. I understand that Colchester Recreation staff requires these people to furnish Photo Identification before releasing my child.

Authorized Individual #1: _____ Phone: _____

Authorized Individual #2: _____ Phone: _____

Please list any individuals NOT authorized to pick up my child(ren). Colchester Recreation requests any and all legal documents (court documents etc.) that prevent someone from having access to a child.

_____

Please list any allergies, medications, or previous conditions which we/instructor should be aware of (i.e. ADD, ADHD, Hearing impaired, visually impaired, Special Ed, Allergies i.e., Nuts, Dairy, Bee Stings, Latex, EPI PEN use, etc.

_____

Does participant need an accommodation due to a disability to enjoy this activity? Yes _____ No _____ i.e., wheelchair access
If yes, you will be contacted for more information.

I agree to provide Colchester Recreation a copy of my child's Health Assessment Form, signed by a doctor, that is no more than two year's old. Yes_____ No_____

I understand that if I fail to provide Colchester Recreation with the appropriate Health Assessment Forms by the date agreed upon, that my child(ren) will not be allowed to participate in Summer Camp. Yes_____ No____

Name of Camper's Doctor: _____

Phone Number of Camper's Doctor: _____

PARENT/GUARDIAN AGREEMENT I understand:
1. Any registration or deposit fee is non-refundable, non-transferable.
2. I am responsible for the cost of all medical treatment and care.
3. The information on this form is complete and accurate. I have provided Colchester Recreation with all of the necessary information to properly care for my child's needs.
4. I must notify Colchester Recreation staff in writing immediately of any changes to this form.

Parent Initial: _____

Please check if you agree:
____ Colchester Recreation has permission to use photographs of my child in promotional materials such as brochures, ads, televisions/videos, website, or newspaper releases. I will not be informed or reimbursed for such photographs.
____ I give permission for Colchester Public School to share information to Colchester Recreation, regarding my child to promote safety and well-being for all participants.

MY SIGNATURE ACKNOWLEDGES MY UNDERSTANDING OF AND AGREEMENT TO THE ABOVE.

ASSUMPTION OF LIABILITY
Participation in the activity may involve risk of injury. As a parent, guardian or participant, I am aware of these hazards and my ability to participate. I hereby agree to release, discharge and hold harmless the Town of Colchester, its employees, contracted instructors and volunteers from the liabilities which may occur while participating in the activity. I understand that participation in any recreational or sporting activity involves risk. I further understand that the Town of Colchester does not provide accident/medical insurance for program participants. In addition, I give permission for the participant to be treated by qualified medical personnel in the event that the above named parent/guardian cannot be reached at the phone numbers provided.

Signature of Parent/Guardian _____Date: _____

Register online at www.colchesterct.gov/recreation-department

PAYMENT (*DO NOT MAIL CASH*): Online- credit card; Mail- check; In Person- cash, check or credit card

Check # _____ Make checks payable to: **Town of Colchester**

Credit Card #: _____Expiration date on card: _____CCV #: _____

Type of Care (Please Circle): Visa Master Card American Express Discover

Name: _____ Signature: _____

Participant Name	Weeks	AM	PM	Cost
				$
				$

Non-Resident Fee: $20.00

Administrative Fee: $15.00

TOTAL DUE: _____

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Youth & Adult Activities

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Little Dragons Martial Arts #4167 4:15PM-4:45PM (M&W)	**Martial Arts for Kids** #4166 9:00AM-9:30AM (T&TH)		**Basic Dog Obedience** #4169 6:00PM-7:00PM	**Adult Golf Lessons** #4142 8/2/19-8/30/19 6:00PM-7:00PM	**Sounds of the 60's Bus Trip** 6/8/19 #4125 7:00AM-7:30PPM
All Levels Community Yoga in the Park #4154 6:30PM-7:30PM	**Yoga for Seniors** #4146 4:45PM-5:45PM				**Basic Dog Obedience** #4168 9:00AM-10:00AM
Tennis Lessons-Adult Beginner #4152 6:00PM-7:00PM	**Zumba for Kids** #4172 5:30PM-6:15PM				**Tennis Lessons Youth** Grades 1st- 4th #4150 10:00AM-11:00AM
Tennis Lessons-Adult Intermediate #4151 7:00PM-8:00PM	**Zumba** #4145 6:30PM-7:30PM				**Tennis Lessons Youth** Grades 5th- 8th #4149 11:00AM-12:00PM
	PiYo LIVE #4156 6:30PM-7:30PM				**Water Safety Course for Children** 6/29/19 #4171 10:00AM-11:30AM
	EQ for 2 7/9/19 #4144 6:30PM-8:00PM				**Adult Golf Lessons** #4174 6/1/19-6/29/19 7:00PM-8:00PM
	Back to School for Parents 8/13/19 #4143 6:30PM-8:00PM				

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Adult Health & Fitness

All Levels Community Yoga in the Park

Brand new yogis and seasoned practitioners alike will love this class designed for all levels. You will discover increased concentration, a stronger sense of awareness, improved strength and balance, and greater flexibility. A great introduction for beginners, or an opportunity to invite peace and relaxation for more experienced practitioners. No previous yoga experience is necessary. Props such as blocks, bolsters and straps are encouraged to help create your best experience. This class is held outside on the lawn. Class will be held at Ruby Cohen Woodlands, 96 McDonald Road, Colchester. Bring a yoga mat and water bottle. Class is 6 Weeks. Please remember that this is an outdoor class and to dress appropriately for the changing weather.

Activity# 4154
Date: 7/8/19-/8/12/19
Day: Mon
Time: 6:30PM-7:30PM
Location: Ruby Cohen Woodlands, 96 McDonald Road, Colchester, CT 06415
Fee: Res. $45/Non-Res. $65, Min. 8/Max 30
$10.00 Drop In Fee
Ages: 16 & up
Instructor: Bellenoit, Monique
Registration Deadline: 7/1/19

PiYo LIVE

PiYo is Pilates and Yoga inspired, combining the muscle-sculpting, core-firming benefits of Pilates with the strength and flexibility benefits of Yoga. It's a true fat-burning, low impact program that will get you incredibly defined. Participants will burn fat, build strength, gain endurance and most of all, HAVE FUN! 6 Week Class.

Activity # 4156
Date: 7/9/19-8/13/19
Day: Tues
Time: 6:30 PM - 7:30 PM
Location: JJIS Room #120
Ages: 16 & up
Fee: Res. $45/Non-Res. $65, Min. 11/Max. 25 ,
$10.00 Drop-In Fee
Instructor: Efthimiou, Stephanie
Registration Deadline: 7/2/19

Yoga for Seniors

Gentle Yoga is perfect for age 55 and over to explore yoga postures, breathing techniques and meditation. Yoga improves your balance and strength, stretches your entire body, focuses your mind and calms your emotions. All levels of fitness or yoga experience are welcome. Bring a yoga mat and water. 6 Week Class

Activity # 4146
Date: 7/9/19-8/13/19
Day Tues
Time 4:45 PM - 5:45 PM
Location: JJIS Room 120
Ages: 55 & up
Fee: Res. $45/Non-Res. $65, Min. 8/Max. 30
Instructor: Beauregard, Anne
Registration Deadline: 7/1/19

Zumba

Zumba eliminates the "work" from "working out" by combining irresistible Latin & International music with dynamic yet simple exercise moves to create a fun, energetic fitness program. Zumba utilizes the principles of fitness interval training and resistance training to maximize calorie output, fat burning and total body toning. No dance experience required! Ages 14 & up welcome to participate. Class is 6 weeks.

Activity # 4145
Date: 7/9/19-8/13/19
Day: Tues
Time: 6:30 PM - 7:30 PM
Location: JJIS Room 79
Ages: 14 & up
Fee: Res. $45/Non-Res. $65, Min. 8/Max.25,
$10.00 Drop-In Fee
Instructor: Belanger, Dana
Registration Deadline: 7/2/19

Personal Trainer & Instructor

We understand that some people feel more comfortable learning at their own pace, with more individualized instruction. We can help you achieve your goals with our wonderful program staff. Fees will be based on the cost of the instructor and amount of time scheduled. We will work with you to find the right person to help you achieve your goals. There is no commitment until all parties reach a written agreement. For more information, please email parksandrec@colchesterct.gov or call (860) 537-7297

Adult Enrichment

EQ for 2

Grab your significant other for a Date Night, bring a family member or a friend you'd like to be closer to, or come alone and grow your relationship skills! Join us for this fun, insightful and interactive seminar that can make your relationship bloom! We'll discuss certain emotional intelligence competencies that will enhance your communication and help you resolve conflicts more easily and with respect. We'll also discuss techniques to truly understand each other better and bring you closer- not to mention bring each of you health and happiness!

Participants will:

- Learn techniques for better communication
- Understand the six conflict styles and better ways to resolve conflict
- Learn the benefits (physical and mental) of empathy and compassion

Activity # 4144
Dates: July 9, 2019
Day: Tuesday
Time: 6:30PM-8:00PM
Location: Colchester Town Hall Room #3
Fee: $30.00 Res/$50.00 Non-Res.
Instructor: Dest, Paige
Registration Deadline: 7/5/19

Back To School…For Parents!

It's Back to School for Parents! Learn ways to help your child transition back to school! We'll cover how to help your child recognize and deal with a range of emotions, including anxiety and fear. You'll learn ways to help them develop strategies to build confidence and make new friends.

Participants will learn:

1. What emotions actually are.
2. What emotional hijack is.
3. Why children don't think like us.
4. Techniques to work with their child to understand their emotions
5. Ways to help their child build strategies for dealing with anxiety and fear.
6. Methods to help their child build confidence.

***NOTE: This class does not cover anxiety or fear due to trauma*

Activity # 4143
Dates: August 13, 2019
Day: Tuesday
Time: 6:30PM-8:00PM
Location: Colchester Town Hall, Room #3
Fee: $40.00 Res/$60.00 Non-Res.
Instructor: Dest, Paige
Registration Deadline: 8/10/2019

Basic Dog Obedience

A six-week basic obedience course using positive reinforcement training methods. Each session will run for one hour. This course will teach you and your dog how to effectively communicate with each other while learning all of the basic obedience commands. First session is humans only. All dogs must be leashed with a non-retractable leash. Please bring a water bowl & water as well as waste clean-up bags. Only one dog per handler.

Paws to the Wall Dog Training teaches positive reinforcement training to help families and their dogs with behavior, obedience, and communication skills. Owner Kevin Williams has over 8 years experience working in basic and advanced obedience training, as well as agility, aggression, and service dog training. Kevin enjoys helping families integrate their canine companions into their family unit and works with clients in both group and individual settings. Kevin is Canine Good Citizen certified and provides lessons and testing for the CGC test.

All canine participants must provide proof of rabies and distemper. The Bordetella vaccination is recommended as well. Dogs with canine or human aggression are not recommended for this course. Please contact Parks & Recreation if you have any questions.

SESSION I:
Activity # 4168
Date 7/6/19-8/10/19
Day Sat
Time 9:00AM-10:00AM

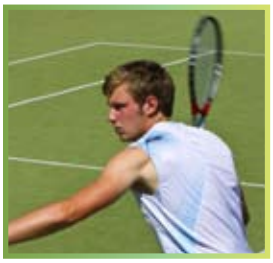
SESSION II:
Activity # 4169
Date 7/11/19-8/15/19
Day Thur
Time 6:00PM-7:00PM

Location: Ruby Cohen Woodlands
Fee: $150.00 Res./$170 Non-Res.
Ages: 18+, Min.4/Max.8
Instructior: Williams, Kevin
(Paws To The Walls Family Dog Training)
Registration Deadline: 7/1/19

Register online at:
www.colchesterct.gov/recreation-department

Adult Sports

Tennis Lessons Adult Beginners



Dust off your racquet and brush up on your strokes. Tennis is a great way to have fun and improve your coordination and agility while burning calories. In the beginner class, the instructor will teach the basic strokes and get you playing. Implement your skills through drills and games. Participants will be grouped by ability level. 4 Weeks.

Activity # 4152
Date: 7/8/19-7/29/19
Day: Mon
Time: 6:00 PM-7:00 PM
Location: RecPlex Tennis Courts
Ages: 18 & up
Fee: Res. $59.00/Non-Res. $79.00; Min. 4/Max.7
Instructor: Hipsher, Jonathan
Registration Deadline: 7/1/2019

Tennis Lessons Adult Intermediate

Dust off your racquet and brush up on your stroke! Tennis is a great way to have fun, improve your coordination and agility while burning calories. The Intermediate is for those looking to advance their game with strategy. Implement your skills through drills and games. Participants will be grouped by ability level. 4 weeks

Activity # 4151
Date: 7/8/19-7/29/19
Day: Mon
Time: 7:00 PM-8:00 PM
Location: RecPlex Tennis Courts
Ages: 18 & up
Fee: Res. $59.00/Non-Res. $79.00; Min. 4/Max.7
Instructor: Hipsher, Jonathan
Registration Deadline: 7/1/2019

Tennis Ladder Adult Singles - (Ladder Format)

The 2019 Colchester Adult Recreational Tennis League is open to any interested Colchester and non-Colchester residents age 16 and over. The league will utilize an online tennis ladder system which will maintain match schedules, results, standings and ratings. The tennis program will run from spring to summer and be played at the Colchester Tennis Rec Complex or Bacon Academy courts. We are hoping to start in mid-May and finish play into late Sept as weather permits. Actual schedule dates and times will be distributed on weekly basis as signups are completed and allow for flexibility to meet your personal needs. The fee is $30 per Colchester resident and $40 for non-Colchester residents.

To register, visit www.Colchesterct.gov/Recreation-Department, click on "**Register Online**" then search by **Activity #4155**

If you are interested or have further questions please call or email:

Don @ *dpizzoferrato3@gmail.com* (860) 967–8870 or
Dan @ *dweinick@upmet.com* (860) 575-4063

Adult Golf Lessons

Lessons focus on putting, chipping, bunker play, full swing, etiquette, and course management. Each participant will receive a video analysis of their swing. All participants should bring their own golf clubs, however, clubs will be available for use for anyone in need. The registration fee is all inclusive, with the first session taking place at the Chanticlair Golf Course practice putting green. 5 weeks

Activity # **4174:** 6/1/19-6/29/19
4142: 8/2/19-8/30/19
Day: **4174:** Sat
4142: Fri
Time: **4174:** 7:00PM-8:00PM
4142: 6:00PM - 7:00PM
Location: Chanticlair Golf Course
Ages: 18 & up
Fee: Res. $90/Non-Res. $110; Min. 4/Max. 8
Instructor: Walsh, Matt
Registration Deadline: 5/24/19 & 7/26/19

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Kayak Rentals

Colchester Recreation has 5 single person Kayaks, life-vests & paddles for rent. Participants are responsible for the loading, unloading and transporting kayaks to and from all destinations. Reservations are required 48 hours in advance. Various sizes and brands are available.

A $50.00 refundable security deposit is due at the time of reservation. Security Deposit is required by check, along with a copy of the participant's driver's license. Kayaks are available to rent at a cost of $25.00 per day or $50.00 for an entire weekend. Drop off & Pick up is required during regular business hours (8:30AM-4:30PM Monday-Friday). For a weekend reservation, kayaks must be returned by 10:00AM on Monday. Participants reserving kayaks must be 18 years and older. For more information and to reserve your kayak, please contact Colchester Recreation at (860) 537-7297.

FIND US ON:

Youth Activities & Specialty Camps

Little Dragons Martial Arts

See your child develop more focus, self-discipline, respect and self-control in a structured activity. This program is designed to work on life skills while learning practical self-defense. Burn off some energy in a fun structured educational class that offers a "Mat Chat" to develop respect. Meets both on Monday and Wednesday. 5 weeks.

Activity # 4167
Date: 7/8/19-8/7/19
Day: M & W
Time: 4:15 PM – 4:45 PM
Location: 360 Defense Martial Arts
Ages: 5-6
Fee: Res. $50/Non-Res. $70; Min.4/Max. 8
Instructor: Hesser, Robert
Registration Deadline: 7/1/19

Martial Arts for Kids

This program teaches a special character-based system of Martial Arts to kids in a fun and interactive way. Your child will learn to kick, punch, and defend him/herself-and will build on goal-setting, confidence, and the lifelong benefits of self-discipline, focus and respect. Meets both Tuesday & Thursday. 5 weeks.

Activity # 4166
Date: 7/9/19-8/8/19
Day: T & Th
Time: 9:00AM-9:30AM
Location: 360 Defense Martial Arts
Ages: 6-10
Fee: Res. $50/Non-Res. $70; Min.4/Max. 12
Instructor: Hesser, Robert
Registration Deadline: 7/1/19

Tennis Lessons for Youth- Grades 1st-4th

Children will learn the ABC's (agility, balance & coordination) of tennis that are so important for athletic development. Emphasis is on learning the basic strokes of tennis through a game based approach with the use of low compression balls, smaller nets and racquets which encourages a successful experience. Children will be grouped by age and experience level. 4 weeks.

Activity # 4150
Date: 7/6/19-7/27/19
Day: Sat
Time: 10:00AM-11:00AM
Location: RecPlex Tennis Courts
Grades: 1st-4th
Fee: Res. $59/Non-Res. $79.00; Min. 4/Max. 7
Instructor: Jonathan Hipsher
Registration Deadline: 7/1/19

Water Safety Course for Children

Learning how to swim is an essential component to preventing water related accidents. Colchester Recreation believes that water safety is imperative to the safety of all children and is committed to preventing water-related injuries and fatalities. This event is a starting point for children to learn how to make safe choices, increase physical fitness, and prevent injuries and act in emergency and rescue situations.

This on-land course is designed in a fun and engaging way for children ages 3 years-11 years old.

Activity # 4171
Day: Sat
Date: June 29, 2019
Time: 10:00AM-11:30AM
Location: Colchester RecPlex Pavilion
215 Old Hebron Road, Colchester, CT
Fee: FREE TO RESIDENTS
Instructor: Quinn, Tiffany
Registration Deadline: 6/21/19

Tennis Lessons for Youth- Grades 5th-8th

Children will learn the ABC's (agility, balance & coordination) of tennis that are so important for athletic development. Emphasis is on learning the basic strokes of tennis through a game based approach with the use of low compression balls, smaller nets and racquets which encourages a successful experience. Children will be grouped by age and experience level. 4 weeks.

Activity # 4149
Date: 7/6/19-7/27/19
Day: Sat
Time: 11:00 AM - 12:00 PM
Location: RecPlex Tennis Courts
Grades: 5th – 8th
Fee: Res. $59/Non-Res. $79.00; Min. 4/Max. 7
Instructor: Jonathan Hipsher
Registration Deadline: 7/1/19

ZUMBA for Kids!

Kids 4-9 years old get the chance to socialize with friends and jam out to their favorite music. Zumba Kids, Jr classes are rockin', high-energy dance parties packed with kid-friendly routines. We break down steps, add games, activities and cultural exploration elements into the class structure. This class helps develop a healthy lifestyle and incorporate fitness as a natural part of children's lives. Classes incorporate key childhood development elements such as leadership, respect, team work, confidence, self-esteem, memory, creativity, coordination, balance, cultural awareness. Class is 6 Weeks

Activity # 4172
Date: 7/9/19-8/13/19
Day: Tues
Time: 5:30 PM - 6:15 PM
Location: JJIS #79
Fee: Res. $45.00/Non-Res. $65.00; Min. 5/Max. 10 ; $10.00 Per Class Drop In Fee
Ages: 4-9
Instructor: Bellanger, Dana

JR. Golf Camp

Your child will enjoy a fun and developmental approach to golf instruction by learning golfing etiquette, full swing instruction, putting, and short game techniques. Instructed by PGA Golf Pro, Matt Walsh, this camp is perfect for beginning to intermediate junior golfers. Program is located at Chanticlair Golf Course. 4-day program.

Activity # 4160
Date: 7/15/19-7/19/19
Day: MTWTh (Rain Make Up F)
Time: 9:00AM-12:00PM
Location: Chanticlair Golf Course
Ages: 6yrs +
Fee: Res$175/Non-Res. $195; Min.4/Max. 8
Instructor: Walsh, Matt
Admin Fee: $15.00 per child
Registration Deadline: 7/9/19

Horseback Riding Camp

Join us this summer for Horse Back Riding Summer Camp! This is a great way to introduce your child to learn about horses and riding. Throughout the day, the children will learn Horse Care, Tack & Safety and they will have a formal lesson (Children that are enrolled for the Full Day Session will have 2 lessons per day). Children will also participate in Arts & Crafts and other games! On the last day of camp (Friday) the Farm will host a pizza party for all campers at lunch time! Children ages 5 & 6 are encouraged to register for the Half Day program.

Camp will be offered the following weeks:

June 24, 2019-June 28, 2019

July 8, 2019-July 12, 2019

August 5, 2019- August 9, 2019

Camp will be offered in three sessions:

AM Half Day- 9:00AM-12:00PM- $380.00 per Week

PM Half Day- 12:30PM-3:30PM- $380.00 per Week

Full Day- 9:00AM-3:30PM- $500.00 per Week

One Time $15.00 Administration Fee per child

Activity# 4165

***Extended care from 8:00AM-9:00AM & 3:30PM-5:00PM is available for an additional fee. This must be coordinated through the Stable.*

Location: Showtime Stables, 51 Clark Gates Road, Moodus CT

Ages: 5yrs-13yrs; No Prior Horse Back Riding Experience necessary
Min 4/Max 15

Required Equipment: Boots with at least a ¼ inch heel, long pants and a helmet.

E.Y.E.S LEGO CAMP

We provide opportunities for children ages 5-9 to explore problem solving activities using a hands on approach to their learning and higher order thinking. We have four programs using LEGO as the tool for experiential learning and reinforcing S.T.E.A.M. concepts:

1. **Building Up S.T.E.A.M.! (Ages 5-6)** - Children are beginning to explore simple machines using LEGO early childhood materials.

Time: 8:30AM-11:30AM
Location: To Be Determined

2. **S.T.E.A.M. Works! (Ages 7-9)** - Children are working with standard LEGO materials to problem solve pre-engineering challenges involving structure, levers, gears, pulleys, and other elements of simple machines.

Time: 12:30PM-3:30PM
Location: To Be Determined

Activity #: 4173
Fee: $115.00 Per Week; $15.00 Administrative Fee per child;
Min.10/Max.24
Date: July 29, 2019- August 2, 2019
Registration Deadline: 7/22/2019

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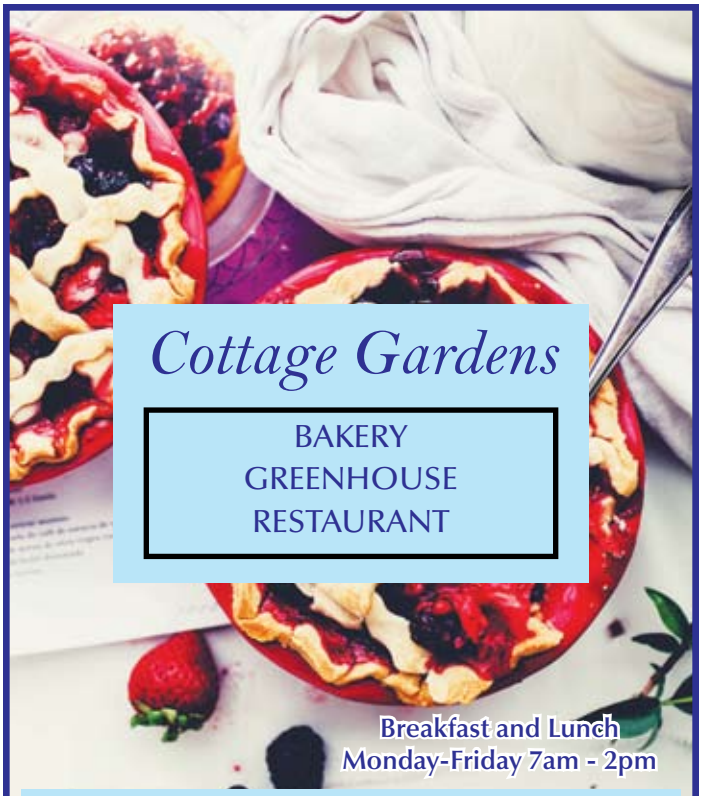

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General Information

Insurance Information

We are unable to assume responsibility for injuries/accidents occuring at programs or on park facilities. Such insurance would make programs & user fees prohibited.

Photo Permission

Participants permit the taking of photographs and videos of themselves and their children during activities for publication and use for promotional purposes unless otherwise stated.

Inclusion Policy

Colchester Parks & Recreation recognizes that every person is unique and brings with them a wide range of skills and abilities. We continuously strive to provide challenging experiences so that all can achieve their full potential. As such, we encourage and support individuals with disabilities to fully participate in all programs offered by our department. Please let us know how we can accommodate you.

The town of Colchester abides by all guidelines of the 1990 Americans with Disabilities Act (ADA).

Program Changes

Every effort has been made to ensure the accuracy of the information presented in this program guide. However, all courses, instructors, locations and fees described are subject to change.

Weather/Cancellation Policy

Please check our website at: **www.colchesterct.gov/recreation-department** for weather cancellations. If there is no school, there are no programs unless otherwise noted.

How To Register

Online

For your convenience, registrations can be done online.

- Simply go to **www.colchesterct.gov/recreation-department** to set up an account. All major credit cards accepted. So EASY!
- Payment plans can be set up online too.

**Please call the office for assistance with coupons, credits, transfers & refunds.*

Walk in/ Mail in or Drop off

If you would like to pay by check or cash please set up your online account, then

- Registrations are done on a first come first serve basis.
- Visit the Recreation Office in the Town Hall to register & make your payment in person.
- Office Hours: Monday – Friday 8:30 a.m. to 4:30 p.m.
- Mail registration form and check to Parks & Recreation, 127 Norwich Ave., Colchester, CT 06415.
- Include registration form and check in sealed envelope and use the 24/7 drop box outside the main entrance to the Town Hall.
  - Please make checks payable to "Town of Colchester"

Benefits of online Registration

- ALL programs are online so you won't miss anything!
- Convenient! Register from home and register right up until the first class begins (Minimum are set for each class so register early)
- Secure website
- You manage your family account!
  - Keep personal information current and accurate i.e. update phone numbers, medical information, pick up authorization etc.
  - View/print your registration history, receipts, class dates etc.
  - View account balances, schedule payments for payment plans
  - Print personal reports for tax purposes or dependent care reimbursement

Return Check Fee:

All checks returned for non-sufficient funds (NSF) will be charged an additional $20 fee.

Concussion Training, Signs and Symptoms:

Per CT Statute, we must inform you of the signs and symptoms of a concussion. Please review this link for more information:

http://www.cdc.gov/headsup/youthsports/index.html

Program Information

Per Connecticut General Statute 19a-77 we are required to disclose that our programs are not licensed by the State Office of Early Childhood.

Refund Policy

Colchester Parks & Recreation stands behind all of our community offerings. All programs, events and activities are self-funded and must cover all costs associated with the activity. With that in mind, we will gladly help all participants with any registration or refund requests to the best of our ability.

Program or activity refunds: Refund requests must be made in writing. Refunds will be given if requested at least two weeks prior to the start of the program. Any request made within two weeks of the start of the program will be issued as a credit to the participants' account for future use. Once the program has started, no refunds or credits will be issued unless the program is cancelled by Colchester Recreation. Certain programs and bus trips may have a different refund policy based on the contract. Participants with extenuating circumstances may request a review of their case by providing written documentation of their situation to the Recreation Director. A $15 cancellation fee will be charged for all refunds and credits requested by a participant.

Reservation/Rental refunds: No refunds will be issued for reservation or rental fees paid to secure any date at a field, park or pavilion.

Cancellation Policy

Programs may be cancelled if the minimum number of registrations are not met. In the case of inclement weather, please call the Recreation Office at (860) 873-5058, or check the website. Emails are often sent to registered participants of each program to notify them of program cancellations.

PLEASE READ!

LOW ENROLLMENT PROCEDURE

The Early Bird Gets the Worm! Don't let a great program get canceled due to low enrollment!

REGISTER EARLY!

If a program does not meet its minimum enrollment number one week prior to the start of the program, it will be cancelled.

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Day Pond State Park:

Located off Rt. 149/Westchester Rd., the park offers hiking, fishing, swimming and picnic areas. More information is available online at: www.ct.gov/deep or by calling (860) 295-9523.

Salmon River State Park:

With multiple parking locations off of Rt. 16 in Westchester, the park features a covered bridge, fishing, hiking and picnic areas. For more information, go to: www.ct.gov/deep or call (860) 295-9523.

Chanticlair Golf Course:

www.Chanticlair.com

This nine-hole, public golf course is located at 288 Old Hebron Rd. in Colchester and includes an adjacent driving range.

Colchester Recreation Complex (RecPlex):

Located at 215 Old Hebron Rd., the RecPlex offers softball, baseball and soccer fields; basketball, tennis and horseshoe courts; walking trails; two playscapes; a skate park; a splash pad; and a picnic pavilion with charcoal grills and picnic tables. For more information visit: www.colchesterct.gov or call (860) 537-7297. To reserve the RecPlex Pavilion, please read "Facility Reservation Process" section.

Schuster Park:

Located at 21 Mill Hill Rd. in Colchester, the park is operated by the Colchester Hayward Fire Department and features open fields and picnic pavilions. For more information call (860) 537-2512.

Lions Club Pond:

Located on Halls Hill Rd. between CES and JJIS; the park offers fishing, picnic, and (in the winter) ice-skating areas; and is open to the public. The park is operated by The Colchester Lions Club. For more information, go to: www.colchesterlions.org.

Ruby and Elizabeth Cohen Park:

Located on McDonald Rd., the park features picnic areas, a gazebo, hiking trails and a pond. For more information, go to: www.colchesterct.gov/recreation-department or call (860) 537-7297.

Airline State Park:

The trail offers scenic bike and walking trails and spans eleven towns. In Colchester, parking is available near Exit 16 off of Rt. 2, on Bull Hill Rd., at Salmon River. For more information, visit www.ct.gov/deep or call (860) 295-9523. A town-owned leg of the trail, the Colchester Spur, also extends from the main trail, and can be accessed near 187 Lebanon Rd.

Colchester School Grounds:

The playgrounds and sports fields at all town schools are available to the public only during non-school hours.

Town Green:

Located at the intersection of Norwich Ave. and Main St., the green is host to many town events. A gazebo and softball field are also located here. For more information call (860) 537-7297 or visit: www.colchesterct.gov for more information.

Smoking and Alcohol Prohibited in Park:

Please remember that smoking, alcohol and other narcotics are prohibited in the parks, as well as on school premises.

PLEASE RESPECT TOWN PROPERTY

Colchester Dog Park:

The park is located at 89 Old Amston Rd. and features separate areas for small and large dogs. Hours are open from sunrise to ½ hour before sunset. For more information visit: www.colchesterct.gov/recreation-department or call (860) 228-8139.

Dogs Must Be Leashed!

Town of Colchester ordinance requires dogs to be leashed on public property, including Town parks. Also, please clean up after your dog, as children play at these facilities.

Facility Reservation Process:

Group use of Colchester park facilities, school and recreation athletic fields, including the Town Green, must be coordinated through the Colchester Recreation Department. Reservations forms can be found online by visiting: www.colchesterct.gov/recreation-department. For help, call (860) 537-7297.

Craigin Memorial Library

8 Linwood Avenue
Colchester, CT 06415
860-537-5752
www.colchesterct.gov/library

Library Hours:

10:00 am - 8:00 pm Mon, Wed, Thurs
10:00 am – 5:00 pm Tues
10:00 am – 4:00 pm Fri & Sat

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The Library's collection of 67,000 items includes books, audio books, music CDs, DVDs, magazines, and newspapers for all ages to browse and borrow for free. The Library now offers access to an extensive downloadable collection of audio books and ebooks provided through a shared online catalog at http://libraryconnection.lib.overdrive.com.

Library programs for all ages are always free of charge. Many are listed here, but more are added all the time. All programs are listed in our monthly newsletter, available at the Library or online at www.colchesterct.gov/library. Or Find us on Facebook

How do I get a Library Card?

All Colchester residents are entitled to a Cragin Memorial Library card. Adults must present proof of identification and town residency to apply. Parents must give permission for their minor children to have library cards and present their own library card or ID and proof of residency. It takes about five minutes to receive a library card.

How do I use the Library's Public Computers?

Come in with your library card from any Connecticut town. Type in your library barcode number and receive up to two hours per day at one of our 18 public computers. Users from some towns may need to be registered in the Library's computer system before the first use of the system.

How do I use the Library's Free Wi-Fi?

Come in with your device and look for a Wi-Fi signal from Cragin Memorial and log in.

borrowIT CT

Since 1976 Connecticut residents have been able to use their hometown library cards in every public library across the state to borrow library materials. The State reimburses towns for serving non-residents. If you work or regularly travel to another town, remember that you can use your Cragin Memorial Library card at any other public library in Connecticut!

Visit the Library from Home—24 Hours A Day!

You can use the Internet to place and cancel holds, including Inter-Library Loans, review your account, and renew materials—all on your schedule!

How to Access Your Account

- Have your library card in your hand.
- Open your browser.
- Type in the Library's website:
- www.colchesterct.gov/library (and bookmark it!)
- Look for "Login" in blue letters in the upper right corner of the screen.
- Type your last name in the box labeled **Name**.
- Type your library barcode number in the box labeled **Barcode**.
- Click on the **Submit** button.
- Your name will appear in the upper right corner of the screen.
- Click on your name to check your account status.
- The next screen will show your account information, showing a list of checked out items.
- You can learn other account information by selecting other options:
  - Fines/fees
  - Holds
  - Reading History
  - My Lists
  - Messages

You've Got a Hold!

Want to know the minute a hold arrives at the Library for you?

Sign up for texting!

1. Log into your account in the online catalog.
2. Click on Edit Account, just below your name.
3. A pop-up window, "Modify Patron Account", will open.
4. Enter your cell number in the "Mobile Phone No." field, click on the "Opt In" check box, and click on Submit at the bottom of the page.
5. You will receive a text within a few minutes to confirm that you want to sign up. If you do, text back "YES".
6. You will receive a confirmation message within a few minutes to confirm that you have signed up.

Texts will be sent within a few minutes of an item arriving for you.

Please Note: *The Library will only send hold alerts, no other messages. Only one library account can be linked to a cell number. Texts are in addition to other library notices you may already receive. This service is free, but message and data rates may apply.*

For Cragin Library Cardholders

The Great Courses provides unlimited access to the world's most engaging professors enabling patrons to delve into an immer-

sive learning experience, covering a wide variety of subjects. "Binge-learn" over 150 of the most popular courses taught by the world's top professors. With hundreds of videos on subjects ranging from photography to physics, astronomy to art, history to health, and everything in between, you're sure to find courses that interest you. Each lesson is about 30 minutes in length—tune in to test out any lesson or course for the first few minutes, or for as long as you want. Access The Great Courses on your mobile devices through the RBdigital app or on desktop computers. Please see a library staff member for more information on how to access this service.

Enjoy the best in British TV and Film with thousands of hours of commercial-free programming with your library card. Click on the Acorn TV logo on the Library's website and enjoy 7 days of unlimited binge watching of world-class mysteries, dramas, comedies from Britain and beyond. Enjoy shows like *Doc Martin, Murdoch Mysteries, Midsomer Murders, A Place to Call Home, Jack Irish, Vera, Agatha Raisin*, and many more exciting programs.

Online language learning with Mango Languages!

The Cragin Memorial Library offers the Mango Languages online language-learning system to its cardholders.

Mango is free for all library cardholders and can be accessed anywhere with an Internet connection. Each lesson combines real life situations and audio from native speakers with simple, clear instructions. The courses are presented with an appreciation for cultural nuance and real-world application by focusing on the four key elements of language learning: vocabulary, pronunciation, grammar, and culture.

Mango offers access to 60 foreign language courses and 17 English courses taught completely in the user's native language. In addition to traditional language courses, Mango also offers the opportunity to learn through foreign film with Mango Premiere™ and access to a variety of specialty mini courses, like Pirate, Medical Spanish and romance courses. Mango can be accessed at the library, remotely, or even on-the-go with apps for iPhone®, Android™, Kindle® and Nook®.

To learn more about Mango, stop by the library and ask a librarian for an introduction. Library card holders can access Mango through the library website at www.colchesterct.gov/library.

Borrow Free ebooks and Audiobooks!

Access the Overdrive Downloadable Library Collection with the Libby App!

http://libraryconnection.lib.overdrive.com

Overdrive is CONNECT's shared and growing collection of 3,000+ downloadable audio book, ebook, magazine and video titles. Overdrive's Libby app makes it easier than ever to access the Library's collection of ebooks, e-audiobooks, and e-magazines. Look for the Libby App wherever you download apps.

The Libby App makes ebooks easy!

Overdrive has a new user-friendly app that makes it easier than ever to access the Library's collection of ebooks, e-audiobooks, and e-magazines. Look for the Libby App wherever you download apps.

Connecticut State Library Downloadable Collection

Audio books and ebooks can also be downloaded from the Connecticut State Library's collection at: http://iconnct.oneclickdigital.com/. This collection of about 2,000 audio book and ebook titles offers many popular adult, teen, and children's titles. Just have your library card with you when you want to download a title for 7- or 14-day loans.

Book Donations

The Friends of Cragin Memorial Library accept books in good condition in the blue bin just inside the Library doors most of the year. This is the only book donation in Colchester that benefits the Library. Please hold your donations in the months of March, June, and October when the Friends hold their book sales. They need to clean out and organize their space. Gently used books, free of mold and mildew are welcome. Please do not donate magazines, textbooks, encyclopedias, or Reader's Digest Condensed books as they do not sell and will be recycled. Donations are reviewed for usefulness for the Library's collection.

Cragin Board of Trustees

The Library's advisory board meets quarterly. Remaining Library Board Meetings in 2019 are scheduled for June 5, September 11, and December 4 at 9:00 a.m. Please call the Library or check the monthly newsletter to confirm the date of the next scheduled meeting. The Trustees encourage all members of the community interested in the library to attend.

Museum Passes

Check out passes that provide free or discounted admission to these area attractions:

- NEW! The Basketball Hall of Fame
- NEW! The New England Air Museum
- NEW! The New Britain Museum of Art
- Sturbridge Village
- The Children's Museum/Roaring Brook Nature Center
- Children's Museum of Southeastern Connecticut
- Connecticut Science Center—20% off discount coupon
- Connecticut State Parks Pass
- The Florence Griswold Museum
- Lutz Children's Museum
- Mashantucket Pequot Museum
- Mystic Aquarium
- Mystic Seaport
- Peabody Museum of Natural History
- Roger Williams Park Zoo
- Wadsworth Athenaeum Museum of Art

Passes are available to all Connecticut library card holders. Passes are available on a first-come, first-served basis and may be borrowed for two days.

Craigin Memorial Library

Display Cabinets

There's always something interesting to see in our display cabinets in the Adult and Children's Departments. Collections have included items from miniatures to minerals, toys to teapots, and widgets to watches. If you would like to bring out your collections and show them off, call 860-537-5752 to reserve the display space.

Story Times

The Library offers registered and drop-in story time programs for infants and young children. Please see Children's Programs for further information.

Art Exhibits

The Library's Norton Room hosts exhibits by local artists throughout the year. If you are an artist or if you know one who would like to display at the Library, please call the Library at 860-537-5752 to reserve the exhibit space.

Friends of Cragin Memorial Library

Be a Friend of Cragin

The Friends of Cragin Memorial Library promote awareness of Library needs and support Library services through fundraising. Meetings are on the second Thursday of the month at 5:30 pm in the Library. New members are always welcome! Members receive free entry to the Friday evening preview sale for each book sale. The Friends conduct an ongoing book sale of children's and adult books. Coffee, teas and hot chocolate are always available at the Friends' Coffee Bar for $1.00. The Friends are always looking for volunteers to sort donations and to help with book sales.

Save the Dates
for our upcoming Book & Bake Sales!

June Book & Bake Sale

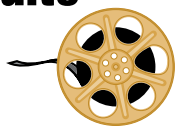
Friday, June 7, 4:00 – 7:00 pm Preview Sale
$5.00 admission

Saturday, June 8, 10:00 am – 4:00 pm
Sunday, June 9, 10:00 am – 3:00 pm

Browse and buy from the best bargain in town! Add a stop at the Library to your weekend errands and get a great deal on books priced from fifty cents to a dollar, all proceeds benefit the Library! Beginning on the Monday after each sale, fill up a bag or box and pay just $5.00. (Volunteers to help sort books are always needed.)

Summer Programs for Adults

Flicks @ Six



Wednesdays at 6:00 pm through June 5

Thursdays at 6:00 pm June 13 – August 29

Join us weekly for free screenings of recently released films on our eight-foot screen. For a list of films, please see our Flicks @ Six brochure available at the Library or visit the Flicks @ Six link on our home page at www.craginlibrary.org. This program is free and open to the public; no registration is necessary.

Tabletop Night

1st Thursday of every month, 6:30 pm

Looking for new board games to play? How about looking for new people who share your love of board games? Then test your skills with our new adult game group!

Cragin Book Club

Last Thursday of every month, 6:30 pm

Join us at the library as we discuss a different book each month. Books are available for checkout at the Adult circulation desk.

Organizing Your Photos and Memorabilia

Thursday, May 9th, 6:30 pm

Sandra Wheeler, Professional Organizer, will share tips on how to think about your memorabilia and honor your past.

Historic Gardens of Connecticut

Thursday, Thursday, May 16th, 6:30 pm

Did you know there are fifteen historic sites and gardens in our beautiful state? Laurie Masciandaro from Connecticut's Historic Gardens will give a presentation on where to find these eye catching sites and the history behind the gardens. It's a must see for anyone interested in visiting historic gardens for Historic Gardens Day on June 24th!

Sheldon's Horse: The Second Continental Light Dragoons

Thursday, May 23rd, 6:30 pm

Founded in 1978, Sheldon's Horse is a reestablished military organization that participates in a variety of civic, ceremonial, and educational activities throughout Northeast United States. They will talk about their place in history and answer any questions. Sponsored by the Cragin Memorial Library and the Colchester Memorial Day Parade Committee.

Teen May Programs:

Anime:

Mondays, 3 pm

Nerd out about your favorite anime fandoms and ships! Watch anime and play some anime based games.

Level Up:
Tuesdays, 3 pm

Play fun video games like Super Smash Brothers! Learn how to play awesome board games like Munchkin, Superfight, and more!

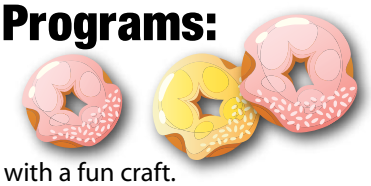
Brand or Not Brand
Thursday, May 23, 3 pm

Test your knowledge of brand named foods vs knock-off brands.

Children's May Programs:
Early Learning Stations: Body Parts
Monday, May 20 thru Saurday June 1, All Week

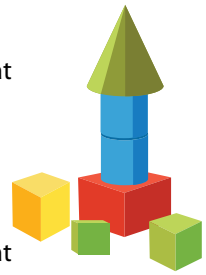
Learn about body parts with our fun puzzle.

Children's June Programs:
Donut Craft
Saturday, June 1, 10:30-3:30
All ages



Celebrate National Donut Day with a fun craft.

Free Play
Monday, June 3, 10:00 am – 12:00 pm
2 ½ - 5 year olds



Come play in the story time room with toys that aren't out on a regular basis.

Free Play
Thursday, June 6, 10:00 am – 12:00 pm
Birth-2.5 year olds

Come play in the story time room with toys that aren't out on a regular basis.

Saber Guild
Saturday, June 15, 10:45 – 11:05 and 11:10-11:30 am
Ages 6-11

Padawan Trainings: learn the ways of the force and the basics of using a lightsaber. Registration is required.

Colchester Reads: Universe of Stories
A Summer Reading Program for Everyone
Wednesday, June 20 – August 8

Celebrate the legacy of Dr. Edwin B. Cragin whose generosity built Colchester's public library in 1905, by joining your neighbors and recording your summer reading. Readers of all ages can track their reading progress online, and be entered into a free prize drawing. All prizes are sponsored by the Friends of Cragin Memorial Library.

Adult Summer Reading Program:
- As adults read and log books, they earn entries in the Library's weekly raffle for gift cards to local businesses.
- For every book you read, you get a free book or ARC (Advance Reading Copy)

Teen Summer Reading Program: For readers entering grades 6-12
- Readers who read a total of 300 minutes will earn an exclusive Summer Reading Bag/T-shirt and will earn Cragin Cash for prizes afterwards.
- Enter their reading progress online starting June 10th
- Begin claiming prizes June 24th.
- Recommended reading titles for WJJMS students will be available at the library. Your Cragin Summer Reading Log will be sent to WJJMS!
- Check out all our YA books and Tween Collection in the YA Room.
- Social Media: Use the #CraginRocks tag on social media about books, reading, or the library. Show us and earn extra Cragin Cash
- Write up a book review for us to use on our social media platforms (we will only use your first name and the first initial of your last name for extra Cragin Cash.
- Wear your Cragin reading t-shirts from any summer and earn extra Cragin Cash. (once per day)
- Use your Cragin Cash in our store and save it to use again at our Summer Prize Extravaganza – a family night with two sets of prizes (1 for teens and 1 for kids) where teens can use their cash to enter to win prize packages.

And Don't Forget the Weekly Funko Raffle!

Every week there will be a new Funko to win. Just check out teen books to earn your chance.

Weekly Programs:

Level Up: Game Club
Tuesdays, 3:00-5:00 pm

Let's build our own world as we try out different video, board, and role playing games!

Summer of Oreos
Thursdays, 3:00-4:00 pm

Join us for Oreo Butterflies, Dirt Cups, Cereal Bars, and Oreo Pizza.

DIY Fridays
Fridays, 3:00-4:00 pm

Join us for Alien perler beads, all things Marvel, galaxy soap, all things Star Wars, and lava lamps.

Craigin Memorial Library

Teen Finale Program: Oreo Festival

Thursday August 2nd, 3:00-4:00 pm

Join us for fun, games, and taste testing Oreos.

Finale Program: Summer Prize Extravaganza!

Monday, August 26, 6:30-7:00 pm
All Ages

Join us for our second annual Summer Prize Extravaganza – a family night with two sets of prizes (1 for teens and 1 for kids) where teens can use their earned Cragin Cash to enter to win prize packages. Mingle as you bid on your prizes over dessert.

Summer Reading Program for children newborn through Grade 5

- Readers who read 200 minutes can earn an exclusive Summer Reading Bag/T-shirt by tracking 20-minute blocks of reading time and will earn Cragin Crash for prizes afterwards.
- Your Cragin Summer Reading Log(s) will be sent to CES & JJIS to earn extra rewards at school in September.
- Enter their reading progress online starting June 10th.
- Begin claiming prizes June 24th.
- Recommended reading titles for students will be available at the library.
- Social Media: Use the #CraginFun tag on social media about books, reading, or the library. Show us and earn extra Cragin Cash
- Wear your Cragin reading t-shirts from any summer and earn extra Cragin Cash. (once per day)
- Use your Cragin Cash in our teen store and save it to use again at our Summer Prize Extravaganza – a family night with two sets of prizes (1 for teens and 1 for kids) where teens can use their cash to enter to win prize packages.
- **Sign up for summer programs that require Registration starting Wednesday June 5th at 10:00 am.**

And Don't Forget the Weekly Beanie Baby Raffle!

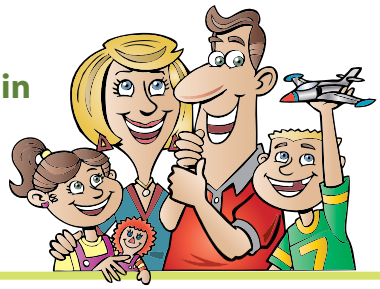
Every week there will be an animal from around the world to win. Just check out children's books or audio books to earn your chance.

Summer Programs for Children

All programs and prizes are generously sponsored by the Friends of Cragin Memorial Library.

Wednesday Night is Family Night @ Cragin

Mark your calendars! Bring the family to the library on Wednesday evenings for some great family activities.



Summer Reading Kickoff Event: Dance Party and Games with DJ Dave!

Wednesday, June 19, 6:30-7:30 pm
All Ages

School is almost out! Time to party with DJ Dave. Fun for all ages!

Summer Programs for Children

All programs and prizes are generously sponsored by the Friends of Cragin Memorial Library.

Wednesday Night is Family Night @ Cragin

Mark your calendars! Bring the family to the library on Wednesday evenings for some great family activities.

Summer Reading Kickoff Event: Dance Party and Games with DJ Dave!

Wednesday, June 19, 6:30-7:30 pm
All Ages

School is almost out! Time to party with DJ Dave. Fun for all ages!

Hawaiian Hula Dance

Wednesday, June 26, 6:30 – 7:30 pm
All Ages

Aloha! Learn about the Hawaiian hula, the dance costumes, instruments, and music about the various islands, with a focus on Hawaii with Lola.

Mr. Magic

Wednesday, July 3, 6:30-7:30 pm
All Ages

Join us for a magic show! Learn a few tricks to test out at home.

Matt the Balloon Man

Wednesday, July 10, 6:30 - 7:30 pm
All Ages

Come watch Matt the Balloon Man create magic from balloons.

Animal Experiences

Wednesday, July 17, 6:30-7:30 pm
All Ages

Animal Experiences strives to help children learn about, appreciate, and respect reptiles, amphibians, and other small animals.

Children's Museum of Southeastern Connecticut

Wednesday, July 24, 6:00-8:00 pm
All Ages

Children's Museum of Southeastern Connecticut will be coming to visit with their Meet the Animals program. Children will learn about animals and get to visit with some special friends.

Happy Birthday Harry!

Wednesday, July 31, 6:30-7:30 pm
All Ages

Celebrate Harry Potter's birthday in style with games and more!

Family Book Bingo

Wednesday, August 7, 6:30-7:30 p.m.

Play bingo and win some fun books! Everyone will go home with a book.

Weekday Fun—All Summer Long!

Weekday programs run Wednesday June 20 through Wednesday, August 8.

Please note: All programs are drop-in. Children under the age of 8 must be accompanied by an adult.

Messy Mondays @ Cragin

Mondays, 10:30-11:00 am, 11:15-11:45 am
3-6 year olds

Wear old clothes to experiment with different art forms, techniques, and tools. This program requires registration. Register starting June 5th. Siblings welcome. (Starts June 24th)

Messy Mondays @ Cragin

Mondays, 1:00-1:30 pm
6-11 year olds

Wear old clothes to experiment with different art forms, techniques, and tools. This program requires registration, register starting June 5th. (Starts June 24th)

CES Storytimes

Mondays, 6:00-7:00 pm
All Ages

Join your favorite teachers from CES for stories and pizza, from June 24th through July 29th

Cool Down @ Cragin Movies

Tuesdays, 1:30 -3:00 pm
All Ages

Come in and cool down after lunch while enjoying a G-rated children's movie with free popcorn. Best for ages 2+. Please check the calendar for movie titles. This summer we'll be showing Pixar titles.

Crafternoons: Space

Tuesdays, 3:00-4:00 pm
All Ages

Stay after the movie to showcase your crafty talents.

STEAM Experiments

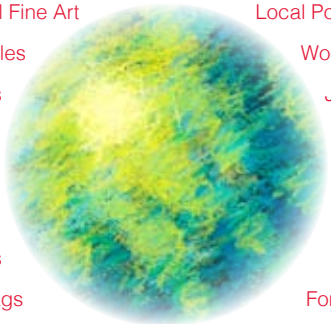
Tuesdays, 3:00-3:30 pm
Ages 5-11

Join us for a new program for summer with Experiments! Fun! Messes! Please register for the program.

BE ●RIGINAL
Original Art | Original Gifts | Original Lifestyle

Come see "The Sky's the Limit" show in the Gallery!

Original Fine Art
Silks & Textiles
Soaps/Candles
Tables/Benches
Needle Felting
Custom Mirrors
Woolen Goods
Cool Handbags



Local Pottery
Woodworking
Journals/Cards
Earrings/Jewelry
Artistic Frames
Turned Bowls
Local Authors
Forged Iron

A small piece of "Moon over Stratocumulus" by Gigi Horr Liverant – come see the rest!

OPEN Thurs-Sun 10am-7pm

THE RED HOUSE cultural arts center

GIFTS by Local Artists!

22 Darling Road, Salem **860.608.6526** Thurs-Sun 10am-7pm
Stop by and check it out – *we're right behind Salem Valley Farms Ice Cream!*

GALLERY • GIFTS • CLASSES
Visit salemredhouse.com to view or register for upcoming classes

Craigin Memorial Library

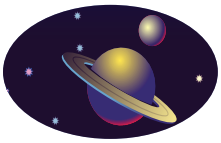
Baby Story and Play

Wednesdays, 10:30 – 11:15 am
Newborns to 1 year olds

Share a story, song, bubbles, and play time with your baby.

Registration required starting June 5th.

Foodie Wednesday



Wednesdays, 3:00-4:00 pm
Ages 5-11

Create and eat foods fit for astronauts and other space creatures. Please register for the program.

Family Fun Nights

Wednesdays, 6:30-7:30 pm
All Ages

Family Night Activities range from animal programs, music programs, and so much more, please check the main program listing to see program dates.

Drop-In Storytime: Music and Movement

Thursdays, 10:30-11:00 am
All Ages

Enjoy a summer time story time that's will get you off your feet and dancing, great for all ages.

Cragin Construction

Thursdays, 2:00 -2:45 pm
Ages 5-11

We will have weekly challenges mixed with free play.

Water Wonders Activity Table

Fridays, 10:00 – 1:00 pm
1-3 year olds

Drop in to the Story Time Room for open play at the water table.

Animal Crafts

Fridays, 12:30 – 2:30 pm
All Ages

Drop in to the Children's Room to create fun animal crafts all summer long.

Finale Program: Summer Prize Extravaganza!

Monday, August 27, 6:30-7:00 pm
All Ages

Join us for our second annual Summer Prize Extravaganza – a family night with two sets of prizes (1 for teens and 1 for kids) where teens can use their earned Cragin Cash to enter to win prize packages. Mingle as you bid on your prizes over dessert.

August Programs

Wednesday, August 21, 6:00 pm
Getting Ready for Kindergarten Storytime
Everyone Entering Kindergarten

Are you soon to be kindergarteners nervous about starting school? We'll read books about the first day and talk about what to expect.

Accepting New Patients!

UCFS Healthcare
UCFShealthcare.org

- Individual and group counseling for adults, children and families
- Psychiatric evaluation and medication management
- Groups for women, men, and children covering a wide array of topics
- Teen issues
- Substance use treatment

Need to talk?
UCFS can help!

CALL TODAY!

Colchester Behavioral Health Center
212 Upton Road, Suite C, Colchester
860-537-7676

For new patients, please call our Client Engagement Specialist:
Susan Curtin *860-822-2834*

UCFS accepts most insurances including Medicaid, Medicare, HUSKY and offers an income-based sliding fee scale.

Looking for a new dentist you can trust?

Treating all members of your family. We can help you attain and maintain great oral health.

Open 6 Days and 2 Evenings
Martin H. Zase, DMD, MAGD*, AACD
Michael L. Babinski, DMD, MAGD

Shouldn't your next dentist have advanced education?
Both dentists are Masters of the Academy of General Dentistry and members of the American Academy of Cosmetic Dentistry.

*Dr. Zase is Eastern CT's only dentist ACCREDITED in Cosmetics by the AACD and has served as their president.

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COLCHESTER SENIOR CENTER

95 Norwich Avenue, Colchester, CT 06415
Phone (860) 537-3911 | Fax (860) 537-5574

Hours: 8:00 a.m.-4:00 p.m., Mon-Fri

It is the mission of the Colchester Senior Services Department to support older adults (55+) by providing programs and services designed to promote their independence, health, wellness and overall quality of life.

Colchester Senior Center Staff

Patricia Watts, Director/Municipal Agent, *pwatts@colchesterct.gov*

Susan Plefka, Administrative Assistant, *csc@colchesterct.gov*

Matthew Snyder, Program Coordinator, *cscprograms@colchesterct.gov*

Missy Bauman, Making Memories Program Coordinator, *mbauman@colchesterct.gov*

Sheri Blesso, Driver, *sblesso@colchesterct.gov*

Ginny Stephenson, Driver, *gstephenson@colchesterct.gov*

Noella Daigle, Driver, *ndaigle@colchesterct.gov*

Jane Moreno, Nutrition Site Server

Colchester Eye Care

ColchesterEyeCare.com
860-537-2020

We have fabulous doctors, friendly staff, and a great selection of must have eye wear including Oakley and RayBan.

Pardon Our Dust…

Mid-July through Mid-August

Throughout the months of July and August, we will have some construction going on in the building, as windows are being replaced in each room. We intend to remain open throughout the process. Our plan is to close one room in the building at a time, so that the project may proceed. Once completed, that room will be opened, closing the next until all of the windows are done. We estimate each room's closure to be approximately one week. We will seek to diminish the interruption of programs, but programs may have to temporarily meet in alternative spaces. Construction noises will be unavoidable. We appreciate your understanding, as we make the building more attractive, comfortable and energy efficient.

AARP Smart Driver Courses

Friday, May 17 from 12:00-4:00 p.m. &
Wednesday, July 17 from 12:00-4:00 p.m.

Learn the updated rules of the road, defensive driving techniques and how to operate your vehicle in a safer manner. Open to anyone age 50 and up. Cost is $15 for AARP members and $20 for non-members. Space is limited. Please call 860-537-3911 to register in advance.

Memorial Day Picnic

Tuesday, May 28 at 12:00 p.m.

Please join us as we celebrate Memorial Day with your choice of a hamburger, cheeseburger or hot dog, fries and onion rings catered by Colchester's own Harry's Place, with patriotic games & other fun activities to usher in the official start of summer. Ticket purchase is required. Please see our May newsletter for more information.

Father's Day BBQ

Wednesday, June 12 at 11:00 a.m.

Let's celebrate all of the great fellas we know at this down-home barbeque! Enjoy the foot-stompin' music of the Country Duo, in their first ever performance at our senior center. Afterward, dine on a special menu including BBQ beef brisket, cornbread, potato salad, a tossed garden salad and blueberry cobbler for dessert. Ticket purchase is required. Please see our June newsletter for additional information.

Laugh-Out-Loud Luncheon

Wednesday, July 17 at 11:15 a.m.

Get ready to LOL, as Matt Roberts entertains in his WOW-factor performance of illusions, clean comedy, skillful sleight of hand, mentalism and fun audience participation at this fun (and funny) luncheon event. With clients like GE, Pepperidge Farms and Ocean Spray, you can be sure this show will be top notch! Following the show, enjoy a catered luncheon meal. Ticket purchase is required. Please see our July newsletter for more information.

Chronic Pain Management Workshop Series

Wednesdays, July 24-August 21 from 12:30 to 3:00 p.m.

The Chronic Pain Self-Management Program is a FREE evidence-based program that teaches techniques and strategies to help those who are dealing with chronic pain to better manage their pain on a daily basis. Led by Vickie Han and Nancy McAuliffe from Chatham Health District.

Summer Sing-Along & Cookout

Wednesday, August 14 at 11:00 a.m.

Stay cool at this month's special luncheon event where we will all enjoy the sounds of the season in a Summer Sing-Along with live musical entertainment by Paul Shlien, specializing in music from the 50's-70's. After the show, we'll feast on picnic fare including hamburgers and hotdogs, macaroni salad, a tossed garden salad and Italian Ice as a beat-the-heat summer treat! Ticket purchaser required. Please see our August newsletter for more information.

Please Note: Programs are subject to change. Please refer to the Colchester Senior Center monthly newsletter for the most up-to-date information.

Making Memories Program

This innovative Recreational Therapy program is designed for seniors facing early signs of memory loss and/or dementia, with the goal of helping each participant reach and maintain their optimal level of functioning in a structured and supportive atmosphere. Making Memories meets on Mondays, Tuesdays & Wednesdays from 9:00 a.m.-1:00 p.m. Please call Making Memories Program Coordinator, Missy Bauman at 860-537-3911 for more information.

This program is supported by Senior Resources Agency on Aging with Title III funds made available under the Older Americans Act.

FIND US ON:

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Day Trips

Thimble Islands Cruise

Thursday, June 27, 11:30 a.m. departure

Begin your journey with a delicious lunch at the Chowder Pot III in Branford, CT. Known for their generous portions of fresh food, the Chowder Pot's menu features your choice of Baked Stuffed Sole, Baked Salmon or Chicken Piccata. New York Style Cheesecake for dessert! After lunch, board the Sea Mist for a cruise around the Thimble Islands along the Rocky Isles off the Stony Creek Coast in Branford. See the wonderful estates and learn the stories of these beautiful islands, which are a treasure to our state. Cost is $94.00 per person and includes motor coach transportation, lunch, cruise fare, taxes and gratuities. **Call 860-537-3911 to check on trip availability.**

All-You-Can-Eat Lobster Luncheon Show

Wednesday, July 10, 10:00 a.m. departure

Dine at The Delaney House in Holyoke, MA and enjoy a great buffet lunch of All-You-Can-Eat Lobster, Pork Marengo, Chicken Marsala, Baked Ziti & more! Vocalist John Timpanelli will entertain you after lunch. Cost is $105.00 per person and includes buffet luncheon, musical entertainment, motor coach transportation, taxes and gratuities. **Call 860-537-3911 to check on trip availability.**

Whale Watch High Speed Catamaran from Boston

Tuesday, August 20, 7:30 a.m.

Join us as we board a 350 passenger high speed catamaran for a 3 hour whale watch from Boston to Stellwagen Bank, the East Coast's most famous whale watching destination. The boat features wide open decks, as well as interior cabin space. Stellwagen's heavy concentrations of humpback, finback and minke whales offers a fabulous opportunity to view and learn about these magnificent creatures in their natural habitat. Free time at Quincy Market for shopping, dining and browsing. The cost is $92.00 per person and includes motor coach transportation, admission fees, taxes and gratuities. **Call 860-537-3911 to check on trip availability.**

Gilded Age of the Berkshires House Tour & Victorian Tea Lunch

Wednesday, September 25, 7:15 a.m. departure

Tour Ventfort Hall in Lenox, MA, one of the last remaining Gilded Age Cottages. Savor lunch & tea in the Hall's elegant and fully renovated dining room. After lunch, enjoy a driving tour through the Stockbridge-Lennox countryside which highlights "America's Premier Cultural Resort." Spend time on your own in downtown Stockbridge. Cost is $94.00 per person and includes motor coach transportation, meal, taxes and gratuities. **Call 860-537-3911 to check on trip availability.**

"Billy Elliot" at the Goodspeed Opera House

Wednesday, November 20, 11:00 a.m. departure

Before the show, enjoy lunch on your own at La Vita Gustosa. After lunch, enjoy the Goodspeed's production of "Billy Elliot" at a matinee performance. Following your dreams—and overcoming obstacles—has never been more electric than in the 10-time Tony Award winning Broadway phenomenon with songs by the legendary Elton John. Celebrate the idea of being yourself in the Goodspeed premiere of this powerful dance-filled story about young Billy Elliot, pulled between his family's coal-mining roots and his new passion to dance. Tickets are $64.00 per person and includes reserved side orchestra seats and senior bus transportation. Space is limited. Please sign up by Friday, October 11th. **Call 860-537-3911 to check on trip availability.**

Overnight/Extended Trips

Escape to Acadia

September 16-18, departure TBD

Escape to Maine's beautiful coastline and enjoy the beauty of the Acadia National Park and the bustle of Portland and Bar Harbor on this 3-Day/2-Night experience! Cost is $599.00 per person, double occupancy and includes hotel, 4 meals, tours & admissions, roundtrip motor coach, tour director, taxes and gratuities. **Call 860-537-3911 to check on trip availability.**

Escorted Cruise from New York to Tampa, FL

November 9-24, departure TBD

Take a motor coach from home to New York Pier and embark upon a 16 day/15 night cruise aboard Norwegian Cruise Line's Norwegian Dawn. All meals on-board with freestyle dining, entertainment, casino, fitness center and many daily activities—all with a professional trip escort and exclusive Ship Shop parties & events. Ports of call in Curacao, Aruba, Santa Marta & Cartagena, Columbia, the Panama Canal, Colon, Panama, Puerto Limon, Costa Rica, Roatan, Bay Islands, Harvest Caye, Costa Maya and back to Tampa, FL. From Tampa, fly directly into Bradley, with motor coach transportation back to Colchester—prices from $1,999.00. **Call 860-537-3911 to check on trip availability.**

Nashville & the Smoky Mountains Holiday

December 5-12, departure TBD

Step back in time on a 7 day/6 night holiday getaway that opens in the "Music Capital of the World" – Nashville – and the glorious Gaylord Opryland Resort. This impressive property is a year-round wonderland but during the holidays it truly sparkles even brighter. Trip highlights include a show at the Grand Ole Opry, Historic RCA Record Studio B, the Country Music Hall of Fame, Dinner & a spectacular Holiday Show at Gaylord Opryland Resort, a trip to Great Smoky Mountains National Park, the world-famous Dollywood including Dolly Parton's Christmas Stampede & Dinner Show, and the Biltmore Estate in Ashville, NC, all decked out for the holidays & more! Price is $2,999.00 per person for double occupancy and includes airfare, hotel, fees, taxes and gratuities. **Call 860-537-3911 to check on trip availability.**

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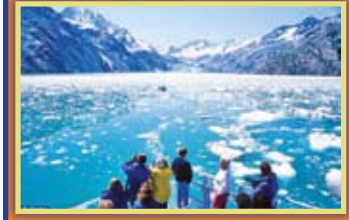

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Colchester Youth & Social Services

Colchester Youth & Social Services provides a coordinated system of programs and services designed to improve the quality of life for the youth, families and individuals in Colchester.

Contact Us

The Youth & Social Services offices are located in the Town Hall, Suite 205.

Call: (860) 537-7255
E-mail: youthservices@colchesterct.gov
www.colchesterct.gov
Find us on Facebook! @ColchesterYSS

Office Hours

The office is open Monday-Friday, 8:30 a.m. - 4:00 p.m.

Youth & Social Services Staff

Valerie Geato, Director
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Kylie Fontaine, Program Coordinator
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Elizabeth Allard, Interim Social Services Coordinator
socialservices@colchesterct.gov

Youth Center Supervisors

Elizabeth Allard
Nick Cavaliere

Registration Information & FAQs

Summer Trip Registration will begin Friday, May 3, 2019 and will continue throughout the Summer. Registration is online and the link can be found on the Youth Services page at www.colchesterct.gov.

Who's Going? We cannot post attendance lists to the public for privacy reasons. However, this year we created a closed Facebook group, Youth Services Trips– Who else is going? (controlled by Youth Services) for parents to join after registering for a trip. This way, you can freely share which trips your child is attending and see if their friends are also going.

What grade am I in?: During the summer, all students are considered to be in the grade they will be entering when school begins in the Fall of 2019.

Transportation: Kids are transported in Youth Service's 12-passenger vans and driven by experienced Youth Services staff who all have a Connecticut DMV certified passenger endorsement.

Scholarships are available and are based on financial need. Applications are available in our office and on the website.

Refund and Cancellation Policy: In most cases, refunds will only be given for fees if cancellation is received in our office at least 48 hours prior to the trip. In the case of extenuating circumstances, refunds may be given at our discretion.

From the Director

Colchester Youth Service Bureau is preparing for another exciting and fun-filled summer! Participating in our summer programs is an enjoyable and relatively affordable way for kids to spend the summer in a safe, supervised environment. Our summer trips provide opportunities for kids to try new experiences, challenge themselves, learn new skills, do community service and spend time with their friends. There is something for everyone from trips to the trampoline park to tree top ropes courses. We're bringing back some tried and true favorites such as Launch and Dave & Buster's, Sonny's Place, USA Ninja, and have added brand new outings too – like Fearless Flyers Academy and Sports on 66!

At Youth Services, we have been providing safe, high-quality, affordable summer programs for Colchester youth for more than two decades, and we are looking forward to another great summer. Follow Colchester Youth Services on Facebook for the latest and greatest program information.

See you soon,

Valerie

Valerie Geato, Director

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Register online at:
www.colchesterct.gov/youth-social-services

YOUTH SERVICES' SUMMER TRIPS 2019

JUNE

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
25 FUN, FOOD & A FILM 9:00am - 4:00pm Grades: 6-10 Fee: $37	26 SKY'S THE LIMIT! 9:00am - 4:00pm Grades: 6-10 Fee: $45	27 MOUNTAIN MADNESS 9:00am - 4:00pm Grades: 6-10 Fee: $36	28 THE GREAT ESCAPE 5:00pm - 10:00pm Grades: 7-10 Fee: $36

JULY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 FEARLESS FLYERS 9:00am - 4:00pm Grades: 6-10 Fee: $37	2 OCEAN BEACH 9:00am - 4:00pm Grades: 7-10 Fee: $26	3 SOARIN' IN STORRS 9:00am - 4:00pm Grades: 6-10 Fee: $41	4 4TH OF JULY!	5 NO TRIP ENJOY YOUR WEEKEND!

JULY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8 SPORTS & SPOONS 9:00am - 4:00pm Fee: $42	9 SAMURAI SONNY'S 9:00am - 4:00pm Fee: $46	10 ROCK YOUR SOCKS OFF 9:00am - 4:00pm Fee: $48	11 NOMADS ADVENTURE 9:00am - 4:00pm Fee: $47	12 ROLLIN' & BOWLIN' 9:00am - 4:00pm Fee: $29

4th - 8th Grade Week!

JULY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
15 TEENS IN ACTION 9:00am - 12:00pm Grades: 6-12 FREE	16 YARD GOATS 9:00am - 4:00pm Gr. 6-10 Fee: $38	17 THE LIMIT IS THE SKY! 9:00am - 4:00pm Grades: 6-10 Fee: $45	18 MOUNTAIN MADNESS 9:00am - 4:00pm Grades: 6-10 Fee: $36	19 LOTS S'MORE FUN 9:00am - 4:00pm Grades: 6-10 Fee: $19

JULY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
22 TEENS IN ACTION 9:00am - 12:00pm Grades: 6-12 FREE	23 BROWNSTONE QUARRY 9:00am - 4:00pm Grades: 6-10 Fee: $34	24 OCEAN BEACH 9:00am -4:00pm Grades: 7-10 Fee: $26	25 AMP IT UP! 9:00am - 4:00pm Grades: 6-10 Fee: $40	26 DINE-OUT, DRIVE-IN 5:30pm - 11:30pm Grades: 7-12 Fee: $22

JULY / AUG

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29 TEENS IN ACTION 9:00am - 12:00pm Grades: 6-12 FREE	30 BROWNSTONE QUARRY 9:00am - 4:00pm Grades: 6-10 Fee: $34	31 SIX FLAGS 9:00am – 6:00pm Grades: 7-12 Fee: $46, $15 with season pass	1 PADDLIN' IN PARADISE 9:00am - 4:00pm Grades: 6-10 Fee: $22	2 BEACH BUMS 9:00am - 4:00pm Grades: 7-10 Fee: $15

AUGUST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 AN A-MAZE-ING DAY 9:00am - 4:00pm Fee: $28	6 LAKE COMPOUNCE 10:00am - 6:00pm Fee: $36	7 FUEL UP! 9:00am - 4:00pm Fee: $42	8 IT'S GAME TIME 9:00am - 4:30pm Fee: $39	9 LOTS S'MORE FUN 9:00am - 4:00pm Fee: $19

4th - 8th Grade Week!

AUGUST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12 TEENS IN ACTION 9:00am - 12:00pm Grades: 6-12 FREE	13 FUN, FOOD & A FILM 9:00am - 4:00pm Grades: 6-10 Fee: $37	14 SKY'S THE LIMIT 9:00am - 4:00pm Grades: 6-10 Fee: $45	15 BROWNSTONE QUARRY 9:00am - 4:00pm Grades: 6-10 Fee: $34	16 FARMINGTON RIVER TUBING 9:00am - 4:00pm Grades: 6-10 Fee: $23

Colchester Youth & Social Services

Fun, Food & A Film
June 25th & August 13th

Two games of laser tag at Laser Quest in Newington followed by lunch (included in fee) at Five Guys and a PG/PG 13 movie at Middletown Movies. Extra snack $ is optional.

Sky's the Limit! * (and The Limit is the Sky)
June 26th, July 17th & August 14th

1.5 hours of jumping at Launch Hartford followed by a buffet Lunch & $20 Power Card and unlimited non-ticket games for the arcade at Dave & Buster's in Manchester. Jump socks are included.

Mountain Madness*
June 27th & July 18th

A full day of outdoor adventures at Powder Ridge that includes "snow" tubing and skiing, zip lining, disc golf, mountain biking & more! Helmets and equipment are provided. Must bring a bagged lunch.

The Great Escape
June 28th

Enjoy a fun Friday night out with Youth Services! Dinner at On the Border (included in fee) followed by an escape room adventure at Codeword Escape in Rocky Hill and dessert at Rita's Italian Ice.

Fearless Flyers*
July 1st

Take a 1.5 hour acrobatic class at Fearless Flyers Academy in Mystic followed by a picnic lunch at Harkness Memorial State Park (must bring bagged lunch) and ice cream at Salem Valley Farms (included in fee). Active wear is required.

Ocean Beach
July 2nd & July 24th

Spend the day at Ocean Beach in New London! Unlimited mini golf, waterslides, and access to the pool is included. Extra arcade money optional. Swim gear is required. Must bring lunch or lunch $. Will use buddy system.

Soarin' in Storrs*
July 3rd

3 hours of climbing in the trees at the Adventure Park in Storrs, followed by ice cream at the UConn Dairy Bar (included in fee). Active wear is required. Must bring bagged lunch. Pick-up and drop-off will be at the Youth Center.

Sports & Spoons*
July 8th

Start your day playing team sports at Sports on 66, followed by lunch at Chili's (included in fee). End your day with baking delicious desserts at Stew Leonard's in Newington! Active wear is required.

Samurai Sonny's*
July 9th

Complete a 1.5 hour obstacle course at USA Ninja Challenge, a program that teaches you real ninja skills! Then, spend the afternoon at Sonny's Place which includes go-karts, mini golf, batting cages & more! Lunch at DQ is included. Active wear is required.

Rock your Socks Off*
July 10th

2 hours of indoor rock climbing at Stone Age Rock Gym followed by lunch at DQ (included in fee) and 1.5 hours of jumping at Flight Trampoline Park in New Britain! Active wear is required.

Nomad's Adventure*
July 11th

Spend the morning at Nomads Adventure Quest which includes laser tag, duckpin bowling, blacklight mini golf, bumper cars & more. Then, we'll go to Nomads Outdoor for an afternoon of climbing in the trees! Extra arcade $ is optional. Active wear is required. Must bring lunch or lunch $.

Rollin' & Bowlin'
July 12th

1.5 hours of unlimited bowling at Silver Lanes in East Hartford, lunch at Red Robin (included in fee), and 2 hours of roller skating OR roller blading at Ron-A-Roll in Vernon! Please remember to wear socks.

Yard Goats
July 16th

Come watch a baseball game with Youth Services! Unlimited lunch buffet is included. Pick-up and drop-off will be at the Youth Center.

Lots S'more Fun!
July 19th & August 9th

A day of fun at Breezy Picnic Grounds in Douglas, MA. Swimming in the lake & unlimited use of waterslides. S'mores and yard games are included. Swim gear is required. Must bring lunch or lunch $.

Brownstone Quarry*
July 23rd, July 30th & August 15th

Swimming, cliff jumping, ziplines, rope swing & more at Brownstone Quarry in Portland! Must bring lunch or lunch $. Swim gear is required.

AMP It Up! *
July 25th

AMP Parkour is a 1.5 hour workout which includes jumping, climbing, running and balancing. Includes lunch at Friendly's. After lunch we will go back to AMP for Nerf Wars! Active wear is required.

Dine-out, Drive-in

July 26th

Experience a drive-in movie with Youth Services! Dinner at Applebee's (included in fee) followed by a movie at the Mansfield Drive-in. Extra snack $ is optional. Please bring a chair/blanket to sit on.

Six Flags

July 31st

Spend the day at Six Flags in Agawam, MA! Swim gear is required for water park. Must bring lunch $. Will use buddy system.

Paddlin' in Paradise*

August 1st

Choose kayaking OR paddle boarding at Indian River Marina in Clinton. Afterwards, cool off at Hammonasset Beach. Must bring lunch or lunch $. Swim gear is required.

Beach Bums

August 2nd

Enjoy a day at Misquamicut Beach in Rhode Island and waterslides at Water Wizz! Must bring lunch or lunch $. Swim gear is required.

An A-MAZE-ing Day

August 5th

Try not to get lost in the sunflower maze at Lyman Orchards followed by ice cream at Mortensen's Dairy (included in fee) and laser tag at Laser Quest! Must bring lunch or lunch $.

Lake Compounce

August 6th

Spend the day at Lake Compounce & Crocodile Cove Water Park. Must bring lunch $. 4th-6th graders will be put into small chaperoned groups, 7th-8th graders will use buddy system.

Fuel Up! *

August 7th

Breakfast is the most important meal of the day! Cook and eat breakfast foods at Stew Leonard's, enjoy Thai Rolled Ice Cream (included in fee) & finish the day playing team sports at Sports on 66! Active wear is required.

IT's Game Time!

August 8th

Climb the largest indoor ropes course in the world– IT Adventure in New Haven! Then, play laser tag and Cyber Sport (a combination of lacrosse and bumper cars) at CT Sportsplex. Must bring lunch or lunch $. Active wear is required.

Farmington River Tubing*

August 16th

Tube the Farmington River, including some small rapids! Afterwards, enjoy ice cream at the famous J. Foster's (included in fee)! Swim gear required, must bring bagged lunch. Water shoes HIGHLY recommended.

Teens in Action

July 15th– Volunteer to sort food at Gemma Moran Food Warehouse in New London. Must wear sneakers.

July 22nd– Help young children develop reading skills at Cragin Library with Book Buddies! Kids will also have the chance to write kindness notes and make bookmarks.

July 29th– Take part in a birdhouse workshop! Spend time painting your own birdhouse or bird feeder to brighten the day of local nursing home residents. Pick-up and drop-off will be at the Youth Center.

August 12th– Volunteer to sort food at Gemma Moran Food Warehouse in New London. Must wear sneakers.

Please register for only one Teens in Action program, as we only take a very limited number of kids for each. When registering, please ensure that the youth wants to be there and understands that their participation is crucial - there is someone on the other end who is counting on them. Although many parents would like their child to volunteer, the experience can be ruined for others if the child does not want to be there.

= additional waiver required

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Town of Colchester Planning and Zoning Department

GOOD NEWS! On March 6, 2019 the Colchester Planning and Zoning Commission adopted an amendment to the Colchester Land Development Regulation, Section No. 11, SIGNAGE. After more than two years in the works the amendment has been adopted and will be effective on October 1, 2019.

You are probably asking, "Why the delay?" Well we have a really good reason. Over the next six months the Planning and Zoning Department will be working with the Economic Development Commission on an extensive public information program designed to inform the community of the adopted amendment and educate those in the business community of the new opportunities available to them. Businesses will be contacted through direct mail with details prior to the effective date. In partnership with the Economic Development Commission and the Colchester Business Association, a Primer will be developed and designed to aid with the tasks of compliance with the new regulation.

Additionally, a Wayfinding Sign Program to further provide business and community friendly signage options is now being developed. This program will be through coordination of the Planning and Zoning Commission, the Economic Development Commission, the Board of Selectmen, the Planning and Zoning Department, and the Colchester Business Association. The Wayfinding Signs will be attractive, historically relevant, and inviting for businesses, citizens, and tourist alike. The immediate future will find those involved working to develop a "Colchestercentric" plan for development, design, materials, manufacturing, craftsmanship, and maintenance.

To review the current, and new, Sign Regulation please go to the Planning & Zoning Department webpage and click on the link for Regulations & Plans. Then click on the link for Colchester Zoning Regulations. The Sign Regulation is in Section No. 11 and begins on Page No. 99. A new link has been added to provide access to the amended regulation effective October 1st. To speak the Planning & Zoning Department regarding thoughts and insight you would like to share call 860-537-7280 and please consider attending the public meetings of the Economic Development Commission if you would like to follow our progress or make comments and suggestions. They meet on the third Monday of the month, unless otherwise scheduled, at 7:00 P.M. Help us all live, work & play productively in Colchester!!

Daphne Schaub

Colchester Planning & Zoning Department

Colchester Community Theatre Summer Workshop

The Colchester Community Theatre (CCT) announces its Summer Children's Theater Workshop, July 8 through July 19. Auditions will be held Sunday June 2, 2019 from 1:30PM-3:00PM and Monday June 3, 6:30- 8:00 p.m. at the Congregation Ahavath Achim, 84 Lebanon Avenue in Colchester. The workshop is open to all children entering grade 2 through grade 12 in the fall. Every child must audition to attend the program. There are NO exceptions. Please note that the auditions are used only for determining placement within the program, not for determining if a child is eligible to enter the program. The program is limited to 100 children. In the event that more than 100 children audition, a lottery will be held to determine which 100 children will get into the program. Each child is to bring sheet music or an instrumental recording and be prepared to sing. An accompanist will be provided.

The summer theater workshop will be held at Bacon Academy Auditorium, July 8 through July 19, Monday through Friday, 9am-Noon, culminating in a show on July 20 at 2:00 p.m. Parents should register their child(ren) online BEFORE auditions. CCT will be producing ELF JR. for this workshop.

Please contact Wallis Johnson at 860-267-1023 or Laura Brown at *RTR1982@aol.com* for additional information. CCT is sponsored by Colchester Parks & Recreation.

Activity #	4161
Date:	7/8/19-7/19/19
Day:	Mon-Fri
Time:	9:00AM-12:00PM
Grades:	2nd-12th
Fee:	$105; Min. 30/Max. 100
Instructor:	CCT
Admin Fee:	$15 per child
Registration Deadline:	7/1/19

COLCHESTER GIVING GARDEN

The Colchester Giving Garden is up and running with the 2019 growing season. Volunteers are at the garden every Tuesday evening at 5:00 and there is always room for new helpers. All ages and experiences are welcome....you do not need to be a gardener to pitch in and make a difference for your community. We take care of two vegetable gardens behind the town senior center at 95 Norwich Avenue and all of the produce grown is donated to our town food bank, the town free lunch program and local soup kitchens. Why not try something new and come on by the garden? We look forward to meeting you.

For more information or to be on the email list of the garden write to the colchestergivinggaarden@gmail.com. Hope to see you soon.

Colchester Civic Orchestra & Choir Seeks New Members

CCO invites all musicians to join us Thursday evenings beginning in September. Haven't played or sung since high school? You're more than welcome to bring making music back into your life with us. No auditions needed; we admit musicians of many levels. Our members range from middle-school, high-school and college students, to working adults, whole families, and retirees.

Our rehearsals will take place Thursday evenings at William J. Johnston Middle School in Colchester. The choir meets from 6-7:30 p.m.; the orchestra from 7:00-9 p.m. Since rehearsal plans may change, visit our website for the most up-to-date schedule: www.colchestercivicorchestra.org, or email us at colchestercivicorchestra@gmail.com.

Playing or singing music is one of the best workouts you can give your brain at any age. It can increase connectivity between brain regions and open up new pathways. Playing or singing also provides an opportunity for creative self-expression, and our rehearsals give us all a wonderful break from day-to-day stress. Middle-School and High School students can add experience with the orchestra and choir to their resumes and college applications. CCO also offers a scholarship for students who perform with us for two years prior to graduation.

Colchester Civic Orchestra and Choir is sponsored by the Colchester Recreation Department.

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