

## Before and After School Needs Assessment

Colchester Parks & Recreation is working with CASTLE and other child care providers in Colchester to assess the needs of school-age children and parents in town with regards to before and after school programs. Your assistance by providing answers to the questions below would be extremely helpful in this process – only one survey per family is requested. **Please return this completed survey by May 30 to any of the following:**

Colchester Parks & Recreation  
127 Norwich Avenue, Colchester CT 06415  
Fax: (860) 537-0547

CES Main Office  
JJIS Main Office

You may also complete this survey online at <http://www.colchesterct.gov/parks>

**OPTIONAL:** If you would like to be entered into a drawing for one of three (3) \$25 Parks & Recreation Gift Certificates, please include your name, phone number and email address:

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_

### Current Status

Please list each child's age, as well as check off which before/after school programs/sessions in which they may currently be enrolled, if any.

Children	Age	Child Care			Parks & Recreation	None
		AM	PM	Both		
Child 1						
Child 2						
Child 3						
Child 4						

**If your child(ren) is enrolled** in a program, what is the **primary** reason? (please check only one)  
 Child Care  
 Social/Recreational Experience  
 Physical Activity  
 Other: \_\_\_\_\_

**If your child(ren) is not enrolled**, please check **all** of the reasons that apply:  
 Financial  
 Lack of availability/on waitlist  
 No need  
 No desire  
 Other: \_\_\_\_\_

Do you feel that you are aware of the various options available for school-age before and after school care and programs?  yes  no

*Note: For a complete list of child care options, a list of all licensed providers is available through the CT Dept. of Public Health; Colchester Parks & Recreation can provide a list of all of its programs.*

(over)

**Pilot Program**

While this survey will provide concrete data, based on its initial research, Colchester Parks & Recreation is investigating the possibility of piloting a school-year before and after school program in the elementary school, housed at the school, focused on health and wellness, in response to the increased rates of youth obesity and inactivity. A primary goal of the program will be to teach children healthy habits and good nutrition through active play, role modeling and education; however, the program will also feature a variety of fun activities and other options, akin to the department’s summer day camp. Registration would be on a semester (fall and/or spring) basis. Program costs are anticipated to be comparable to currently available programs, with financial aid available. Similarly, CASTLE is investigating the possibility of extending their services to a program at JJIS. Both programs would be pending facility use approval by the Colchester Board of Education.

Do you have any concerns about your child(ren)’s health, with regards to inactivity or weight?  yes  no

Would you be interested in registering your child(ren) for such a program?  yes  no

If “yes”, please check off all of the hours that would be of interest:

6:00-7:00am	7:00-8:30am	3:00-4:00pm	4:00-5:00pm	5:00-6:00pm
<input type="checkbox"/>				

What activities from the list below would you like to see your child participate in during such a program?

- Homework Help
- Organized Sports Activities
- Educational Games
- Healthy Habits
- Individual Fitness
- Healthy Cooking
- Reading
- Other: \_\_\_\_\_

A school-year program such as this would incorporate and replace the department’s current school-based after school offerings (e.g. Budding Scientists, Captain Cook, Squeaky Sneakers, etc.). What are your thoughts on this?

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The program may include some parent participation events. Please check off which of the following topics would be of interest to you.

- Family Nutrition
- Healthy cooking for the busy family
- Family stress management
- Parenting support
- Healthy economical outdoor activities
- Other: \_\_\_\_\_

Do you have any other comments you would like to share?

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**Thank you for your time and assistance!**