

Colchester and Parks and Recreation

FALL 2007

**“Creating Community
Through People, Parks
& Programs”**

Inside This Issue:

- 57 Fest - Sept 29th
- After School Programs
- New Preschool Programs

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From the Director

The “back to school” season is always one of my favorites. Aside from the return of comfortable weather, it always seems to be a new beginning for our year of programming and events as well.

And for the third year in a row, the Colchester “57 Fest” will lead the way! With exciting changes and additions, along with popular favorites, this FREE festival will remind Colchester about what makes this town so great: community involvement and participation. This event is free in every sense of the word: free for attendees (only food requires money); free for taxpayers (it is wholly funded by sponsorships, donations and program fees); and free from stress (it’s all about having fun and being healthy!) So join us on September 29th as we celebrate as a community. Look for complete details in a special insert in the September 28th issue of your “Colchester Reminder”.

Despite being asked to do more with less, the parks maintenance crew has been hard at work all summer, maintaining the safety and beauty of all of the town’s fields, parks and grounds. Schools have been given their annual late-summer facelift to ensure that returning students are greeted to the first class facilities they deserve. Parks and fields have been primped and groomed to ready them for continued use into the fall. Approximately 55 acres of turf have been fertilized, using a new organic-based product, in our ongoing effort to be as environmentally friendly as possible, while never sacrificing the safety of the community or the quality of our facilities.

While we say goodbye to our summer intern, Matt Mitchell, who did an incredible job this past season, we welcome two new staff to our department who have filled vacant positions: Michael Olzacki has joined our parks maintenance crew, and brings many years of experience along with his great personality. In the office, Paul Gregorio has taken over as our Program/Office Assistant, and brings limitless enthusiasm to helping our department soar to new heights. Along with our entire staff, they look forward to serving the Colchester community.

The Parks & Recreation Commission continues its monthly meetings, with the next one being this Monday, September 10 at 7pm at Town Hall. As always, they welcome the attendance and participation of the community in helping to shape the future of parks and recreation in Colchester. Minutes of past meetings can always be reviewed on the commission’s web page on the town web site: www.colchesterct.net.

As always, I look forward to seeing you in the parks! Let Colchester Parks & Recreation help you and your family to live active and healthy lives.

Sincerely,

Jason Cohen

Jason Cohen, CPRP
Director

We're Listening!

**WE WANT TO HEAR FROM YOU!
ANY QUESTIONS OR COMMENTS?
CALL OR DROP US AN E-MAIL.
KEEP THIS IMPORTANT INFORMATION!**

Please Note: All Town Hall email addresses have been changed to “.gov” Main Office is located at Town Hall:
127 Norwich Ave, Colchester, CT 06415.

PARKS & REC ADMINISTRATION

Director, Jason Cohen - jcohen@colchesterct.gov

Office Manager, Liz Kessler -

ekessler@colchesterct.gov

Recreation Coordinator, Anita Miazga -

apmiazga@colchesterct.gov

Office/Program Assistant, Paul Gregorio -

pgregorio@colchesterct.gov

Phone: (860) 537-7297 Fax: (860) 537-0547

PUBLIC OFFICE HOURS

Mon - Fri 9am - 4pm

PARK MAINTENANCE

Tim Angell, Crew Leader

Don Standish, Mike Ryder

Neal Trecarten, Don Johnson, Nate Emmons, Mike Olzacki

SPORTS LEAGUES - WHO TO CONTACT

Although many organizations use town’s facilities, the following groups *do not* come under the Direction of Colchester Parks & Recreation. Unless otherwise specified, sports leagues can be reached through their voice mailbox on the Parks & Recreation Infoline: 537-7200 ext. 1004.

YOUTH:

Basketball: Paul Scheibelein - basketball@colchesterct.info

Cheerleading: Tina Everett 537-0700

Football: football@colchesterct.info

Sean O’Leary -

Lacrosse: Tracy Loskant - lacrosse@colchesterct.info

T-Ball, Baseball & Youth Softball:

Tom Lambert - baseball@colchesterct.info

www.eteamz.com/colchesterctbaseball

Youth Soccer: Bruce Lund - soccer@colchesterct.info

Youth Wrestling: Gordon Elrod - wrestling@colchesterct.info
www.colchesterwildcats.org

ADULT:

Men’s Softball: Mike Gatesman - menssoftball@colchesterct.info

Women s Softball: Lynn Weir - www.colchestersoftball.org

Men s Soccer: Hugo Vivero - menssoccer@colchesterct.info

COLCHESTER SPECIAL OLYMPICS:

Necia Stopa - nstopaharp@yahoo.com

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Community News and Happenings

Colchester Youth Basketball In-Person 2007/2008 Registration Schedule

Registration will occur at the recreation complex (Pavilion) on the following dates and times:

Saturday, October 6 - 9:00 am-12:00 pm

Saturday, October 13 - 9:00 am-12:00 pm

Saturday, October 20 - 9:00 am-12:00 pm

Contact Paul Scheibein (CYB President) with any questions.

Phone: 537-3598

Email: scheibein@sbcglobal.net

Big E Discount Tickets!

Plan a day at the Big E, and before you go, pick up your tickets at Colchester Parks & Recreation. The Big E runs daily from Friday, September 14th – Sunday, September 30th. Connecticut Day is Wednesday September 19th. For your convenience we are open from 9:00 a.m. until 4:00 p.m. Monday – Friday. Visa and MasterCard accepted. Tickets will be available until 4:00 Friday, September 28th. Adult tickets \$10.00, Children ages 6-12 \$8.00, Children under 6 years are free, Midway POP Voucher for wristbands \$15. Save time, avoid the line and have a great time! For more information please call 537-7297.

Colchester Organizations Team Up To Support Town

Dateline: August 10, 2007, Colchester, CT

The Colchester Lions, Colchester Rotary Club, and Colchester Business Association routinely give back to their community. When they get together, however, their generosity and commitment to town reach new levels.

Over the past few months, the clubs have jointly developed and financed a plan to improve the Colchester Town Green. After garnering support from all of the various stakeholders, such as the Bacon Academy Board of Trustees, the Historic District Commission, and the Colchester Historical Society, the clubs jointly committed thousands of dollars to fund the installation of sanitary and drainage lines on the green.

Tying into the sewer lines on Hayward Avenue, the sanitary line will provide hidden pipes where event operators can directly dispose of their waste water. With the many events that each of the clubs produce on the green, this will greatly ease the setup, as well as increase the cleanliness for the public health. The other half of the project will extend the drainage into areas of the green that routinely pool up after heavy rains, helping to maintain the condition of the green.

By combining the funding of the clubs, some trenching work by the Parks & Recreation Department, and the time and expertise of Paul Picard (a Lion's Club member and professional plumber), the Town is getting significant improvements at little or no cost to the Town. These organizations and their volunteers truly deserve recognition for their contributions.

Walk the Walk!

Looking for a great place to walk outside? Visit the walking trail at the Colchester Recreation Complex at 215 Old Hebron Road. The approximately 2/3-mile loop winds its way in and around the many ballfields at the complex.



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News and Happenings Continue

Mass Confusion at the 57 Fest!

Make that Mass-Conn Fusion. This combination of musicians hailing from Connecticut and Massachusetts will come together to entertain the thousands of attendees at the 3rd Annual Colchester 57 Fest on Saturday, September 29, 2007.

From 6:00-8:00pm, the area's premier R&B band will appear live on the Liberty Bank Stage, leading up to the spectacular fireworks show at 8:00pm.

Mass-Conn Fusion features an incredible horn section that, along with the rest of the band, will enhance the party atmosphere that reigns supreme at this event each year. This year's entertainment is once again courtesy of Liberty Bank, who has returned as this year's exclusive sponsor of the headline concert.

"We're thrilled to sponsor this terrific band as the entertainment highlight of what is shaping up to be the best 57 Fest ever," said Sandi Churchill, manager of Liberty Bank's Colchester office, and a Colchester resident. "Mark your calendars and don't make any other plans, because Colchester is the place to be on September 29!"

Bacon Academy Ski/Snowboarding Club 2008!

Attend the informal meeting and pick up your registration packet on Wednesday, October 19th at 2:30 p.m. in the Bacon Academy Media Center! Deadline to register for the ski club is November 2nd. New additions this year include 6 hr. pass option and parent passes too!

The 57 Fest is an annual community celebration that highlights the best of what makes Colchester an incredible place to live, work and recreate. With the addition of the Wellness Tent, it also encourages attendees to live active, healthy lifestyles. The festival will run from 4:00-8:00pm, with Sunday, September 30 as the rain date.



Other sponsors at time of printing include:

Presenting Sponsors:
Reminder Newspapers,
Stop & Shop, Eastern
Federal Bank,

Colchester Business Association,

Gano's Power Equipment, S&S Worldwide, and Funtastic Inflatables. Co-Sponsors include Skyview Realty, Culinary Delights, and Curley's Kids Care.

For complete information on this year's festival, as it develops, visit the web site at www.colchesterct.net/57fest.

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Bus Trips

All seats reserved are on a first come first served basis. No refunds for trips will be given unless the registrant can find their own replacement or we have a waiting list. Refunds will only be given if the Parks and Recreation Department cancels the trip. An adult must accompany anyone under the age of 18. Register early the busses fill quickly! This is the way to travel; it's convenient and very economical!

Taste of Manhattan Tour Saturday, September 29th 2007

Here's a chance to visit 4 Manhattan food 'hot spots' all in one day! Your motorcoach will stop in each neighborhood to give you time to shop and sample their delicious food. Chinatown: Interesting markets with Asian products & specialties. Bring home wonderful authentic ingredients for homemade dishes. Lower East Side: Katz's Deli: The most famous sandwiches! Pastrami, corned beef, pickles, knishes, bialys, blintzes, cheesecakes and so much more! Little Italy: Ferrara's Bakery & Cafe-Cannoli, stogliatelle, gelati, lattes, espressos, biscotti and other fine imports. Upper West Side: Zabar's Gourmet market, cheeses, breads, meats, specialty cuisine, cooking gadgets and international foods & drinks. A tour guide will be along for the ride and will share tips and suggestions for each neighborhood. Cost of food is not included. Bus departs Marlborough Town hall at 7:30 a.m. Cost is \$51 per person.



Meadowlands Flea Market Saturday, October 6th 2007

Shopping at the Meadowlands Flea Market is an extraordinary experience like no other! From hard to find essentials to the must have, attic treasures, crafts, collectibles, wonderful fresh produce and garden flowers. Explore the market located at Giants Stadium in the Meadowlands Sports Complex with more than 600 vendors, presenting an always changing mix of product. Admission is free, Flea Market hour 9:00 a.m. to 5:00 p.m. Luxury motor coach bus leaves Colchester Town Hall at 7:00 a.m. departs from Flea Market at

5:00 p.m. for more information you may visit the website at www.meadowlandsfleamarket.com. Cost is \$41 per person.

Chinatown, NY & Little Italy Saturday, October 20th 2007

Spend the morning and lunch exploring Chinatown and Little Italy. Enjoy the many tastes, cultures and specialty shops that this famous area has to offer. By mid afternoon we will get back on to our luxury motor coach to spend the rest of the day at the South Street Seaport for shopping while enjoying the atmosphere provided by the talented street performers. Bus Departs Hebron Town Hall at 8:00 a.m. Cost is \$35 per person.

Kittery Outlets Saturday, November 10th 2007

Holiday Shopping in Kittery, ME with over one mile of famous brand outlet stores filled with great savings every time you shop! If you are looking for the latest in designer fashions, brand name shoes, fine china, house wares or that unique gift- this is the trip for you! For the outdoor enthusiast, the famous Kittery Trading Post offers a wonderland of camping and outdoor sporting gear. The outlet includes Coldwater Creek, Banana Republic, Crate & Barrel, Ross Simons and more. Check their website at thekitteryoutlets.com for a complete listing. Also included is a VIP savings booklet, map etc. for each shopper. Luxury motor coach bus leaves Colchester Town Hall at 7:00 a.m. and leaves Kittery at 5:00 p.m. Cost is \$44 per person.

Newport Mansions Saturday, November 17th 2007

Start your holiday season off with a visit to Newport. Take in the mansion's lavish settings and elegant decorations; this trip will inspire us all and capture the warmth of Christmas spirit! Cost includes deluxe motor coach transportation from the Hebron Town Hall, evening illumination at the Breakers, admission to the Marble House and a 10 mile Ocean Drive Tour with local guide. Bus departs Hebron Town hall at 8:00 a.m. Cost is \$66 for adult and \$61 per child (12 and under).

Macy's Balloon Inflation-Thanksgiving Wednesday, November 21st 2007

A great way to begin the holiday season festivities! Join us for the Thanksgiving Day Balloon Inflation the night before the big Macy's Thanksgiving Day Parade in NY City! Luxury Motor Coach departs Marlborough Town Hall at 12:00 p.m. and will depart NY approximately 8:00 p.m. Inflation begins about 4:30 p.m. in the Central Park area. There will be time prior to the inflation for lunch/dinner. Cost is \$37 per person.



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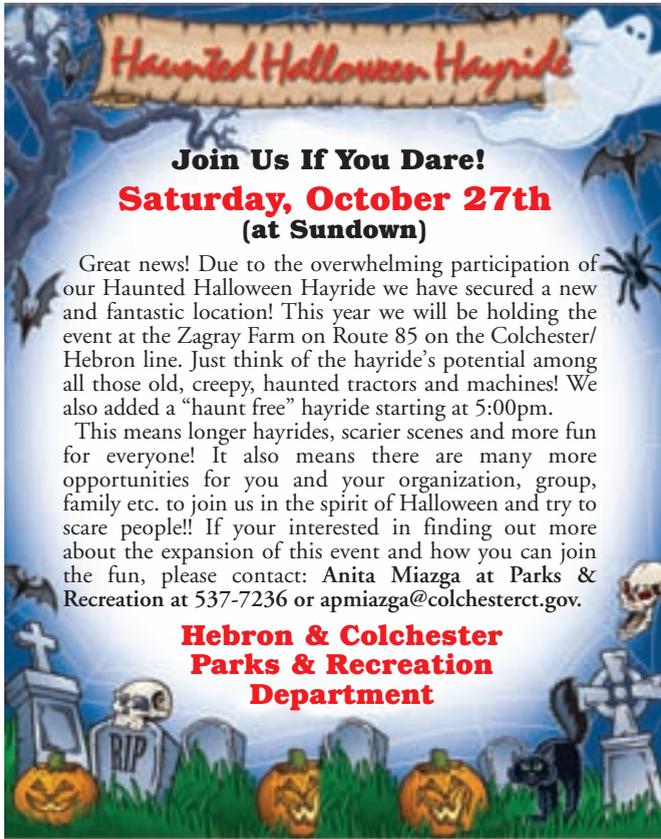
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Haunted Halloween Hayride

Join Us If You Dare!
Saturday, October 27th
(at Sundown)

Great news! Due to the overwhelming participation of our Haunted Halloween Hayride we have secured a new and fantastic location! This year we will be holding the event at the Zagray Farm on Route 85 on the Colchester/Hebron line. Just think of the hayride's potential among all those old, creepy, haunted tractors and machines! We also added a "haunt free" hayride starting at 5:00pm.

This means longer hayrides, scarier scenes and more fun for everyone! It also means there are many more opportunities for you and your organization, group, family etc. to join us in the spirit of Halloween and try to scare people!! If your interested in finding out more about the expansion of this event and how you can join the fun, please contact: Anita Miazga at Parks & Recreation at 537-7236 or apmiazga@colchesterct.gov.

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Parks & Recreation
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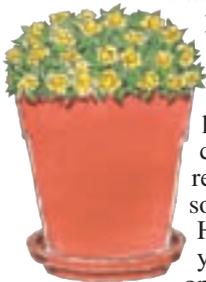
Special Events

Registration Deadline Is One Week Prior To Start Date

Fall Plant Swap

How does your garden grow? Bring a healthy sampling of four or more of your favorite plant(s) potted up and go home with the same amount from the gardening friends you will meet at the swap. Swap starts promptly at 10:00 a.m. Come early and be ready!!

Sunday, September 22nd, 2007, 9:30 am to 10 am
Cohen Woodlands (Rain location: RecPlex Pavilion)



Plant Swap Instructions: Please pot your plants at least 4 days before the Plant Swap and clearly label each plant with name of plant, sun requirements, height, bloom time and any other helpful comments; ie spreads quickly, cut back for multiple blossoms, deer resistant etc. If you have a lot of something that needs to be dug up; i.e. Hosta, Spirea, please let us know when you register so we can announce the opportunity to "come and dig them up" at the swap. **For additional information please contact Colchester Parks & Recreation at (860) 537-7297.**

Air Line Trail Segway Tours

Saturday, October 20th, 2007
Tour Times: hourly from 9am-1pm
\$65/person

Experience the incredible fall foliage of the Air Line Trail as you cruise along on a Segway! Led by knowledgeable guides, each 1-hour tour will cover many miles of the trail on these unique, self-balancing devices. Tours will begin with a short lesson on operating the Segway. For ages 16 and up. **Spaces are limited - register with Parks & Recreation by Oct. 12.**



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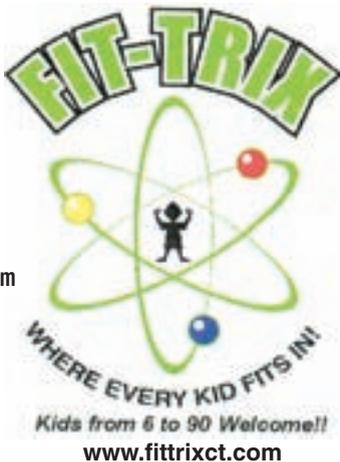
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 Sat. 7am-1pm

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Special Events Continue

5th Annual

Air Line Trail Ghost Run/Relay Event

Presented by The Parks & Recreation Departments of Colchester, East Hampton, Marlborough and Hebron along with the State of CT Department of Environmental Protection

Saturday, November 3rd, 2007 at 9:00am • 13.8 miles
(Start at Hebron Elem., Hebron to Center Elem., East Hampton)

Registration: Drop off forms at any of the participating Parks and Recreation offices or mail to:
Colchester Parks & Recreation Department
127 Norwich Avenue
Colchester, CT 06415

or register on-line at www.colchesterct.net

Fee: Individuals: \$25 pre-registration
\$30 after Oct 26

Relay Teams: \$45 per team pre-registration
\$50 per team after Oct 26

Make Checks Payable to Town of Colchester

Long Sleeved T-shirts to the first 100 registered!

For more information, please contact any of the Parks and Recreation Offices.

Colchester 537-7297 • East Hampton 267-6020
Hebron 228-5971 • Marlborough 295-6203

3rd Annual Holiday House/Business Decorating Contest

The Colchester Parks and Recreation encourages residents and businesses to participate in the 3rd annual Holiday House/Business Decorating Contest on Monday, December 3rd. Take this opportunity to show your holiday spirit through creative and artistic expression by decorating your property for the holiday season. In order to be part of this fun, free contest, participating residents/businesses must register with the Parks and Recreation Department no later than November 23rd. The first, second, and third place winners of the contest will be contacted the following week to pick up their prize. Winners of the previous contest received prizes from local businesses. Participants will have until Saturday, December 1st to complete their decorations. The judging will take place on Monday, December 3rd. In addition, anyone attending the Holiday Homecoming event on December 1st will have the opportunity to take a bus tour to view the decorated houses/businesses. Keep looking for greater detail regarding this event in the near future.

Hot Shot Contest

Save the Date for the 15th Annual Hot Shot Contest:
Thursday, December 27, 2007

For Boys and Girls who will be 9-15 years old as of December 31, 2007.

Keep a lookout for more information.

Bike to School Day

It is that time of year again when the locker doors are slammed, the ink in the pens start to flow and for Bike to School Day. Join the Bacon Academy community in a united group to ride to school. Whether you are a member of the school's sports teams, clubs, coach and faculty/staff, take part in this opportunity to socialize and meet new people. It is also a chance to share a common interest with old friends and new friends. Bike to school is just one example of how to engage yourself in a healthy and active lifestyle. Use it to pedal start your healthy exercise and physical fitness routine that will improve your total wellness.

The Central Connecticut Bicycle Alliance (CCBA) and the Colchester Parks and Recreation Department are joining spokes together to host its third annual Bike to School Day offered to the entire Bacon Academy community. The Bike to School Day will be held on Friday, September 28th. All Bacon Academy students and faculty/staff interested in participating in the bike ride to school should meet at the Colchester Town Green at 6:45am. The CCBA will provide giveaway items for those attending the ride. Prior to the ride, the Parks and Recreation Department participants will provide refreshments and juice. The bikers will leave the Town Green promptly at 7:10am and finish the ride at Bacon Academy prior to the start of school. The Colchester Police Department will be escorting the riders to school for their safety and street crossings. Bike riders are responsible for their own transportation home from school at the end of the day. All participants must wear a helmet.

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Preschool

Registration Deadline Is One Week Prior To Start Date

Music & Movement Kids

Ages: 3 – 5 years

Preschool Music & Movement BY POPULAR DEMAND! Announcing a NEW Saturday preschool program “M & M Kids!” This innovative parent and child class is the perfect place for parents to learn and experience fun ways for their family to make enjoyable music together. This class explores a variety of classic kids songs, percussion, dance, games and movement that makes music making fun and easy for the whole family. M & M Kids will help develop listening skills, encourage expression and enhance interaction. Please register ALL children attending the class.

Session 1: 6 weeks, Saturdays, September 29th – November 3rd

9:00 am – 9:45 am

Colchester Youth Center

Activity # 4000.480

Fee: \$45

Session 2: 5 weeks, Saturdays, November 10th – December 15th

9:00 am – 9:45 am

Colchester Youth Center

Activity # 4000.482

Fee: \$ 38

Happy Notes

Ages: 3 months to 5 years

A Colchester favorite! An interactive music program designed to give children the opportunity to explore their own imagination through music and shine with their own musical ability. Please register all children who will be in the room who are between the ages of three months to 5 years. Registration deadline September 21st! Space is limited; register early for this very popular program.

Fridays, September 28th – October 26th

10:30 am – 11:15 am

Cragin Library

Activity # 4000.303

Fee: \$56

Happy Notes

A Colchester favorite! An interactive music program designed to give children the opportunity to explore their own imagination through music and shine with their own musical ability. Please register all children who will be in the room who are between the ages of three months to 5 years.

Registration deadline for this program is Nov. 2nd.

Fridays, November 9th – December 14th

10:30 am – 11:15 am

Cragin Library

Activity # 4000.444

Fee: \$56



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Lil' Kickers Introductory Program

The Chung Do Kwan Academy of Colchester is offering a 4 week introductory Lil' Kickers Program. This specialized Taekwondo class is offered to children ages 3-5 years. The Lil' Kickers program focuses on improving preschool-age children's basic motor and listening skills. In the Lil' Kickers classes, your child will be exposed to positive social interaction and learn to work with others and follow directions from the instructors through Taekwondo training. The curriculum consists of developing 8 major skills that are necessary for participation in any sport or activity. These skills are focus, teamwork, control, balance, memory, discipline, fitness and coordination.

Thursdays, November 1st – November 29th, No Class on November 22nd

10:30 - 11:10 am

Activity # 4000.305

Colchester Chung Do Kwan Academy

Fee \$50

Preschool Events Continue

Miss Mary's Dance Classes:

There are 2 sessions of dance classes, Fall & Winter/Spring. In order to be in the Spring recital dancers must register and complete the Winter/Spring session. To keep the cost of the spring recital reasonable we ask each parent to volunteer some of their time and talents. For example, we need parents to assist making simple scenery. In the past parents have painted and decorated large banners as back drops. Parents also made the costumes and/or add embellishments to costumes. Depending on the number of volunteers sometimes each parent is responsible for decorating their own child's costume. We keep it easy and festive, decorated t-shirts using fabric markers, tacked on enhancements, accessories etc. Help is also needed back stage during the dress rehearsal and the recital keeping the children entertained while they wait for their performance time, doing their hair and makeup and getting the children lined up for their dances. The recital comes together as a cooperative effort and is always a night to remember for dancers and their families.

In addition, JJIS school administration has informed Parks & Recreation that waiting in the hallway will not be permitted and will be strictly enforced. Parents or siblings waiting in the hallway will jeopardize Park & Recreation's future use of the school. A small conference room has been reserved for those who feel it is necessary to wait inside the building. Also, please have all dancers use the restrooms before class.

Pre Ballet 1 Mon

Ages 3 – 5 years

This preschool ballet class is a great way to open your child's door to the world of Classical Ballet. These young dancers will learn through movement, stories, instruments, games, songs and much more. Registration deadline one week prior to the start of class! No class Oct. 8. & Nov 12th Class will be held on November 19th.

Mondays, September 24th – November 26th

9:30 am – 10:15 am

Town Hall Meeting Room 1

Activity # 4000.373

Fee: \$43

Pre Ballet 1 Wed

Ages 3 – 6 years

This preschool ballet class is a great way to open your child's door to the world of Classical Ballet. These young dancers will learn through movement, stories, instruments, games, songs and much more. Registration deadline one week prior to the start of class! No class Nov 21st.

Wednesdays, October 3rd - December 5th

4:30 pm – 5:30 pm

JJIS Room 79

Activity # 4000.375

Fee: \$43

Pre Ballet 2 Mon

Bring your child to the next level of dance through Pre Ballet 2. As your child grows our dance class grows with them, while extending your child's dance knowledge at the same time. Young dancers learn through stories, instruments, games, songs and much more. These children must have completed Miss Mary's Pre Ballet 1 class or have prior dance experience. There will be no class on 10/8 and 11/12. Class will be held on November 19th Registration deadline is one week prior to the start of class!

Mondays, September 24th – November 26th

10:15 am – 11:00 am

Town Hall Meeting Room 1

Activity # 4000.374

Fee: \$ 43

Pre Ballet & Tap 2 Thurs

Ages 4 – 6 years

Bring your child to the next level of dance through Pre Ballet 2. As your child grows our dance class grows with them while extending your child's dance knowledge at the same time. Learn through stories, instruments, games, songs and much more. We will be introducing Tap to this class. Dancers must have completed Miss Mary's Pre Ballet 1 class or have prior dance experience. No class 11/22/07.

Thursdays, October 4th - November 29th

4:30 pm – 5:30 pm

JJIS Room 79

Activity # 4000.322

Fee: \$43

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Fall Classes Begin September 10th

Registration fee is \$20

Preschool Events Continue

Start Smart Soccer

3 – 5 years with parent

Play with your kids!! This program focuses on teaching children and their parents basic soccer skills such as kicking, dribbling, trapping & throw-ins/running without the threat of competition or the fear of getting hurt. Each week the exercises become increasingly more difficult as the children show improvement. Children learn the skills, but have FUN in the process. It's important that the children have fun while learning basic skills so they will be more likely to participate in organized leagues in the future. Mandatory Parents Meeting on September 13th at the Library in Norton Room A from 6-7 PM. If you have already attended a Start Smart Parent meeting, you are excused. No class October 8th. Pre registration is required registration deadline is September 13th Limit 20 parent/child teams.

CES Gym

Fee: \$ 35

Session 1: Mondays, September 17th – October 29th

Activity # 4000.365 6:00 pm – 7:00 pm

Activity # 4000.382 7:00 pm – 8:00 pm

Session 2: Mondays, November 5th – December 17th

Mandatory Parent Meeting on October 25th Norton Room A from 6-7 PM. No class on Nov. 12th. Deadline to register October 25th.

Activity # 4000.383 6:00 pm – 7:00 pm

Activity # 4000.384 7:00 pm – 8:00 pm

TWO Much Fun!

NEW PROGRAM

This new class is designed for your 2 year old without a parent! Your toddler will learn through play and have an opportunity to be a little independent. Each week will be a themed activity such as music, arts and crafts, building, show and tell, play-doh, and movement. A handout will be given at the first class to let you know the themes. Parents must stay in the building during the entire length of class. For your convenience Norton Room B will be reserved for parents. Register early class size is very small.

Cragin Library Norton Room A & B

4 week sessions Fee: \$29

Session 1:

September 26th - October 17th

10:15 am – 11:00 am Activity # 4000.302

4:15 pm – 5:00 pm Activity # 4000.306

Session 2:

Wednesdays, October 24th – November 14th

10:15 am – 11:00 am

Activity # 4000.300

4:15 pm – 5:00 pm

Activity # 4000.309



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COUPON

A WEEK FREE

This week applies only to new parents to the center. Parents must be enrolled for 5 weeks to get their week free of tuition. Please present this coupon at the time of registration. Offer ends: December 31st, 2007.

J71158



After School

Registration Deadline Is One Week Prior To Start Date

Parents **MUST** send a note to school each week giving their child permission to participate in any after school program. Children without notes will not be able to participate. Space is limited register early. Late Fees: Our after school programs are over at 4:30 p.m. We ask that you pick your child up at that time. If you arrive after 4:35 p.m. you will be billed a \$1.00 per minute late charge. Please be considerate!

Krafty Kids at CES

Let's celebrate the crisp & colorful days of autumn with cool and different craft projects. Participants will take home a finished craft project at the end of each class. Be creative and join the fun! Grades 1 & 2 ONLY! No class Oct. 8th.

Mondays, September 24th - October 29th

3:15 pm - 4:30 pm

CES Classroom

Activity # 3000.350

Fee: \$35

Krafty Kids At CES

Experience the personal touch in your crafting. Participants will express themselves using glue, feathers, glitz & glitter! Decorations & gifts galore. You'll be so proud of your festive creations! Grade 1 & 2 Only! No class Nov 12 & 19

Mondays, November 5th - December 17th

3:15 pm - 4:30 pm

CES Classroom

Activity # 3000.351

Fee: \$35

Captain Cook at CES

Get ready for FUN in the kitchen! Children will explore using hands-on food preparations while learning to use a variety of ingredients and cooking methods! Eating their creations surely provides a special experience! All recipes will be shared at the end of each class. Registration deadline is September 18th. For grades 1-2 ONLY. Instructor: Day Camp's Miss T!

Tuesdays, September 25th - October 23rd

3:15 - 4:30 pm

CES Classroom

Activity # 3000.333

Fee: \$35

Budding Scientists at CES

Botanical Bonanza

Ever wonder how a tall tree grows from a little seed? You and your friends will learn by becoming plant scientists! Explore germination, fungus, flowers and more with your hands in mud and soil. This program is for grades 1 & 2 only. New Instructor Day Camp's Miss Fill!

Wednesdays, September 26th - October 31st

3:15 pm - 4:30 pm

CES Classroom

Activity # 3000.331

Fee: \$35

Paper Mache Creations at CES

Creative Crafts with Paper Mache! Volcanos, Pinata's, Mask's and more! You and your friends will get your hands goopy while making cool, colorful constructions. Try this great new program! This program is for grades 1 & 2 only. No class Nov. 21st. New Instructor Day Camp's Miss Fill!

Wednesdays, November 7th - December 12th

3:15 pm - 4:30 pm

CES Classroom

Activity # 3000.332

Fee: \$35

Decorative Desserts at CES

This sessions fabulous desserts will all have one common ingredient, CHOCOLATE! Come create and enjoy unique and delicious treats. Bring along your taste buds!

Thursdays, September 27th - October 25th

3:15 pm - 4:30 pm

CES Classroom

Activity # 3000.338

Fee: \$35

Decorative Desserts at CES

We will be celebrating the season and the upcoming holidays by incorporating them into beautiful edible delights! Think pumpkins, turkey's, snow flakes, candy canes and dreidels! A 'sweet' time will be had by all! No program 11/22. For grades 1-2 ONLY

Thursdays, November 1st - December 6th

3:15 pm - 4:30 pm

CES Classroom

Activity # 3000.339

Fee: \$35

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J99885

After School Events Continue

Squeaky Sneakers Grades 1 & 2

Get active and have fun after school with Mr. Levine! Join us for an enthusiastic approach to physical activity and recreation. Help your child attain their daily recommended amount of physical activity! This program will keep your child busy with games and sports. Dress appropriately, we'll be outside as long as possible! Registration deadline October 27th. No program Nov. 23.

Fridays, November 2nd – December 7

3:15 pm – 4:30 pm

CES Gym

Activity # 3000.353

Fee: \$ 35

Squeaky Sneakers - Kindergarten

Kindergarteners get active and have fun after school with Mr. Levine! Join us for an enthusiastic approach to physical activity and recreation. This very popular program is specifically designed to help kids attain their daily recommended amount of physical activity! This program will keep kids busy with games and sports. Register early! Wear sneakers and dress appropriately, we'll be outside as long as possible! Registration deadline is September 21st.

Thursdays, September 27th – October 25th

3:15 pm – 4:30 pm

CES Gym

Activity # 3000.336

Fee: \$35

Squeaky Sneakers - Kindergarten

Kindergarteners get active and have fun after school with Mr. Levine! Join us for an enthusiastic approach to physical activity and recreation. This very popular program is specifically designed to help kids attain their daily recommended amount of physical activity! This program will keep kids busy with games and sports. Register early! Wear sneakers and dress appropriately, we'll be outside as long as possible! Registration deadline is Oct. 25. No program 11/22.

Thursdays, November 1st – December 6th

3:15 pm – 4:30 pm

CES Gym

Activity # 3000.352

Fee: \$ 35

Squeaky Sneakers- Grades 1 & 2

1st & 2nd graders get active and have fun after school with Mr. Levine! Join us for an enthusiastic approach to physical activity and recreation. This very popular program is specifically designed to help kids attain their daily recommended amount of physical activity! This program will keep kids busy with games and sports. Register early! Wear sneakers and dress appropriately, we'll be outside as long as possible! Registration deadline is September 21st.

Fridays, September 28 – October 26th

3:15 pm – 4:30 pm

CES Gym

Activity # 3000.337

Fee: \$35



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Youth

Registration Deadline Is One Week Prior To Start Date

NEW CLASS

Jazz & Tap Thurs

Ages 5 – 13 years

This is NOT your typical dance class! Dancers will learn a combination of Hip-Hop and Lyrical Jazz movements-today's hottest moves-music video style! This class uses popular music of today's youth. Kids will also learn a few great tap dances. Come and learn the newest moves with your friends! All lyrics are age appropriate. Registration deadline is one week prior to the start of the class! No class November 22, 2007.

Thursdays, October 4th - November 29th

6:30 pm – 7:30 pm

JJIS Room 79

Activity # 4000.381

Fee: \$43

Taekwondo Introduction

Ages: 4yrs to 11yrs

The Colchester Chung Do Kwan Academy is offering an introductory program in Taekwondo. This program is offered to anyone aged 4-11years old. Students will receive the basic knowledge of Taekwondo as well as physical fitness training. This is a great activity for children because it helps increase focus, concentration and discipline. This is a one-month, new student, program that offers a very flexible training schedule. You are welcome to train during any and all class times that are open to beginners. Come and try out this exciting and challenging sport! Registration deadline is one week before the start date.

Class Times: Monday - 5:30-6:30 PM

Tuesday - 6:00-7:30 PM

Session 1 - October 1st - October 31st Activity

#4000.343

Session 2 - November 1st - November 29th Activity

#4000.344

Session 3 - December 1st - 31st Activity # 3000.341

Colchester Chung Do Kwan Academy

Fee \$50 - Includes free uniform

Climbing Introductory Program

Ages 8 and older

Looking for a healthy and challenging activity? Then register for our NEW Climbing Program! Instructor Gary Mead will teach participants the fundamentals of climbing which include rules, safety, proper use of equipment and much more! In addition the instructor will also be incorporating fun team building activities as part of the climbing program. Parents and children are encouraged to participate together!

Saturdays, October 6th - November 3rd

10:30 am – 12:30 pm

Bacon Academy Climbing Wall

Activity # 5000.122

Fee: \$ 58

Improvisational Workshop

Grades 4 - 8

Perhaps you've seen the show, "Who's Line is it Anyway". Looks like fun, doesn't it? Well, it is, but it's challenging as well as creative. Dan Coyle can help you succeed with tips on acting technique and brainstorming. Learn to develop a character and create interpersonal material with fitting speech characteristics and body language. A safe, friendly situation is created, so participants feel free to experiment with acting options. It's exciting to see where the acting games will lead. This is great for anyone, as both a creative exercise, and a way to loosen up and have some laughs. The last day of class will be a showcase of talent!

Thursdays, 6:30 pm – 8:30 pm

WJMS Class Room

Fee: \$35

Session 1: September 27th – October 25th

Activity # 5000.513

Session 2: November 1st – December 6th

Activity # 5000.516 No Class Nov. 22

Ballet & Tap Youth Thurs

Ages 5 – 13 years

Your child will learn the technique of Classical Ballet and Tap through Ballet Barre, center and across the floor exercises. They will gain knowledge of dance, sense of music socialization and much more. No class November 22, 2007.

Thursdays, October 4th - November 29th

5:30 pm – 6:30 pm

JJIS Room 79

Activity # 4000.379 Fee: \$4

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Youth Events Continue

Boys Jazz and Tap Wed

Ages 5 – 13 years

This is NOT your typical dance class! Just BOYS will learn a combination of Hip-Hop and Lyrical Jazz movements-today's hottest moves-music video style! This class uses popular music of today's youth. Kids will also learn a few great tap dances. Come and learn the newest moves with your friends! All lyrics are age appropriate. No class November 21st. Registration deadline is one week prior to the start of the class.

Wednesdays, October 3rd - December 5th
5:30 pm – 6:30 pm - JJIS Room 79

Activity # 4000.376

Fee: \$ 43

Cartooning

Ages 5 – 15 years

The Art of Animals

It's fun to draw animals, and this class has a wide variety of animal projects. You'll learn how to draw all kinds of realistic animal pictures, as well as funny cartoon animals. Horses, cats, dogs and dinosaurs will appear before your eyes as you draw. You'll even invent your own combination creature. Try the Australian native's plan for drawing the outside and inside of an animal at once. Use paint and mixed media to create textures.

Tuesdays, October 2nd – November 6th
7:00 pm – 8:00 pm - WJJMS Class Room

Activity # 5000.514

Fee: \$96

Taekwondo Introduction

Ages: 11yrs and up

The Colchester Chung Do Kwan Academy is offering an introductory program in Taekwondo. This program is offered to anyone aged 11 years old and up! These Taekwondo classes will teach basic knowledge of Taekwondo as well as helping to increase flexibility and physical fitness. This is a one-month, new student, program that offers a very flexible training schedule. You are welcome to train during any and all class times that are open for your age. Come and try out this exciting and challenging sport! Registration deadline is one week before the start date.

Class Times: Monday & Wednesday 6:30pm – 8:00pm
Tuesday & Thursday 7:00pm-8:30pm

Session 1 - Session 1 - October 1st - October 31st

Activity #4000.346

Session 2 - November 1st - November 29th Activity #4000.347

Session 3 – December 1st – 31st Activity #3000.344

Colchester Chung Do Kwan Academy

Fee \$50 – Includes free uniform



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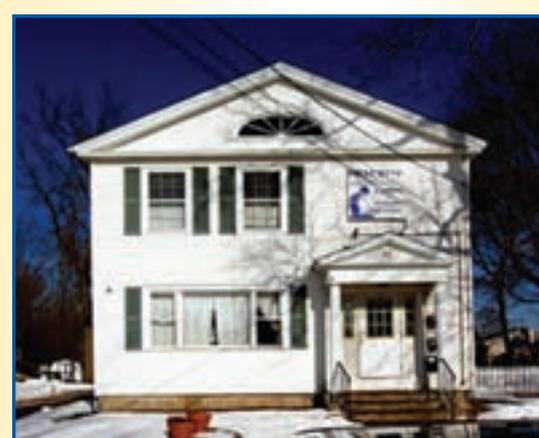
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Adult

Registration Deadline Is One Week Prior To Start Date

All adult programs are for men and women 18 years and older unless otherwise specified. We welcome 16 year olds in some programs with parent permission. These classes emphasize fitness for all ability levels through exercise. To enroll you must be in good physical condition. If there is any uncertainty about your ability to undertake an exercise program, we suggest that a physician be consulted for an evaluation.

Adult Recess

Ages: 18 Years and older

Peter Pan said it best, "I won't grow up." If you find your self thinking this at times, then Adult Recess is the place for you. Take a step back towards your childhood and participate in open gym activities. Choose from dodgeball, wiffleball, basketball, soccer and more. Each week will be a different game. Registration deadline September 24th. No Program November 12, December 24 & 31.

Tuesdays, September 25th – January 1st, 2008

6:30 pm – 8:30 pm

WJMS Gym B

Activity # 2000.441

Fee: \$25

Ballroom Dancing

Ages: 18 Years and older

This class makes a great night out! Get ready to dance the night away. Each six-week class will concentrate on the basics of two different dances. Session One: Waltz and Swing. Participants may wear comfortable clothing. Ballroom shoes are preferred (can be pre-ordered through The Dance Academy of Colchester 537-3888). Students may also wear socks or shoes with a neutral colored sole. In order to protect the studio floor, please no shoes worn off the street or sneakers of any kind may be worn. Registration deadline September 21st.

Friday, September 28th – November 2nd

6:30 pm – 7:30 pm

Dance Academy of Colchester

Activity # 2000.346

Fee: \$63

Cardio Kick Trim & Tone

Ages 16 and older

Enjoy exercising to the latest cardio and weight training methods. Join your instructor April as she takes you on a fitness quest. Start your journey of a healthy lifestyle change that starts with cardio, followed by the incorporation of light weights to the leg workouts along with repetitions for the whole body, ending with an explosive abs routine! See the results at the end of this new and exciting exercise combination class. Please bring a water bottle, 3-pound weights and a mat. Registration deadline is September 18th. Tuesdays & Thursdays, September 25th – November 15th

6:00 pm – 7:30 pm

Bacon Academy Cafeteria

Activity # 2000.343

Fee: \$72

Men's Pick-Up Basketball

Ages: 18 Years and older

Think you got game? From Beginner to Advanced, Pick-Up Basketball has something for everyone. Bring your best and challenge others for a little 5 vs. 5. Whatever it is, you can play! Registration deadline is September 19th. No Program November 22 and December 26. Non-residents are welcome to play, at an additional \$15.00.

Wednesdays, September 26th - January 16th 2008

6:00 pm – 7:20 pm

WJMS Gym B

Activity # 2000.434

Fee: \$20

Men's Pick-Up Indoor Soccer

Ages: 18 Years and older

Ever want to be a part of world-class soccer, but never had the chance? We have the next best thing for you. Bring your sneakers and get ready to match up against some of Colchester's best. Take part in an opportunity to stay in shape, exercise, socialize and of course, play soccer! Men of all skill levels and abilities are encouraged to participate. No Program November 22 and December 27. A minimum of 22 registrations is needed to run program. Registration is September 19th.

Thursdays, September 27th – January 17th 2008

7:30 pm – 8:50 pm

WJMS Gym B

Activity # 2000.339

Fee: \$20



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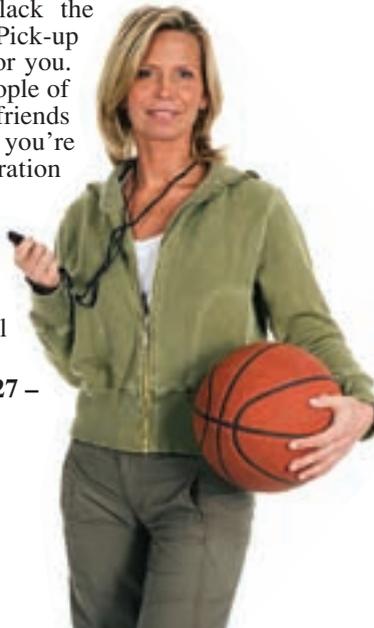
Adult Events Continue

Women's Pick Up Basketball

Ages: 18 Years and older

Like competition, but lack the desire for structure? Pick-up Basketball is the thing for you. Enjoy playing against people of all skill levels. Bring friends and make friends while you're at it as well. Registration deadline is September 20th. No Program November 22 and December 26. Non-residents are welcome to play, at an additional \$15.00.

Thursdays, September 27 – January 17 2008
6:00 pm – 7:20 pm
WJMS Gym B
Activity # 2000.432
Fee: \$20



Women's Pick-Up Indoor Soccer

Ages: 18 Years and older

Can you "Bend it Like Beckham?" If you think you can, then come out and show us what you got. Take time away from your everyday busy schedule and try to score the game winner against your opponent. Take part in an opportunity to stay in shape, exercise, socialize and of course, play soccer! Women of all skill levels and abilities are encouraged to participate. No Program November 22 and December 27. A minimum of 22 registrations is needed to run program. Registration deadline is September 20th.

Wednesdays, September 26th – January 16th 2008
7:30 pm – 8:50 pm
WJMS Gym B
Activity # 4000.402
Fee: \$20

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Senior Center

News from: Colchester Senior Center

The Colchester Senior Center has received a grant for out of town transportation for non-emergency trips to doctor's appointments, from the Department of Transportation. Please call 537-3911 *at least one week ahead of time* to schedule your appointment.

Holiday Fair - Saturday, December 1st will take place at the senior center from 9-2. Please stop by and bring your family and friends. Delight in the craft items, knitted goods, kid's items, numerous books to buy, visit with Santa and Mrs. Claus, and find a treasure in our tag sale room. Have a delicious lunch or a "take out" chicken dinner!

Saturday Shopping Trips - Each month we travel to a different location for shopping once a month. This month we will go to Rocky Hill's Wal-Mart and Kohl's on Sat. Aug. 25th. Call the senior center if you would like to go.

Wednesday Grocery Shopping - We travel to a different town for groceries on Wednesday's call the senior center for scheduling.

Upcoming Senior Center Trips:

Our trips are for adults and we invite the adults in the community to participate. Call the senior center for trip information(537-3911).

Washington D.C. - Oct. 12-14, visit Mt. Vernon and see the splendor of President Washington's estate and gardens, a city tour of D.C. with a stop at the famous memorials. Dinner with your gracious host Dolly Madison who will share her life in Washington during the 1800's. See illuminated monuments at night with a riding tour! Cost \$391 per person twin. (STAND BY ONLY)

Christmas at Hershey Lodge - December 4-6, see Hershey Chocolate World, stay at the elegantly holiday decorated Hershey Lodge. Enjoy the Sight and Sound Theatre's production of the Miracle of Christmas and more! Cost \$381 per person twin.

Tony Orlando - Sept. 6th at the Mohegan Sun Casino, \$60 per person.

Liberace - Oct. 4th, starring Robert Mihovilovich at the Log Cabin in Holyoke, MA. \$66 per person.

Scandinavia & Russia - May 16-31, 2008, 16 Days/14 Nights- Cruise on Celebrity's 5 Star Constellation! Pack and unpack only once - no hotel hopping! See London, Amsterdam, Holland, Berlin Germany, Stockholm, Sweden, Helsinki Finland, St. Petersburg Russia (2 days), Tallinn Estonia, and Copenhagen Denmark (2 days). Enjoy optional land tours. Roundtrip transportation to JFK including driver gratuity and baggage handling. Cost \$3524 (per person, inside cabin) - includes air and all taxes!



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BREAKFAST - LUNCH - DINNER

Soups & Salads

French Onion Soup
Seafood Salad
Antipasto Salad
Greek Salad

Deli Sandwiches

Grilled Chicken
Corned Beef
Ham & Cheese
Grilled Rye
Patty Melt
Fish Sandwich

Side Sandwiches

Hamburger
Bacon Burger
Hot Dog
Seafood Salad

Grilled Wraps

Grilled Chicken Breast
Veggie Wrap
Mexican Taco
Grilled Chicken Caesar
Chicken or Steak Gyro
Four Cheese
Sweet Italian Sausage

Club Sandwiches

BLT
Ham
Turkey
Roast Beef
Cheeseburger

Pasta

Marinara Sauce
Meatballs
Sweet Italian Sausage
Mushrooms

Fresh Seafood Dinners

Cod Dinner
Fried Shrimp
Fried Scallops
Fried Clam Strips
Seafood Platter
Shrimp Casserole
Seafood Combo

Italian Dishes

Baked Manicotti
Baked Lasagna
Eggplant Parmigiana
Fresh Fried Chicken
Chicken Parmigiana

Specialty Dinners

Rib Eye Steak
Tenderloin Tips
Baby Back Ribs
Marinated Pork Chops
Boneless Chicken Breast
Chicken & Broccoli Alfredo
King Surf & Turf
Stuffed Shrimp
Grilled Atlantic Salmon
Chicken Kabobs
Tenderloin Kabobs
Patty's Pasta

Specialty Red Pizza

Vegetarian
Hawaiian
Mexican Taco
Western Chicken
Delphi
Philly Steak
Shrimp Scampi
Florentine
Meat Lovers
Moussaka
Baked Potato
Clams Casino

White Pizza

Chicken & Broccoli
Shrimp & Broccoli
Buffalo Chicken
Chicken Florentine
Sausage Florentine
Chicken Cordon Bleu
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Baked Potato
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2007

Scarecrow Decorating Contest

October 12-22

Colchester Town Green



Scarecrows Wanted!

Contest is Open to the Public

4 Categories:

- Individual/Family
- Youth Group
- Adult Organization
- Business

Scarecrow Kick-off:

Friday October 12
4 to 7 p.m.
Refreshments & Prizes

\$10.00 Non refundable Fee

All Entries Receive Participation Prizes
First & Second Place Category Prizes



Sponsored by:



www.cba.bz



Every Entry Receives a Prize!

First & Second Place Winners Receive Gift Certificates

4 Categories: Individual/Family Adult Organization Youth Business

Registration Form

2007

Scarecrow Decorating Contest

October 12-22

Registration Deadline: Friday September 29

Please return completed form, along with your check made payable to the Colchester Business Association to:

CBA Scarecrow Contest
 Attention: Jewell Jones
 C/O Liberty Bank
 219 S. Main St
 Colchester CT 06415

Please pay \$10 per Scarecrow Scene, \$2 per support stake, please call for hay bale pricing: 860-537-7021.

Family/Business/ Organization Name :

Address _____
 City, State, Zip _____
 Telephone _____
 Email _____
 Scarecrow Name _____
 Circle Category: _____



Individual/Family
 Adult organization
 Youth
 Business

Members in Group: _____

#Hay Bales _____ # of Support Stakes _____

I have read & understand the contest rules.

Signature: _____ Date: _____



Dark's Remarks

Town Recreational Facilities Maps and complete information are available on the Parks and Recreation section of the Town web site: www.colchesterct.net.

Day Pond State Park

Located off Westchester Road, the park offers well-marked scenic hiking trails leading to old foundations, extinct bridges, and the Salmon River. Remains of an old mill are at the west end of the pond. A sandy beach offers swimming. Picnic areas are spread throughout the park.

Salmon River State Park

Located off Route 16, the park boasts the beautiful Comstock Covered Bridge, plenty of picnic areas along the Salmon River, hiking trails and fishing.

Chantclair Golf Course

Located on Old Hebron Road, it is a privately-operated nine-hole public golf course with an adjacent driving range.

Town of Colchester Recreation Complex

Located on Old Hebron Road, this park offers softball and baseball fields, tennis courts, basketball courts, soccer fields, horseshoes, walking trails,

playscapes, picnic pavilion, skate park, spray park, wireless internet and more.

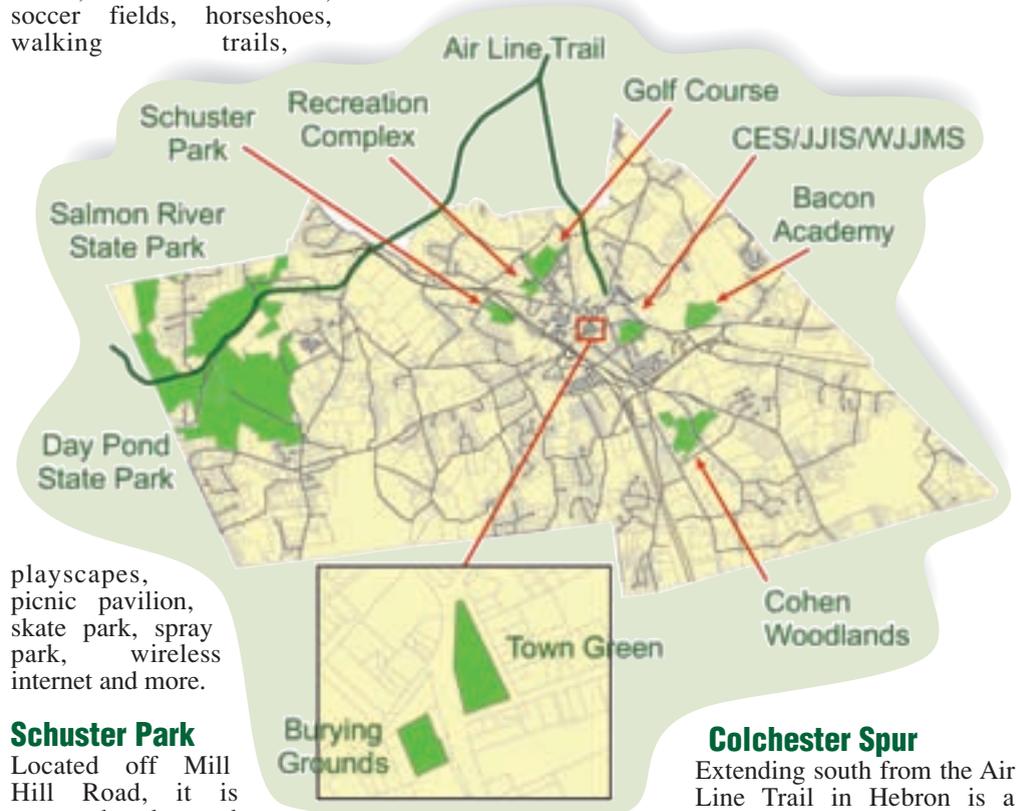
Schuster Park

Located off Mill Hill Road, it is operated by the Colchester Fire Department and offers picnic shelters.

Lions Club Skating Pond

Located on Halls Hill Road, it is open to the public and offers a concession stand and picnic areas.

at the Commuter Lot by Exit 16 off of Route 2, on Bull Hill Road, and at the Salmon River State Forest off of River Road.



Colchester Spur

Extending south from the Air Line Trail in Hebron is a town-owned trail that terminates by the old train depot on Lebanon Avenue in Colchester.

Ruby and Elizabeth Cohen Woodlands

121 acres of open space located on McDonald Road. The land includes a pond, marshland, trails, picnic areas and a gazebo.

School Grounds

At the many schools in town are playgrounds and sports fields that are open to public use during non-school hours.

Air Line Trail State Park

Approximately seven miles of the old Airline Rail Trail runs through Colchester and is an excellent area for hiking and biking, as well as cross country skiing and snowshoeing in the winter months. Parking is available

Town Green

Host to many town-wide events, such as carnivals and art shows, it is also home to a large gazebo and a softball field.

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Facility Reservation Process

Group use of Colchester park facilities, school ballfields and gyms, and the Town Green must be coordinated through the Parks and Recreation Office. Permit applications are available upon request and on the Town web site. Insurance certificates and rental fees may be required.

RESTROOMS TO BE CLOSED ON EVENINGS AND WEEKENDS

Due to budget cuts, we have been forced to reduce and eliminate some services previously provided by the Parks & Recreation department. Most visible among them will be the loss of our Park Ranger program, which has served many purposes. While their chief responsibility was providing customer service to park visitors, they took on many additional responsibilities: emptying garbage cans; stocking and cleaning restrooms; preventing vandalism; managing lost and found; educating park users on park policies; offering first aid; and much more.

With the discontinuation of the Park Ranger program, which took effect in August, the restrooms are now locked on evenings and weekends, to avoid the increasing vandalism that has occurred during unsupervised hours. Town-endorsed sport leagues have been given special keys to access to the restrooms for use under their supervision and authority.

We sincerely apologize for any inconvenience this may cause, and hope that you continue to enjoy the town's facilities.

SMOKING AND ALCOHOL PROHIBITED IN PARK

Please remember that smoking, alcohol and other narcotics are prohibited in the park, as well as on school premises. There are many reasons for these rules, not the least of which is that the Town and the Board of Education wish to have safe havens for our community's children, where they can learn healthy behaviors. When they see athletes and other adult role models drinking and smoking, that sends the wrong message to our kids.

PLEASE RESPECT YOUR PROPERTY

This is *your* park. It's just like your very own back yard. Please take a moment to teach your children respect for public property. Remind them to pick up after themselves, use trash containers, and to leave trees and flowers alone for all to enjoy.

PLEASE! DOGS MUST BE LEASHED!

Town ordinance requires dogs to be leashed on public property, including town parks. Also, please **clean up after your dog**. People (especially children) are playing everywhere! This is unhealthy and inconsiderate. Please don't give the majority of dog owners & dog lovers a bad reputation.

PLAYSCAPE SAFETY

Did you know that the older kids' playscape units are designed for bigger sized hands to grasp, bigger legs & stronger muscles? Children under 6 are not developmentally ready for these activities and could get hurt. They could also collide with a larger child. Please let common sense decide what's safe, not the kids. Adult supervision is best.

R3 BALLFIELD CLOSURE

In keeping with its policy to close one field for a season each year, the Colchester Parks & Recreation Commission will be closing R3 from September 2007 through March 2008.

While the infield and turf will receive a facelift during this period, the resting period alone will do wonders for the turf.

SPRING/SUMMER FACILITY WORK UPDATE

For the benefit of the community, we will be providing a seasonal update of the many significant repairs and improvements, beyond routine and seasonal maintenance, that have taken place in our parks and school grounds. For more information about any of these items, please contact the Director of Parks & Recreation.

Completed projects:

- Repair of sidewalk at Town Hall
- Repair of water system at Town Green
- Planting of bushes along Bacon Academy entranceway median
- Re-grading parking lot at Cohen Woodlands
- Upgraded Parks Garage security system
- Painted Parks Garage
- Topdressed Bacon Academy football field
- Repaired library annex lot fence
- Partial resurfacing of Bacon Academy Track
- Installation of fencing at Cohen Woodlands
- Bathhouse roof repaired
- Repaired holds on climbing wall

Park's Remarks Continued...

Pavilion Rentals

Looking for a great place to hold a birthday party, family reunion or other gathering? How about our Pavilion at the Recreation Complex! It's simple and inexpensive to reserve:

- Colchester Residents - \$25/4 hrs; \$50/8 hrs
- Non-Residents - \$50/4 hrs; \$100/8 hrs

The reservation form and policies are available on our web site at: www.colchesterct.net/downloads.html#parkrec Pavilion amenities include up to 12 picnic tables, and 2 charcoal grills. Add'l \$5 for electrical usage (must be reserved in advance). Pavilion renters, like all park goers, may make use of any of the other facilities in the park, as available, including:

- Spraypark
- Skatepark
- Playscapes

Learn more about the Recreation Complex at: www.colchesterct.net/parks/recplex.html

Note: Reservations are not required for pavilion use - anyone may use it if it is open. However, a reservation, along with a permit from Parks & Recreation, will guarantee its availability. If a group shows up with a reservation permit, it must be vacated. A calendar of reservations is posted weekly at the Camp/Ranger Shed by the Pavilion.



heed the horn of the system should they hear it, we also ask that users do not disregard their own

senses. Should you see lightning, do not wait for the detection system to validate you - for your own safety, vacate the park immediately. **Do not let the system replace your personal responsibility for your own safety.** As always, the safety of our community is our top priority. We look forward to continuing to provide you an exceptional experience in all of our parks, facilities and programs!

When the system detects the probability of a lightning hazard in our immediate area, an alarm signal will be initiated to activate sirens on the property. After the hazard has subsided, a different signal is sounded to indicate that the area is now safe again.

The signals you may hear are as follows:

LIGHTNING ALARM SIGNAL:

- 15 seconds on
- Additionally, a strobe light will be on during the ENTIRE TIME that a hazard is present.
- With lightning imminent, everyone should return to a safe area.

This does not include baseball dugouts, or picnic pavilions. Please return to your automobile, home or any building that has full plumbing and four walls.

ALL CLEAR SIGNAL:

- 4 seconds on, 2 seconds off, 4 seconds on, 2 seconds off, 4 seconds on
- Activities may resume

PLEASE BE AWARE that the possibility exists that another storm might follow the first. Always remember, just because one storm has come and gone that does not mean that another one could not strike again. Most strikes occur outside the rain area-just because it stops raining does not mean it is safe to resume activities. You should wait thirty minutes after a storm passes.

TOP 5 SIGNS THAT FIELDS ARE UNSAFE TO PLAY

1. Fields have standing puddles of water
2. Footing is unsure or slippery
3. Ground is water logged & squishy
4. Grass is easily pulled out of ground
5. Lightning or Severe Weather Storms

When games are played under these conditions, it can often cause irreversible damage to the field. It takes months, sometimes years, for the field to recover. It is also unsafe, causing pulled muscles due to slips & strains.

Lightning Warning System

As you may know, a few years ago the town installed a **T h o r g u a r d** lightning detection system at the **R e c r e a t i o n** Complex to aid park users in ensuring their families' safety. This system is a marvel of science, as it has the capability



of detecting imminent lightning long before we can see it. Obviously, this is a huge safety benefit.

As with all mechanical systems, however, there can and will be technical difficulties, at times rendering the system inoperable. So, while we certainly ask all park users to

GENERAL INFORMATION

Insurance Information

We are unable to assume responsibility for injuries/accidents occurring at programs or on park facilities. Such insurance would make programs and user fees prohibitive.

Photo Permission

Participants permit the taking of photographs and video of themselves and their children during activities for publication and use for promotional purposes unless otherwise stated.

Americans with Disabilities Act

We are committed to accessibility for individuals with disabilities and strive to provide equal, integrated participation in all programs and services. We will reasonably accommodate all qualified program applicants in accordance with the 1990 Americans with Disabilities Act (ADA). We welcome questions, comments and concerns of interested community members regarding ADA compliance.

Find a Mistake

It is our policy to include something for everyone. Since some people like to find errors, we regularly include a few in our brochure to meet this need. A Parks and Recreation water bottle will be awarded to the first caller to report an error.

Program Changes

Every effort has been made to ensure the accuracy of the information presented in this program guide. However, all courses, instructors, locations and fees described are subject to change.

HOW TO REGISTER

Registration Procedure: Please remember to include the *Activity Number* and *Activity Name* on your Registration Form. Example:

Women's Basketball
2000.303 WJMS Gym 6:00pm-9:00pm Th

1. Walk-In

Stop by the Parks and Recreation office, Room 107, First Floor Town Hall. We are open to the public Monday thru Friday, 9:00 am - 4 pm.

2. Mail-In

Mail in registration form and fee (payable to the Town of Colchester) to:

Parks & Recreation
127 Norwich Avenue
Colchester, CT 06415.



3. Drop Box

Drop it in the drop box slot to the left of the front doors of the Town Hall. You can do this anytime the office is closed.

4. Fax or E-mail with

Fax (860) 537-0547
apmiazga@colchesterct.gov

4. Online Registration

Colchester Parks & Rec is part of the Active.com network to provide you with access to our programs 24/7. If you go to www.colchesterct.net you can access all Parks & Recreation program information and register on-line at your convenience! To access program information, click on Parks and Recreation on the menu, then click on Parks & Recreation PROGRAMS. This will link you directly to Active.com's website. You will find all programs offered listed at this location. To sign up for a program on line, you must register with Active.com initially to log on. There is a small processing fee to register this way. Sorry, program discounts and credits are not redeemable when registering on line.

PLEASE DO NOT PUT CREDIT CARD INFO IN A FAX OR EMAIL!



Satisfaction Guarantee

Satisfaction is the goal of the Parks and Recreation Department. We are committed to offering the best programs and services we can. If at any time you are not happy with our services, please let us know your concerns in writing as soon as possible. We will arrange one of the following:

- Repeat the program at no additional charge
- Receive a credit that may be applied to another activity
- Receive a refund (allow 4 weeks to process)

This policy applies to all programs except trips and tours.

Refund/Credit Policy

All refunds will be charged a \$10 handling fee, must be accompanied by a written request and be over \$20. Refunds under \$20 or without a written request will be left as a credit on the household's account. Credits to the household's account are not subjected to the \$10 handling fee. Prior to the program registration deadline (1 week prior to the start date) if a participant cancels their registration, they may receive a refund or credit. After the program registration deadline date refunds will only be given when accompanied by a doctor's note. If you transfer between classes before the registration deadline date there will be no handling fee.

Inability to Pay

If a hardship exists, the applicant may be granted a reduced or waived fee. Forms are available upon request. Confidential written applications may be made to the Parks and Recreation Director.

Non-Resident Policy

Colchester residents registrations will be processed first. Non-residents are eligible to participate if space allows. Non-resident registrations will be processed one week after registrations begin. There will be a \$15.00 non-resident fee. Non-residents may be placed on a waiting list, and will be called after all Colchester residents from the waiting list are contacted. Non-residents are ineligible to participate in a lottery. This policy excludes bus trips.

Waiting List

All registrations are accepted on a first come, first served basis. Enrollment cannot be guaranteed. If your desired class is filled, you will be notified and placed on a waiting list. We will make every effort to accommodate those on the waiting list by adding classes if possible. If additional class openings become available, we will use the waiting list to fill the class. If no openings occur, we will make a full refund.

Seasonal Brochures

Seasonal brochures are published 4 times per year: Fall (Sept.), Winter (Dec.), Spring (March), Summer (June). They are distributed on the first Friday of the respective month within a complimentary edition of the Norwich Bulletin. Submissions deadlines are the 1st of the month prior to publication (e.g. Aug. 1 for Sept. issue).

•• Please Read!!! •• LOW ENROLLMENT PROCEDURE

The Early Bird Gets the Worm!
Don't let a great program get cancelled due to low enrollment!
REGISTER EARLY! If a program does not meet its minimum enrollment number one week prior to the start of the program, it will be cancelled.

PAYMENT PLANS

With a 50% non-refundable deposit, you may hold your spot in a class and set up an individualized payment plan. All payments must be made prior to the last class.

PLEASE CUT OUT THIS FORM BEFORE SENDING IN



**YOU MUST PRE-REGISTER
FOR ALL PROGRAMS**

REGISTRATION FORM

FOR OFFICE USE ONLY

DATE: _____ REC'D BY: _____

CASH/CREDIT/CHECK # _____

RECWARE WAIVER CONFIRMATION

NO REGISTRATION WILL BE COMPLETED WITHOUT PAYMENT

Name/Adult: _____

Mailing Address: _____

Has this Address changed since you last registered? yes no

Evening Phone: _____ Day Phone: _____ E-mail: _____

Secondary Emergency Contact: _____ Phone: _____

MEDICAL INFORMATION

Physician: _____ Phone: _____

Please list any allergies, medications, or previous conditions which we should be aware of:
i.e. ADD, ADHD, Hearing impaired, Visually Impaired, Special Ed, etc. Allergies i.e. Peanuts, Laytex, Bee Stings, etc.

Do you need an accommodation because of a disability to enjoy this program? YES NO

Wheel Chair Access for Bus Trips

ASSUMPTION OF LIABILITY

Participation in the activity may involve risk of injury. As a parent, guardian or participant, I am aware of these hazards and my ability to participate. I hereby agree to release, discharge and hold harmless the Town of Colchester, its employees contracted instructors and volunteers from the liabilities which may occur while participation in the activity. I understand that participation in any recreational or sport activity involves risk. I further understand that the Town of Colchester does not provide accident/medical insurance for program participants. In addition, I give permission for the child(ren) to be treated by qualified medical personnel in the event that the above named parent/guardian can not be reached at the phone numbers provided.

Signature (Parent/Guardian if participant is under 18) _____ Date _____

Other Signatures (All those listed below over 18 years of age must sign the release.) _____ Date _____

Please Circle: Credit Card#: _____ Expiration Date: _____

Name on Card: _____ Signature: _____

Participant	Sex	Date of Birth	Grade	Activity Number	Cost	Activity Name

Please send this form to:
Parks & Recreation • 127 Norwich Avenue • Colchester, CT 06415
or fax to 537-0547
Make check payable to: Town of Colchester

	Non-Resident Fee \$15.00 per class
	Scholarship Fund Donation
	Total Due



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- ★ Excellent Selection of Frozen Foods
& Grocery Products
- ★ Weekly Sales Flyer



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Westchester Marketplace

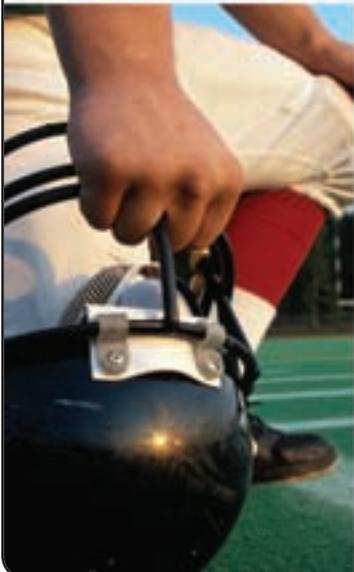
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(860) 537-4601



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Saturday and Sunday • 9 a.m.-5 p.m.

Laboratory services:
Monday - Friday • 8 a.m.-12:30 p.m.;
and 1 p.m.-4:30 p.m.;
Saturday • 9 a.m.- noon

X-Ray services:
Monday - Friday • 8 a.m.-6 p.m.;
Saturday • 9 a.m.-5 p.m.

Diagnostic Imaging by appointment only.